

SUMMER
2022
Activity Guide

The Guide

Excellent Service. Exciting Programs. Exceptional Places



Afterschool Recreational Care

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Summer Days

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yac Spaghetti Feed

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4th of July Celebration

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Registration begins April 13th

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Special Events THIS SEASON

YAC and Spaghetti Feed Picnic

Thursday, April 28, 6-8pm

Lagoon Room, Recreation Center

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5th Grade Happening!

Saturday, June 11, 6-9pm

Vibe Teen Center

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4th of July Celebration

9 a.m. - 10 p.m.

Leo J. Ryan Park

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2022 Summer Concert Series

Every Friday July 15 - August 19

6 p.m. - 8 p.m.

Leo Ryan Amphitheater

Back Cover

City-Wide Yard Sale

Saturday, July 23

9 a.m. - 3 p.m.

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2022 Summer Days

August 19 - 21

Leo Ryan Park

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Community Bike Ride Scavenger Hunt

September 16 - 25

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AFTERSCHOOL

RECREATIONAL

CARE

Open to grades 1st-5th
Audubon, Brewer Island, Foster City, and Beach Park Elementary Schools

Registration for the 2022 - 2023 school year opens Wednesday, April 13, 2022.

DATES & FEES:

To secure your spot, a \$50 non-refundable deposit must be submitted upon registration. Payment for full semester will be due at a later date.

Semester 1: August 11-December 16– \$2,765
Due Date: Tuesday, July 5

Semester 2: January 4-June 7– \$3,570
Due Date: Monday, November 14

PROGRAM HIGHLIGHTS:

Daily snack included
Highly trained and experienced staff
One hour of academic support: homework & school project assistance
Outdoor/Indoor games, cooking, science experiments, arts & crafts, and much more!
Transportation from school to The Vibe each day



HOW TO REGISTER

Register online at registration.fostercity.org
Keyword search: ARC
Please only sign up your child for the school that they attend.
Or in person at the Recreation Center

Activity Codes:

ARC22-23-Audubon Deposit
ARC22-23-Beach Park Deposit
ARC22-23-Brewer Island Deposit
ARC22-23-Foster City Deposit

PROGRAM HOURS

Monday–Friday
2:40pm–6:00pm
*Wednesdays
12:30pm–6:00pm
ARC closed during all non-school dates (holiday, teacher development days, etc.)

CONTACT US:

Program Coordinator:
Oz Jimenez
ojimenez@fostercity.org
(650) 286-3379

Administration/Billing:
Kelly Hawkins
khawkins@fostercity.org
(650) 286-3285

Summer Camps

Kamp Koala

Ages 4-5

Kamp Koala campers will love their mornings filled with stories, songs, games, and crafts. Our camp staff will provide a nurturing environment as your child discovers the joys of camp. All campers must be 4 years of age at the time camp starts and must be fully toilet-trained.

Instructor: Camp Staff

Location: Recreation Center, Preschool Room

ACTIVITY #	DAY	DATE	TIME	FEE
KOALA22-1-AFT	M-F	06/20/22 - 06/24/22	12:30 pm - 4:00 pm	\$130
KOALA22-1-FULL	M-F	06/20/22 - 06/24/22	9:00 am - 4:00 pm	\$210
KOALA22-1-MORN	M-F	06/20/22 - 06/24/22	9:00 am - 12:30 pm	\$130
KOALA22-2-AFT	M-F	06/27/22 - 07/01/22	12:30 pm - 4:00 pm	\$130
KOALA22-2-FULL	M-F	06/27/22 - 07/01/22	9:00 am - 4:00 pm	\$210
KOALA22-2-MORN	M-F	06/27/22 - 07/01/22	9:00 am - 12:30 pm	\$130
KOALA22-3-AFT	Tu-F	07/05/22 - 07/08/22	12:30 pm - 4:00 pm	\$168
KOALA22-3-FULL	Tu-F	07/05/22 - 07/08/22	9:00 am - 4:00 pm	\$104
KOALA22-3-MORN	Tu-F	07/05/22 - 07/08/22	9:00 am - 12:30 pm	\$104
KOALA22-4-AFT	M-F	07/11/22 - 07/15/22	12:30 pm - 4:00 pm	\$130
KOALA22-4-FULL	M-F	07/11/22 - 07/15/22	9:00 am - 4:00 pm	\$210
KOALA22-4-MORN	M-F	07/11/22 - 07/15/22	9:00 am - 12:30 pm	\$130
KOALA22-5-AFT	M-F	07/18/22 - 07/22/22	12:30 pm - 4:00 pm	\$130
KOALA22-5-FULL	M-F	07/18/22 - 07/22/22	9:00 am - 4:00 pm	\$210
KOALA22-5-MORN	M-F	07/18/22 - 07/22/22	9:00 am - 12:30 pm	\$130
KOALA22-6-AFT	M-F	07/25/22 - 07/29/22	12:30 pm - 4:00 pm	\$130
KOALA22-6-FULL	M-F	07/25/22 - 07/29/22	9:00 am - 4:00 pm	\$210
KOALA22-6-MORN	M-F	07/25/22 - 07/29/22	9:00 am - 12:30 pm	\$130
KOALA22-7-AFT	M-F	08/01/22 - 08/05/22	12:30 pm - 4:00 pm	\$130
KOALA22-7-FULL	M-F	08/01/22 - 08/05/22	9:00 am - 4:00 pm	\$210
KOALA22-7-MORN	M-F	08/01/22 - 08/05/22	9:00 am - 12:30 pm	\$130

Summer Camps

Camp Outback

Grades K-2

Outback staff wants you to register for an action-packed, fun-filled summer program! If you have a child entering K-2nd grade, then Camp Outback is excited to see you this summer! Campers will enjoy new and exciting themes each week of camp. This summer at camp you will find everything from sports and games, arts and crafts, silly song singing, camp skits, and much more! Unfortunately, there won't be off-site field trips but we will have fun activities planned!

Instructor: Camp Staff

Location: Foster City School, Multi-purpose Room

ACTIVITY #	DAY	DATE	TIME	FEE
OUTBACK22-1	M-F	06/20/22 - 06/24/22	8:00 am - 6:00 pm	\$250
OUTBACK22-2	M-F	06/27/22 - 07/01/22	8:00 am - 6:00 pm	\$250
OUTBACK22-3	Tu-F	07/05/22 - 07/08/22	8:00 am - 6:00 pm	\$200
OUTBACK22-4	M-F	07/11/22 - 07/15/22	8:00 am - 6:00 pm	\$250
OUTBACK22-5	M-F	07/18/22 - 07/22/22	8:00 am - 6:00 pm	\$250
OUTBACK22-6	M-F	07/25/22 - 07/29/22	8:00 am - 6:00 pm	\$250
OUTBACK22-7	M-F	08/01/22 - 08/05/22	8:00 am - 6:00 pm	\$250

Camp Wayoutback

Grades 3-4

Camp Wayoutback staff has planned an unforgettable summer for campers entering 3rd - 4th grade. Your camper will enjoy new and exciting themes each week, filled with action-packed, fun-filled activities every day! You'll find everything from sports and games, arts and crafts, hilarious skits, and much more! Unfortunately, there won't be any offsite field trips but we still have fun activities planned!

Instructor: Camp Staff

Location: Foster City School, Multi-purpose Room

ACTIVITY #	DAY	DATE	TIME	FEE
WAYOUTBACK22-1	M-F	06/20/22 - 06/24/22	8:00 am - 6:00 pm	\$250
WAYOUTBACK22-2	M-F	06/27/22 - 07/01/22	8:00 am - 6:00 pm	\$250
WAYOUTBACK22-3	Tu-F	07/05/22 - 07/08/22	8:00 am - 6:00 pm	\$200
WAYOUTBACK22-4	M-F	07/11/22 - 07/15/22	8:00 am - 6:00 pm	\$250
WAYOUTBACK22-5	M-F	07/18/22 - 07/22/22	8:00 am - 6:00 pm	\$250
WAYOUTBACK22-6	M-F	07/25/22 - 07/29/22	8:00 am - 6:00 pm	\$250
WAYOUTBACK22-7	M-F	08/01/22 - 08/05/22	8:00 am - 6:00 pm	\$250

Summer Camps

Camp Breakaway

Grades 5-8

Camp Breakaway is here and open to all teens entering 5th - 8th grades! Gather all your friends and join camp staff for a summer of awesome adventures! Campers will have a blast participating in sports and games, creating art projects, and making new friends. Join us for another great summer!

Instructor: Camp Staff

Location: VIBE Teen Center

ACTIVITY #	DAY	DATE	TIME	FEE
BREAKAWAY22-1	M-F	06/20/22 - 06/24/22	8:00 am - 6:00 pm	\$300
BREAKAWAY22-2	M-F	06/27/22 - 07/01/22	8:00 am - 6:00 pm	\$300
BREAKAWAY22-3	Tu-F	07/05/22 - 07/08/22	8:00 am - 6:00 pm	\$240
BREAKAWAY22-4	M-F	07/11/22 - 07/15/22	8:00 am - 6:00 pm	\$300
BREAKAWAY22-5	M-F	07/18/22 - 07/22/22	8:00 am - 6:00 pm	\$300
BREAKAWAY22-6	M-F	07/25/22 - 07/29/22	8:00 am - 6:00 pm	\$300
BREAKAWAY22-7	M-F	08/01/22 - 08/05/22	8:00 am - 6:00 pm	\$300



Parks and Recreation Camps Registration and Refunds

Registration and Refund Policy

Please make your program selections carefully. Please verify age restrictions, program dates, locations and fees prior to submitting a completed registration form. Incomplete registrations will be sent back.

Full Refunds

Full refunds, minus a \$10 administration fee, will be granted for requests submitted five (5) business days prior to the start of the program.

Partial Refunds

Partial refunds* will be granted for requests submitted four (4) business days or less prior to the start of the program.

**25% of registration fee and a \$10 administrative fee will be assessed per session refunded.*

No Refunds

Requests for refunds received after the start of the camp session will be denied unless they fall under the Satisfaction Guarantee Policy.



Parks and Recreation Camps Program Policies

Medical Release Forms

The Medical Release/Emergency forms must be submitted through ePact, a software system that you will receive an invitation to join upon registration. All participants must have an emergency form on file before participating in camp.

I.D. Check

Please be prepared to show a picture I.D. when picking up your camper to verify if we are not familiar with you. Program participants will only be released to adults designated on the child's emergency form. Parents must submit a written statement prior to the child's departure giving permission to any adult not on the Department form. Phone calls will not be accepted, we need to have written confirmation.

Sign-in/Sign-out

You must sign your camper in and out of camp each morning and afternoon. Your camper may not sign him/herself in or out (Camp Breakaway is exempt; see below). This is for the protection of your camper. Permission slips must be submitted for children who ride a bicycle or walk to/from camp. Prior written approval must be given if anyone other than those listed on emergency forms will be picking up your camper.

Sign-in/Sign-out (Camp Breakaway)

Camp will be held at The VIBE, F.C. Teen Zone. Participants may sign themselves in and out daily without a parent present, but they are expected to stay until camp is over unless parental written consent states otherwise. Any participant who is not picked up by 5pm will be turned over to the staff of the VIBE's drop-in program. Prior written approval must be given if anyone other than those listed on emergency forms will be picking up your camper.

Early Drop-Off/Late Pick-Up

An early drop-off/late pick-up fee of \$5 for every 5 minutes will be charged for late pick up. Children who are chronically dropped off early/picked up late will be automatically enrolled in Extended Care Camp, and fees will need to be paid. Late pick up penalties must be paid the day of occurrence.

Clothing

Please make sure your child is dressed comfortably and safely. Camp can be messy so we ask that you do not send your child in special clothes. Closed-toe shoes are required (NO sandals or flip-flop shoes unless otherwise noted). We highly recommend athletic shoes. Please pack a hat, sweatshirt/windbreaker water, lunch & sunscreen in a backpack for all of your camper's needs. We also recommend putting additional clothes in a ziploc bag in case of accidents.

Covid/Masking

Children displaying symptoms of a cold or flu will not be allowed to attend camp. Children with fevers must be fever-free for a full 24 hour period before returning to camp. Masks are strongly recommended indoors.

Parks and Recreation Camps FAQS

What should my camper bring?

All campers must have a medical release form the first day of camp. Forms are available online, in your parent packet, or at camp. Siblings may use the same form if they are in the same camp. Campers should also bring a morning snack, a sack lunch, sunscreen, a mask, and a water bottle.

How are school site locations selected?

Summer camp sites are chosen each year based on school site availability in Foster City. Camp sites are different each year due to school maintenance needs and summer school locations.

My son/daughter is almost 4 or 5. Do they go into Koala or Outback?

To find out which program is best for your child, call Oz Jimenez @ (650) 286-3379.

What are the qualifications for summer staff?

All summer camp staff have been interviewed, fingerprinted, have CPR & First Aid Certification and have successfully completed a week-long, intensive training program. Core summer staff are supported by Counselors In Training (middle school/high school age). Responsible individuals who enjoy working with children and want to apply may contact the Youth Program Coordinator at (650) 286-3379 for job information.

What are the child to staff ratios?

The Foster City Summer Day Camps offer an excellent camper to staff ratio for all of our camp programs. Kamp Koala is a 7 to 1 ratio; Camp Outback has an 8 to 1 ratio. Camps Wayoutback and Camp Breakaway have a 8 to 1 ratio.

Parks and Recreation Camps Inclusion Statement

Foster City Parks and Recreation Department is committed to an inclusive approach to recreation. An inclusive approach is defined as individuals with and without disabilities participating in recreation activities together. In order for individuals with disabilities to participate as fully as possible, reasonable accommodations are provided. Reasonable accommodations are individualized techniques and resources used to enhance program participation without fundamentally altering a program.

Americans with Disability Act

The Americans with Disability Act (ADA) is a sweeping civil rights law which is intended to eliminate discrimination in all aspects of life for the millions of Americans with disabilities.

The Americans with Disabilities Act (ADA) has a three-part definition of disability. Under ADA, an individual with a disability is a person who: (1) has a physical or mental impairment that substantially limits one or more major life activities; OR (2) has a record of such an impairment; OR (3) is regarded as having such an impairment.

Requesting Reasonable Accommodation

- When you register for a program, please mark "yes" in the inclusive service request section of the registration form. Please note that the deadline for request for service for Summer Camp 2022 is April 30, 2022.
- Request and Complete Inclusion Questionnaire.
- Program Recreation Coordinator will contact participant to establish an individualized inclusion plan.

Summer Camps

Art

Create Mix & Mingle In-Studio Sculpture

Ages 6-16

Engage your child in a fun new way of thinking — in the round! Students learn how to create shapes with volume, depth, dimension, and texture by exploring three dimensional techniques, such as hand building clay, paper structure and armature.

Arrival & Departure Guidelines:

- Wait outside for your child to enter/exit the studio.
- Campers use hand sanitizer and have their temperature checked upon arrival.
- All CMM Staff & Campers must wear masks in the studio.

Instructor: Create Mix and Mingle

Location: Create Mix and Mingle Studio – 1888 S. Norfolk Street, San Mateo

Activity #	Day	Date	Time	Fee
CAMP22.A1-A	M-F	06/20/22 - 6/24/22	9:00 am - 3:00 pm	\$475
CAMP22.A1-B	M-F	07/25/22 - 07/29/22	9:00 am - 3:00 pm	\$475

Create Mix & Mingle In-Studio Skateboard Art

Ages 6-16

Campers will build both their drawing and painting skills, by sketching and then painting personalized designs for their very own skateboard. By the end of the week, your child will bring home a beautiful fully painted skateboard, great for riding or decoration.

Arrival & Departure Guidelines:

- Wait outside for your child to enter/exit the studio.
- Campers use hand sanitizer and have their temperature checked upon arrival.
- All CMM Staff & Campers must wear masks in the studio.

Instructor: Create Mix and Mingle

Location: Create Mix and Mingle Studio – 1888 S. Norfolk Street, San Mateo

Activity #	Day	Date	Time	Fee
CAMP22.A2-A	Tu-F	07/05/22 - 07/08/22	9:00 am - 3:00 pm	\$395
CAMP22.A2-B	M-F	08/08/22 - 08/12/22	9:00 am - 3:00 pm	\$475



SAVE THE DATE!

AUGUST 19 - 21

Carnival Rides

Live Music

Craft Booths

Craft Beer

Car Show

Food Trucks

FOSTERCITY.ORG/SUMMERDAYS

Summer Camps

Create Mix & Mingle In-Studio Watercolor Painting

Ages 6-16

Students discover a new way to be creative with watercolor painting. Watercolor teaches students to slow down and concentrate on how they're guiding the water to create unique landscapes and characters. After the course, students will be able to utilize learned fundamentals, like wet and dry painting techniques, color building, gradients and washes to create one-of-a-kind illustration and paintings.

Arrival & Departure Guidelines:

- Wait outside for your child to enter/exit the studio.
- Campers use hand sanitizer and have their temperature checked upon arrival.
- All CMM Staff & Campers must wear masks in the studio.

Instructor: Create Mix and Mingle

Location: Create Mix and Mingle Studio - 1888 S. Norfolk Street, San Mateo

Activity #	Day	Date	Time	Fee
CAMP22.A3-A	M-F	07/11/22 - 07/15/22	9:00 am - 3:00 pm	\$475
CAMP22.A3-B	M-F	08/15/22 - 08/19/22	9:00 am - 3:00 pm	\$475

Create Mix & Mingle In-Studio Sketching & Cartooning

Ages 6-16

Campers will learn how to construct their own sketchbooks! Our professional, talented artist will teach campers the basics of drawing using fun techniques and mediums! Your child will explore graphite, charcoal drawing, oil pastels and more, allowing them to bring home beautiful masterpieces and skills for the future!

Arrival & Departure Guidelines:

- Wait outside for your child to enter/exit the studio.
- Campers use hand sanitizer and have their temperature checked upon arrival.
- All CMM Staff & Campers must wear masks in the studio.

Instructor: Create Mix and Mingle

Location: Create Mix and Mingle Studio - 1888 S. Norfolk Street, San Mateo

Activity #	Day	Date	Time	Fee
CAMP22.A4-A	M-F	06/27/22 - 07/01/22	9:00 am - 3:00 pm	\$475
CAMP22.A4-B	M-F	08/01/22 - 08/05/22	9:00 am - 3:00 pm	\$475



Summer Camps

Art

Create Mix & Mingle In-Studio Acrylic Painting

Ages 6-16

Our professional artists will teach your child a new set of acrylic painting skills. Campers will learn traditional and non-traditional painting techniques and have the opportunity to paint with new and interesting tools to create wall-ready masterpieces to take home.

Arrival & Departure Guidelines:

- Wait outside for your child to enter/exit the studio.
- Campers use hand sanitizer and have their temperature checked upon arrival.
- All CMM Staff & Campers must wear masks in the studio.

Instructor: Create Mix and Mingle

Location: Create Mix and Mingle Studio – 1888 S. Norfolk Street, San Mateo

Activity #	Day	Date	Time	Fee
CAMP22.A5-A	M-F	07/18/22 - 07/22/22	9:00 am - 3:00 pm	\$475
CAMP22.A5-B	M-F	08/22/22 - 08/26/22	9:00 am - 3:00 pm	\$475

Create Mix & Mingle In-Studio Artistic Medley

Ages 6-16

Campers will explore the world of art using different mediums. With the help of our professional artists your child will build skills in acrylic painting, drawing, mixed media, and sculpture, creating one or more masterpieces each day.

Arrival & Departure Guidelines:

- Wait outside for your child to enter/exit the studio.
- Campers use hand sanitizer and have their temperature checked upon arrival.
- All CMM Staff & Campers must wear masks in the studio.

Instructor: Create Mix and Mingle

Location: Create Mix and Mingle Studio – 1888 S. Norfolk Street, San Mateo

Activity #	Day	Date	Time	Fee
CAMP22.A6-A	M-F	06/13/22 - 06/17/22	9:00 am - 3:00 pm	\$475



Summer Camps

Academic

Math Olympiad

Ages 7-14

Develop a love of math and boost math grades! Math Olympiad allows students to shine while tackling challenging problems from previous competitions. Students are introduced to new principles and topics each week. Small camp size of 12 students allows for ample individual feedback from expert instructors!

Instructor: Communication Academy Staff

Location: Online Zoom

Activity #	Age	Day	Date	Time	Fee
CAMP22.SP1-A	7-8	M-F	08/01/22 - 08/05/22	10:00 am - 12:00 pm	\$245
CAMP22.SP1-B	9-10	M-F	08/01/22 - 08/05/22	10:00 am - 12:00 pm	\$245
CAMP22.SP1-C	11-14	M-F	08/01/22 - 08/05/22	10:00 am - 12:00 pm	\$245

Confident Public Speaking Improv

Ages 6-8

Have fun and build confidence! This live online class is a fun and exciting form of Public Speaking which asks students to create characters and dramatic scenarios on the spot. Students will learn valuable public speaking skills such as quick-thinking, personal magnetism, and self-esteem, all while laughing and having fun.

Instructor: Communication Academy Staff

Location: Online Zoom

Activity #	Age	Day	Date	Time	Fee
CAMP22.SP2-A	6-8	M-F	06/20/22 - 06/24/22	1:00 pm - 3:00 pm	\$245
CAMP22.SP2-B	8-10	M-F	06/20/22 - 06/24/22	1:00 pm - 3:00 pm	\$245

Confident Public Speaking Expressive Speaking

Ages 8-14

Build confidence and expression! In this live online class, students become confident speakers through strengthening their speaking skills by exploring literature and characterization! Through working with storytelling scripts and monologues, students also learn critical thinking by analyzing scenes, characters, mood, and elements of narrative.

Instructor: Communication Academy Staff

Location: Online Zoom

Activity #	Age	Day	Date	Time	Fee
CAMP22.SP3-A	8-10	M-F	06/27/22 - 07/01/22	10:00 am - 12:00 pm	\$245
CAMP22.SP3-B	11-14	M-F	06/27/22 - 07/01/22	10:00 am - 12:00 pm	\$245
CAMP22.SP3-C	6-8	M-F	07/18/22 - 07/22/22	1:00 pm - 3:00 pm	\$245
CAMP22.SP3-D	8-10	M-F	07/18/22 - 07/22/22	1:00 pm - 3:00 pm	\$245
CAMP22.SP3-E	11-14	M-F	07/18/22 - 07/22/22	1:00 pm - 3:00 pm	\$245



Summer Camps

Academic

Academic Writing Creative Writer

Ages 7-14

Become a better writer through creativity! In this live online class, students will improve their writing skills through developing a strong written voice, utilizing descriptive language, building creative narratives with strong organization, and analyzing creative texts.

Instructor: Communication Academy Staff

Location: Online Zoom

Activity #	Age	Day	Date	Time	Fee
CAMP22.SP4-A	7-8	M-F	06/27/22 - 07/01/22	1:00 pm - 3:00 pm	\$245
CAMP22.SP4-B	8-10	M-F	08/01/22 - 08/05/22	1:00 pm - 3:00 pm	\$245
CAMP22.SP4-C	11-14	M-F	08/01/22 - 08/05/22	1:00 pm - 3:00 pm	\$245

Academic Writing Mechanics and Style

Ages 8-10

Become a better writer through revision! In this live online class, students will strengthen their vocabulary, write more complex sentences, and add details to their writing. Through fun and education activities centered around the fundamentals of writing, students improve on revision, grammar, and spelling.

Instructor: Communication Academy Staff

Location: Online Zoom

Activity #	Age	Day	Date	Time	Fee
CAMP22.SP5-A	8-10	M-F	06/20/22 - 06/24/22	10:00 am - 12:00 pm	\$245
CAMP22.SP5-B	11-14	M-F	06/20/22 - 06/24/22	10:00 am - 12:00 pm	\$245
CAMP22.SP5-C	7-8	M-F	07/25/22 - 07/29/22	10:00 am - 12:00 pm	\$245

Academic Writing Journalism

Ages 7-14

Students apply writing strategies to develop newsworthy articles! In this fun and educational class, students write and edit different types of articles: editorials, interviews, and features. Students practice researching on a topic and apply their research for their articles. Material fee of \$20 due to instructor on first day of class.

Instructor: Communication Academy Staff

Location: Recreation Center, Bow Room

Activity #	Age	Day	Date	Time	Fee
CAMP22.SP6-A	7-8	M-F	07/11/22 - 07/15/22	9:00 am - 11:30 am	\$385
CAMP22.SP6-B	8-10	M-F	07/18/22 - 07/22/22	9:00 am - 11:30 am	\$385
CAMP22.SP6-C	11-14	M-F	07/25/22 - 07/29/22	9:00 am - 11:30 am	\$385

Public Speaking Creative Interpretation

Ages 8-14

Build confidence and expression! In this fun and educational class, students explore literature and characterization while strengthening their speaking skills! Pre-written speeches give students the opportunity to analyze characters, mood, and elements of narrative while creating environments that best accommodate their setting, dramatic or humorous! Material fee of \$20 due to instructor on first day of class.

Instructor: Communication Academy Staff

Location: Recreation Center, Bow Room

Activity #	Age	Day	Date	Time	Fee
CAMP22.SP7-A	8-10	M-F	07/18/22 - 07/22/22	12:30 pm - 3:00 pm	\$385
CAMP22.SP7-B	11-14	M-F	07/25/22 - 07/29/22	12:30 pm - 3:00 pm	\$385

Summer Camps

Math Olympiad

Ages 7-8

Develop a love of math and boost math grades! Math Olympiad allows students to shine while tracking challenging problems from previous competitions. Students are introduced to new principles and topics each week. Small camp size allows for ample individual feedback from expert instructors! Material fee of \$20 due to instructor on first day of class.

Instructor: Communication Academy Staff

Location: Recreation Center, Bow Room

Activity #	Day	Date	Time	Fee
CAMP22.SP8-A	M-F	07/11/22 - 07/15/22	12:30 pm - 3:00 pm	\$385

Academic Writing and Public Speaking

Ages 8-14

Combine our Public Speaking and Academic Writing camps to get both great camps at an \$85 discount! Students get all the benefits of our Public Speaking and Academic Writing camps, learning about quick-thinking, writing fundamentals, and more! Material fee of \$40 due to instructor on first day of class.

Instructor: Communication Academy Staff

Location: Recreation Center, Bow Room

Activity #	Age	Day	Date	Time	Fee
CAMP22.SP9-A	8-10	M-F	07/18/22 - 07/22/22	9:00 am - 3:00 pm	\$685
CAMP22.SP9-B	11-14	M-F	07/25/22 - 07/29/22	9:00 am - 3:00 pm	\$685

Academic Writing and Math Olympiad

Ages 7-8

Combine our Academic Writing and Math Olympiad camps to get both great camps at an \$85 discount! Students get all the benefits of our Academic Writing and Math Olympiad camps, learning about quick-thinking, advanced problem solving, and more! Material fee of \$40 due to instructor on first day of class.

Instructor: Communication Academy Staff

Location: Recreation Center, Bow Room

Activity #	Day	Date	Time	Fee
CAMP22.SP10-A	M-F	07/11/22 - 07/15/22	9:00 am - 3:00 pm	\$685

Chess Wizards

Ages 6-12

Chess Wizards is a fun way to have kids experience the excitement of chess. With half and full day classes, kids will play in mini tournaments, have interactive lessons with chess pros and play cool chess variants like bug house. It is proven that chess enhances cognitive development in children, improves both verbal and mathematical skills and increases all levels of academic performance! Playing chess stimulates the mind and helps children strengthen skills such as focusing, visualizing goals, abstract thinking, and forming concrete opinions. Instructors (who are called Wizards) provide all the materials necessary for your child to participate in the class and no additional purchase is required to attend. Snacks will be provided, but full day kids should bring a lunch. All students will receive a trophy, puzzle folder, and wizards t-shirt. Come join the fun!

Instructor: Chess Wizards Staff

Location: Recreation Center, Bow Room

Activity #	Day	Date	Time	Fee
CAMP22.SP36-A	M-F	06/20/22 - 06/24/22	9:00 am - 12:00 pm	\$321
CAMP22.SP36-B	M-F	06/20/22 - 06/24/22	12:00 pm - 3:00 pm	\$321
CAMP22.SP36-C	M-F	06/20/22 - 06/24/22	9:00 am - 3:00 pm	\$488
CAMP22.SP36-D	M-F	06/27/22 - 07/01/22	9:00 am - 12:00 pm	\$321
CAMP22.SP36-E	M-F	06/27/22 - 07/01/22	12:00 pm - 3:00 pm	\$321
CAMP22.SP36-F	M-F	06/27/22 - 07/01/22	9:00 am - 3:00 pm	\$488
CAMP22.SP36-G	Tu-F	07/05/22 - 07/08/22	9:00 am - 12:00 pm	\$258
CAMP22.SP36-H	Tu-F	07/05/22 - 07/08/22	12:00 pm - 3:00 pm	\$258
CAMP22.SP36-I	Tu-F	07/05/22 - 07/08/22	9:00 am - 3:00 pm	\$391

Summer Camps

Cooking



Harry Potter: Taste the Magic!

Ages 6-13

Cooking Round the World offers Harry Potter fans a week of cooking magic. From butterbeer pancakes to double double chocolate covered cake, campers will enjoy Hogwarts culinary delights! Material fee of \$75 due to instructor on first day of class.

Instructor: Cooking Round the World Staff

Location: Recreation Center, Bluebird Kitchen

Activity #	Day	Date	Time	Fee
CAMP22.SP29-A	M-F	06/20/22 - 6/24/22	9:00 am - 1:00 pm	\$225

Foods ala Cartoon Network

Ages 6-13

From “sandwich of death” on The Regular Show to bacon pancakes from Adventure Time, to ramen noodle bowls from Naruto, kids will recreate the yummy dishes they see on Cartoon Network. Material fee of \$75 due to instructor on first day of class.

Instructor: Cooking Round the World Staff

Location: Recreation Center, Bluebird Kitchen

Activity #	Day	Date	Time	Fee
CAMP22.SP30-A	M-F	06/27/22 - 7/01/22	9:00 am - 1:00 pm	\$225

Pizza Mania: Pizzas Round the World

Ages 6-13

If your child is a pizza hound, this is the week for them! In Pizza Mania your child will make at least two different pizzas each day! From Indian Naan bread pizza to French Benedict pizza, to German berry dessert pizza, children will learn to bake and eat a variety of pizzas. Material fee of \$50 due to instructor on first day of class.

Instructor: Cooking Round the World Staff

Location: Recreation Center, Bluebird Kitchen

Activity #	Day	Date	Time	Fee
CAMP22.SP31-A	Tu-F	07/05/22 - 07/08/22	9:00 am - 1:00 pm	\$180

Fairytale Cooking

Ages 6-13

After retelling a beloved fairytale every day, we will create dishes representative of our favorite stories: Cinderella’s pumpkin coach, Goldilocks’ chocolate quinoa porridge, Little Red Riding Hood’s breadbasket, and more! Material fee of \$75 due to instructor on first day of class.

Instructor: Cooking Round the World Staff

Location: Recreation Center, Bluebird Kitchen

Activity #	Day	Date	Time	Fee
CAMP22.SP32-A	M-F	07/11/22 - 07/15/22	9:00 am - 1:00 pm	\$225

Summer Camps

A Dish of Disney

Ages 6-13

Kids will cook, eat, and have fun with Disney characters and movies. Food that we cook is an interpretation of Disney (i.e. Pizza Planet Pizza from Toy Story, grubs and bugs from The Lion King, meatball stroganoff from Anastasia, etc.) Material fee of \$75 due to instructor on first day of class.

Instructor: Cooking Round the World Staff

Location: Recreation Center, Bluebird Kitchen

Activity #	Day	Date	Time	Fee
CAMP22.SP33-A	M-F	07/18/22 - 07/22/22	9:00 am - 1:00 pm	\$225

Star Wars: May the Fork Be With You!

Ages 6-13

Campers will visit the dark side and the light side of the galaxy with imaginative food creations from Star Wars characters like Chewbacca, BB8, R2D2, Princess Leia, Yoda, and others. Material fee of \$75 due to instructor on first day of class.

Instructor: Cooking Round the World Staff

Location: Recreation Center, Bluebird Kitchen

Activity #	Day	Date	Time	Fee
CAMP22.SP34-A	M-F	07/25/22 - 07/29/22	9:00 am - 1:00 pm	\$225

Nickelodeon Cooking

Ages 6-13

Krabby Pattys from Spongebob Squarepants, magic muffins from The Fairly Oddparents, and Dora the Explorer's picnic spread! Children will have fun with the interpretation of foods featured on Nickelodeon! Material fee of \$75 due to instructor on first day of class.

Instructor: Cooking Round the World Staff

Location: Recreation Center, Bluebird Kitchen

Activity #	Day	Date	Time	Fee
CAMP22.SP35-A	M-F	08/01/22 - 08/05/22	9:00 am - 1:00 pm	\$225



5TH GRADE HAPPENING

A NIGHT OF GAMES, MUSIC AND FOOD - JUST FOR 5TH GRADERS!

SATURDAY, JUNE 11
6:00PM-9:00PM
THE VIBE, 670 SHELL BLVD

ALL PARTICIPANTS MUST BE CURRENTLY ENROLLED IN 5TH GRADE TO ATTEND.

FEE OF \$15 INCLUDES DINNER AND ALL ACTIVITIES. (THIS FEE DOES NOT INCLUDE THE COST OF THE VIBE MEMBERSHIP FEE, WHICH IS NOT NEEDED TO ATTEND THIS EVENT.)

PRE-REGISTRATION IS REQUIRED @
REGISTRATION FOSTERCITY.ORG

FOR MORE INFORMATION, PLEASE CALL 650.286.3254
OR EMAIL DLANDWEHR@FOSTERCITY.ORG



Summer Camps

Science & Technology

Young Inventors

Ages 7-12

Creative Contraption Warning! This camp is designed by you — the Inventor! Each day you'll be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all - your imagination! With a little ingenuity, you'll construct catapults and forts, then lay siege to a castle. Assemble your own working light stick and prepare to rule the galaxy! While Thomas Edison said, "Invention is 10% inspiration and 90% perspiration," this camp is 100% fun! Material fee: \$30 half day or \$50 full day, due to instructor on first day of class.

Daily Themes: Rock, Paper, Scissors - Wild Blue Yonder - Shipwrecked! - Whiz Kidz - Science Fiction - Science Fact

Instructor: Mad Science Staff

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
CAMP22.SP11-A	M-F	06/20/22 - 6/24/22	9:00 am - 12:00 pm	\$295
CAMP22.SP11-B	M-F	06/20/22 - 6/24/22	9:00 am - 3:00 pm	\$425



Eco Explorers

Ages 5-10

Use all your senses and explore the natural world around you. Have fun finding and magnifying nature's smallest creatures, pour plaster casts of animal tracks, and make recycled paper! Discover how birds thrive and solve the mystery of what Mr. Owl ate for lunch! Make and take home something every day like a cell model, a creature habitat and more fun stuff! Material fee: \$30 half day or \$50 full day, due to instructor on first day of class.

Daily Themes: Birds & Beasts - Nature - Earth Awareness - Cell City - Organ Trail

Instructor: Mad Science Staff

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
CAMP22.SP12-A	M-F	06/27/22 - 07/01/22	9:00 am - 12:00 pm	\$295
CAMP22.SP12-B	M-F	06/27/22 - 07/01/22	9:00 am - 3:00 pm	\$425

Spy Academy

Ages 6-11

From decoding messages to metal detectors and night vision, campers check out spy tech equipment and take-home lots of gadgets! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Figure out the science of forensics and reveal who is behind those crazy capers! Become a super spy and learn clever ways of performing tasks as we take a hands-on view of the science that spies and detectives use! (Children must know how to read and write full sentences.) Material fee: \$30 half day or \$50 full day, due to instructor on first day of class.

Instructor: Mad Science Staff

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
CAMP22.SP13-A	Tu-F	07/05/22 - 07/08/22	9:00 am - 12:00 pm	\$245
CAMP22.SP13-B	Tu-F	07/05/22 - 07/08/22	9:00 am - 3:00 pm	\$365

Summer Camps

"Fizz"-ical Phenomena & Che-Mystery

Ages 6-11

Have a ton of fun as we whip up potions and experiment with all kinds of chemistry, including growing crystals, making sidewalk chalk, and learning the science of chromatography on a Mad Science Lab Coat we get to keep!! Mix it up as we experiment with molecular madness, radical reactions, and fizz-ical and chemical reactions. Discover what those crazy chemists are really up to in their laboratories! Material fee: \$30 half day or \$50 full day, due to instructor on first day of class.

Daily Themes: Mad Messages - Crazy Chemistry - Radical Reactions - Chemical Counting - Scene of the Crime

Instructor: Mad Science Staff

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
CAMP22.SP14-A	M-F	07/11/22 - 07/15/22	9:00 am - 12:00 pm	\$295
CAMP22.SP14-B	M-F	07/11/22 - 07/15/22	9:00 am - 3:00 pm	\$425

Reactions in Action

Ages 6-11

Dive into the realms of the Chemical and Physical world in this crazy week of non-stop action - and Reaction! Explore our wonder lab and find eggs that don't break, ice that doesn't melt, and discover how to freeze time! Perform spectacular hands-on experiments and continue the fun at home with the gadgets you've designed in the lab! Material fee: \$30 half day or \$50 full day, due to instructor on first day of class.

Instructor: Mad Science Staff

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
CAMP22.SP15-A	M-F	07/18/22 - 07/22/22	9:00 am - 12:00 pm	\$295
CAMP22.SP15-B	M-F	07/18/22 - 07/22/22	9:00 am - 3:00 pm	\$425

Jet Cadets

Ages 6-11

Explore the basic principles of flight, ride a hovercraft, build airplanes, and construct balloon copters! This hands-on Mad Science program teaches you all about aerodynamics and the world above us! Discover the mysteries of the galaxy, learn how to navigate using the stars, and take home a rocket you build yourself! Material fee of \$30 due to instructor on first day of class.

Daily Themes: Wright Stuff - Rockin' Rockets - Milky Way - Up, Up & Away - Space Day

Instructor: Mad Science Staff

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
CAMP22.SP16-A	M-F	07/25/22 - 07/29/22	9:00 am - 12:00 pm	\$295
CAMP22.SP16-B	M-F	07/25/22 - 07/29/22	1:00 pm - 4:00 pm	\$295

Wacky Robots & Widgets

Ages 7-12

Whether you love to build things or destroy them, this camp includes lots of both! Design and build structures using simple tools and your imagination! The machine madness starts when you discover how different machines, both simple and complex, are used in our daily lives. Build contraptions using simple machines, experiment with catapults and use your skills to build a robot you get to keep! Material fee: \$30 half day or \$50 full day, due to instructor on first day of class.

Daily Themes: Energy Burst - Junior Engineers - Machine Mania - Motion Notion - Robots 101

Instructor: Mad Science Staff

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
CAMP22.SP17-A	M-F	08/01/22 - 08/05/22	9:00 am - 12:00 pm	\$295
CAMP22.SP17-B	M-F	08/01/22 - 08/05/22	9:00 am - 3:00 pm	\$425

Summer Camps

Science & Technology

Scratch Ninja Units 1 & 2

Ages 7-11

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts such as loop, conditional, motion, and sensing. Students will also work on a project in each session ranging from animation, games, to graphic design and storytelling, etc. The class employs a variety of interesting topics to teach logical thinking and inspire creativity, so your kids are not only learning but also creating starting from day one. Kids will be challenged to be creative and solve tough problems while learning deeper computer science concepts.

Prerequisites: No prerequisites

Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity. Before class: Please create a free Scratch account and log in before class.

Promo video: <https://youtu.be/98awWpKx9UM>

Before class: Please create a free Scratch account and log in before class <https://scratch.mit.edu>

Instructor: Create and Learn Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP18-A	M-Th	06/13/22 - 06/23/22	9:00 am - 9:55 am	\$136
CAMP22.SP18-B	M-Th	07/11/22 - 07/21/22	1:00 pm - 1:55 pm	\$136
CAMP22.SP18-C	M-Th	07/25/22 - 08/04/22	1:00 pm - 1:55 pm	\$136

Accelerated Scratch Units 1 & 2

Ages 10-15

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts such as loop, conditional, motion, and sensing. Students will also work on a project in each session ranging from animation, games, to graphic design and storytelling, etc. The class employs a variety of interesting topics to teach logical thinking and inspire creativity, so your kids are not only learning but also creating starting from day one. Kids will be challenged to be creative and solve tough problems while learning deeper computer science concepts. *The curriculum is similar to our Scratch Ninja classes but customized for older students.

Prerequisites: No prerequisites

Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

Promo video: <https://youtu.be/98awWpKx9UM>

Before class: Please create a free Scratch account and log in before class <https://scratch.mit.edu>

Instructor: Create and Learn Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP19-A	M-Th	06/20/22 - 06/30/22	10:30 am - 11:25 am	\$136
CAMP22.SP19-B	M-Th	07/25/22 - 08/04/22	2:30 pm - 3:25 pm	\$136

Summer Camps

Scratch Junior Units 1 & 2

Ages 5-8

Your child might have started playing with your phone at 3 years old and have become an expert of YouTube and mobile apps at age 5. So why not getting started on understanding how computers work with coding? As Apple CEO Tim Cook said, "Coding is the most important second language for everyone to learn". This series of fun classes use the Scratch Junior platform, developed by the same MIT team that built the Scratch. While building interactive stories and games, your child will be introduced to the basics of coding concepts, solve problems, and most importantly, create! In this fun Scratch Junior class, we will create a series of animations and games while learning about core coding concepts. For example, your child will learn loops, messaging, how to capture events in a game to take action, and a lot more. We will go from simple projects with different characters working independently, to connecting characters with complex actions. Your child will also get to apply their artistic skills to create their own sprites, tell stories, and share their math and science knowledge.

Prerequisites: No prerequisites

Requirements: Students must have an iPad or Android Tablet to attend the class. You also need a computer. Please join Zoom from your computer.

Before class: Please create a free Scratch account and log in before class <https://www.scratchjr.org/>

Instructor: Create and Learn Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP20-A	M-Th	07/11/22 - 07/21/22	9:00 am - 9:45 am	\$136

Minecraft Modding Quest Units 1-3

Ages 8-11

Does your child enjoy playing Minecraft? Minecraft: Education Edition is built on top of the regular Minecraft game and includes additional features to teach kids coding and other STEM skills. It promotes creativity, collaboration, and problem-solving in an immersive environment, where the only limit is imagination. In these carefully designed classes, we cover a broad set of coding concepts. We start by introducing kids to the very basic concepts of stacking commands together to make computers accomplish tasks - the fundamentals of coding. Kids will control agents to solve puzzles while interacting with different in-game characters. We will then move on to learn core coding concepts such as loop, operations, conditional, events, function, variables, and more. As students get more comfortable with these coding skills, they will also start building more complex structures as well as mini-games through coding. With our inquiry-based approach, your kids will have plenty of opportunities to not only learn but also create!

Prerequisites: For students who are new to coding, we recommend taking Scratch Ninja 1 & 2 first before taking this class.

Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity. Windows or Mac Computer (Chromebook is not supported).

Instructor: Create and Learn Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP21-A	M-Th	06/13/22 - 06/30/22	4:00 pm - 4:55 pm	\$194
CAMP22.SP21-B	M-Th	07/18/22 - 08/04/22	10:30 am - 11:25 am	\$194

Summer Camps

Science & Technology

Junior Robotics Units 1&2

Ages 7-10

This first unit will introduce students to the basics of VEX Code and programming in 3-D. Students will learn how to navigate robots through virtual worlds and complete exciting maze challenges! In the second unit, students will practice navigating robots through even more complicated virtual worlds full of obstacles by making use of sensors. Moreover, students will learn how to make robots transport objects and see how these topics are important in real-world scenarios!

Prerequisites: Scratch coding experience and familiarity with basic coding blocks are recommended but not required.

Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

Before class: Please create an account on Tinkercad before the first class <https://www.tinkercad.com>

Instructor: Create and Learn Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP22-A	M-Th	06/20/22 - 06/30/22	2:30 pm - 3:25 pm	\$136
CAMP22.SP22-B	M-Th	07/11/22 - 07/21/22	2:30 pm - 3:25 pm	\$136



Mobile Coding for Apps & Games

Ages 19-13

Students learn the core building-blocks of web pages, including HTML and CSS, as well as how the Internet works. Students will build their very first fan website on some of their favorite things. By the end of the class, we will also have interacted with the latest tools that will help them build web pages faster. In the second class of the series, students start to learn Javascript and build websites with dynamic content and interactions with viewers. We will create web apps using Javascript and also use the newly acquired skills to improve the fan site from level 1.

Prerequisites: Scratch coding experience and familiarity with block coding are highly recommended but not required.

Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

Before class: Please create a free account and log in before class Thunkable.

Class Will Not Meet On: 7/18, 7/19, 7/20, 7/21, 7/22

Instructor: Create and Learn Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP23-A	M-Th	06/20/22 - 06/30/22	10:30 am - 11:25 am	\$136
CAMP22.SP23-B	M-Th	07/11/22 - 08/04/22	10:30 am - 11:25 am	\$194

Summer Camps

Scratch Ninja Units 3&4

Ages 7-11

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts such as loop, conditional, motion, and sensing. Students will also work on a project in each session ranging from animation, games, to graphic design and storytelling, etc. The class employs a variety of interesting topics to teach logical thinking and inspire creativity, so your kids are not only learning but also creating starting from day one. Kids will be challenged to be creative and solve tough problems while learning deeper computer science concepts.

Prerequisites: No prerequisites

Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

Before class: Please create a free Scratch account and log in before class.

Promo video: <https://youtu.be/98awWpkx9UM>

Before class: Please create a free Scratch account and log in before class <https://scratch.mit.edu>

Instructor: Create and Learn Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP24-A	M-Th	07/11/22 - 07/22/22	4:00 pm - 4:55 pm	\$136
CAMP22.SP24-B	M-Th	07/25/22 - 08/04/22	9:00 am - 9:55 am	\$136

Intro to 3D Modeling in Blender

Ages 7-15

In this fun camp, students will learn the principles of 3D modeling, animation, lighting and rendering, and understand Blender and its interface to create 3D models. This beginner's level class covers the basic of modeling techniques and animation through hands-on assignments and demonstrations. Examples of sample projects: snowman - basics of modeling, sculpting, and putting a scene together; room design - learning to model things around us with an emphasis on modeling, texturing, and lighting; mushroom - modeling, sculpting, painting texture; cute character creation - sculpting and painting a cute character.

Instructor: Digital Monkey Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP25-A	M-F	06/20/22 - 06/24/22	9:00 am - 12:00 pm	\$350
CAMP22.SP25-B	M-F	06/27/22 - 07/01/22	9:00 am - 12:00 pm	\$350
CAMP22.SP25-C	Tu-F	07/05/22 - 07/08/22	9:00 am - 12:00 pm	\$280
CAMP22.SP25-D	M-F	07/11/22 - 07/15/22	9:00 am - 12:00 pm	\$350



Summer Camps

Science & Technology

Graphic Design and Illustration

Ages 9-15

This small group class is perfect for students who love art and want to bring their skills to the next level. Students will learn how to paint and draw digitally, edit photos, make collages, and work with fonts. We start our course by teaching the basics of digital painting and drawing tools: types of brushes, color mixing, magic wand, lasso tools, adjustment layers and effects. We teach how to use a stylus and a drawing tablet and utilize pressure sensitivity to achieve a variety of brush strokes. This fun class is recommended for students who want to learn how to improve their drawing skills, digitally manipulate images, and create graphic design projects.

Instructor: Digital Monkey Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP26-A	M-F	07/18/22 - 07/22/22	9:00 am - 12:00 pm	\$350
CAMP22.SP64-B	M-F	07/25/22 - 07/29/22	9:00 am - 12:00 pm	\$350
CAMP22.SP64-C	M-F	08/01/22 - 08/05/22	9:00 am - 12:00 pm	\$350
CAMP22.SP64-D	M-F	08/08/22 - 08/12/22	9:00 am - 12:00 pm	\$350

Intro to Video Game Development

Ages 7-15

In this exciting and intuitive 3D Video Game development environment, learn to build custom platformer levels with puzzles, enemies, power-ups, and treasures. Students will practice creating unique looking levels and control game play objectives, rules, and behavior via micro-scripting. Students learn fundamentals of video game development, practice creation of content for games, and experiment with game design. This program is perfect for complete beginners and experienced video game enthusiasts.

Instructor: Digital Monkey Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP27-A	M-F	06/20/22 - 06/24/22	12:30 pm - 3:30 pm	\$350
CAMP22.SP27-B	M-F	06/27/22 - 07/01/22	12:30 pm - 3:30 pm	\$350
CAMP22.SP27-C	Tu-F	07/05/22 - 07/08/22	12:30 pm - 3:30 pm	\$280
CAMP22.SP27-D	M-F	07/11/22 - 07/15/22	12:30 pm - 3:30 pm	\$350



Summer Camps

3D Video Game Development Custom Platformer

Ages 7-15

In this exciting and intuitive 3D Video Game development environment, learn to build custom platformer levels with puzzles, enemies, power-ups, and treasures. Students will practice creating unique looking levels and control game play objectives, rules, and behavior via micro-scripting. Students learn fundamentals of video game development, practice creation of content for games, and experiment with game design. This program is perfect for complete beginners and experienced video game enthusiasts.

Instructor: Digital Monkey Staff

Location: Online Zoom

Activity #	Day	Date	Time	Fee
CAMP22.SP28-A	M-F	07/18/22 - 07/22/22	12:30 pm - 3:30 pm	\$350
CAMP22.SP28-B	M-F	07/25/22 - 07/29/22	12:30 pm - 3:30 pm	\$350
CAMP22.SP28-C	M-F	08/01/22 - 08/05/22	12:30 pm - 3:30 pm	\$350
CAMP22.SP28-D	M-F	08/08/22 - 08/12/22	12:30 pm - 3:30 pm	\$350

The Foster City Youth Advisory Committee
and The Vibe Present

YAC Spaghetti Feed Picnic

Thursday, April 28, 2022

5:30pm - 7:30pm

(Entertainment from 6pm - 7pm)

Need a night off from cooking? Grab your family and friends and enjoy a feast of spaghetti, salad, and garlic bread - picnic style! The event will be held at the meadow of Leo Ryan Park. Bring your picnic blankets, come enjoy musical entertainment, and show your support to our city's own Youth Advisory Committee. For those who wish to eat but not stay and picnic, a drive through will be set up to pick up your dinner.

For \$6 advanced tickets, go to www.fostercity.org or visit the Recreation Center, beginning on March 28th. Tickets are \$10 at the door.

Contact/questions:
dlandwehr@fostercity.org



All proceeds will be donated to the Foster City Youth and Teen Foundation! The Youth and Teen Foundation's purpose is to provide resources and funding for amenities and supplies for our City's youth and teen programs. With the community's help, we can enhance our facilities and programs for our local youth and teens.

Summer Camps

Sports

Skyhawks Summer Sports

Ages 4-7

Summer Camp fun with a sports twist. Campers will enjoy a traditional summer camp with songs, games, and arts and crafts with an emphasis on sports and physical fitness. A variety of sports will be offered each week to keep your child engaged, active, and having fun!

Instructor: Skyhawks Staff

Location: Leo Ryan Park Meadow

Activity #	Day	Date	Time	Fee
CAMP22.S1-A	M-F	06/20/22 - 06/24/22	9:00 am - 12:00 pm	\$269
CAMP22.S1-B	M-F	06/27/22 - 07/01/22	9:00 am - 12:00 pm	\$269
CAMP22.S1-C	Tu-F	07/05/22 - 07/08/22	9:00 am - 12:00 pm	\$215
CAMP22.S1-D	M-F	07/11/22 - 07/15/22	9:00 am - 12:00 pm	\$269
CAMP22.S1-E	M-F	07/18/22 - 07/22/22	9:00 am - 12:00 pm	\$269
CAMP22.S1-F	M-F	07/25/22 - 07/29/22	9:00 am - 12:00 pm	\$269
CAMP22.S1-G	M-F	08/01/22 - 08/05/22	9:00 am - 12:00 pm	\$269

Skyhawks Mini-Hawk

Ages 4-7

Our Mini-Hawk Camp introduces basketball, soccer, and baseball integrating fun, games, music, and arts and crafts. FUN is the name of the game. Your child will get a great foundation into these classic sports to set them on a path for a lifetime of sports enjoyment! Students provide own baseball glove.

Instructor: Skyhawks Staff

Location: Leo Ryan Park Meadow

Activity #	Day	Date	Time	Fee
CAMP22.S2-A	M-F	06/20/22 - 06/24/22	9:00 am - 12:00 pm	\$269
CAMP22.S2-B	M-F	06/27/22 - 07/01/22	9:00 am - 12:00 pm	\$269
CAMP22.S2-C	Tu-F	07/05/22 - 07/08/22	9:00 am - 12:00 pm	\$215
CAMP22.S2-D	M-F	07/11/22 - 07/15/22	9:00 am - 12:00 pm	\$269
CAMP22.S2-E	M-F	07/18/22 - 07/22/22	9:00 am - 12:00 pm	\$269
CAMP22.S2-F	M-F	07/25/22 - 07/29/22	9:00 am - 12:00 pm	\$269
CAMP22.S2-G	M-F	08/01/22 - 08/05/22	9:00 am - 12:00 pm	\$269

Camp Doza

Ages 5-12

At Camp Doza we teach life skills through sports and Farm Culture. We show campers the fundamentals of soccer and basketball.

Instructor: Camp Doza Staff

Location: Boothbay Park Softball Field

Activity #	Day	Date	Time	Fee
CAMP22.S3-A	M-F	07/18/22 - 07/22/22	9:00 am - 3:00 pm	\$375
CAMP22.S3-B	M-F	07/25/22 - 07/29/22	9:00 am - 3:00 pm	\$375

World Cup Soccer Classic Skills

Ages 7-9

This camp is for players of all levels, ages 7-9. Campers will be evaluated on the first day of camp and grouped according to their age and skill level. The Classic Skills Camp format dedicates the morning session to working on basic skills and soccer concepts, and the afternoon to teamwork and games. Game situations are created that will allow campers to improve their skills while having a lot of fun! Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. To ensure proper training, our coach-to-player ratio is 1:12 or less. All fees include a World Cup Soccer Camp t-shirt, a player's evaluation, and a camp memento. Complimentary Early Drop-off starts at 9am, instruction starts at 9:30am, daily. Extended Care is available between 8am-9am and 3pm-5pm (by appointment, \$15/hour). For more information contact World Cup Soccer Camps: Ph: 408-354-4949

Email: camps@worldcupsoccercamps.com

Website: www.worldcupsoccercamps.com

Instructor: World Cup Soccer Staff

Location: Edgewater Park, Edgewater Field 2

Activity #	Day	Date	Time	Fee
CAMP22.S4-A	M-F	06/20/22 - 06/24/22	9:00 am - 12:30 pm	\$239
CAMP22.S4-B	M-F	06/20/22 - 06/24/22	9:00 am - 3:00 pm	\$339

Summer Camps

World Cup Soccer U6-Academy

Ages 5-6

This camp is for players ages 5 & 6 and focuses on basic soccer skills and team concepts in a fun and nurturing atmosphere. Mornings are dedicated to playful games that teach all the fundamentals of soccer and the afternoons focus on small-sided matches that instill fun, passion and team concept. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. To ensure proper training our coach to player ratio is 1: 12 or less. All fees include a World Cup Soccer Camp T-shirt, a player's evaluation, and a camp memento. Complimentary Early Drop-off starts at 9am, instruction starts at 9:30am, daily. Extended Care is available between 8am-9am and 3 p.m.-5 p.m. (by appointment, \$15/hour). For more information contact World Cup Soccer Camps: Ph: 408-354-4949

Email: camps@worldcupsoccercamps.com

Website: www.worldcupsoccercamps.com

Instructor: World Cup Soccer Staff

Location: Edgewater Park, Edgewater Field 2

Activity #	Day	Date	Time	Fee
CAMP22.S5-A	M-F	06/20/22 - 06/24/22	9:00 am - 12:30 pm	\$239
CAMP22.S5-B	M-F	06/20/22 - 06/24/22	9:00 am - 3:00 pm	\$339

World Cup Soccer Advanced Players

Ages 10-13

This camp is designed for higher level players ages 10 to 13. Most Advanced Players campers have been playing soccer for at least 2-3 years. The camp format dedicates the morning session to technique training and developing skills that will help an experienced player perform at the next level. Strategies and tactical understanding of match situations will be emphasized in the afternoon. Our coaches are well trained and will provide a camp that is fun and challenging for the experienced player. Coaches will monitor progress and provide all players an evaluation report at the end of camp. To ensure proper training our coach to player ratio is 1: 12 or less. All fees include a World Cup Soccer Camp T-shirt, a player's evaluation, and a camp memento. Complimentary Early Drop-off starts at 9am, instruction starts at 9:30 a.m., daily. Extended Care is available between 8am-9am and 3 p.m. - 5 p.m. (by appointment, \$15/hour). For more information contact World Cup Soccer Camps: Ph: 408-354-4949

Email: camps@worldcupsoccercamps.com

Website: www.worldcupsoccercamps.com

Instructor: World Cup Soccer Staff

Location: Edgewater Park, Edgewater Field 2

Activity #	Day	Date	Time	Fee
CAMP22.S6-A	M-F	06/20/22 - 06/24/22	9:00 am - 12:30 pm	\$239
CAMP22.S6-B	M-F	06/20/22 - 06/24/22	9:00 am - 3:00 pm	\$339



Summer Camps

Sports

Circus On Stage Half Day

Ages 4-12

Our camp for children with or without gymnastics experience is under the management of excellent coaches, members of the USA Gymnastics Federation, circus performers, and choreographers. Camp includes gymnastics, tumbling, and "circus art dance", which combines dance and stage movement. Children work on the tumble trak, rings, trapeze, balance beam, bars, Olympic-size padded floor, a foam-filled pit, and two in-ground trampolines. Campers should bring a lunch, snacks, and drinks daily. Campers must wear a face mask at all times.

Instructor: Peninsula Gym Staff

Location: Peninsula Gymnastics, 1740 Leslie Street, San Mateo

Activity #	Day	Date	Time	Fee
CAMP22.S7-A	M-F	06/06/22 - 06/10/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-B	M-F	06/13/22 - 06/17/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-C	M-F	06/20/22 - 06/24/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-D	M-F	06/27/22 - 07/01/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-E	Tu-F	07/05/22 - 07/08/22	8:30 am - 12:30 pm	\$280
CAMP22.S7-F	M-F	07/11/22 - 07/15/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-G	M-F	07/18/22 - 07/22/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-H	M-F	07/25/22 - 07/29/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-I	M-F	08/01/22 - 08/05/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-J	M-F	08/08/22 - 08/12/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-K	M-F	08/15/22 - 08/19/22	8:30 am - 12:30 pm	\$345
CAMP22.S7-L	M-F	08/22/22 - 08/26/22	8:30 am - 12:30 pm	\$345

Circus On Stage Full Day

Ages 5 ½-12

Our camp for children with or without gymnastics experience is under the management of excellent coaches, members of the USA Gymnastics Federation, circus performers, and choreographers. Camp includes gymnastics, tumbling, and "circus art dance", which combines dance and stage movement. Children work on the tumble trak, rings, trapeze, balance beam, bars, Olympic-size padded floor, a foam-filled pit, and two in-ground trampolines. Campers should bring a lunch, snacks, and drinks daily. Campers must wear a face mask at all times. Campers make a trip to Trinta Park each day. After care is available from 4pm - 6pm for an additional fee, paid directly to Peninsula Gymnastics.

Instructor: Peninsula Gym Staff

Location: Peninsula Gymnastics, 1740 Leslie Street, San Mateo

Activity #	Day	Date	Time	Fee
CAMP22.S8-A	M-F	06/06/22 - 06/10/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-B	M-F	06/13/22 - 06/17/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-C	M-F	06/20/22 - 06/24/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-D	M-F	06/27/22 - 07/01/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-E	Tu-F	07/05/22 - 07/08/22	8:30 am - 4:00 pm	\$340
CAMP22.S8-F	M-F	07/11/22 - 07/15/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-G	M-F	07/18/22 - 07/22/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-H	M-F	07/25/22 - 07/29/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-I	M-F	08/01/22 - 08/05/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-J	M-F	08/08/22 - 08/12/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-K	M-F	08/15/22 - 08/19/22	8:30 am - 4:00 pm	\$410
CAMP22.S8-L	M-F	08/22/22 - 08/26/22	8:30 am - 4:00 pm	\$410

Summer Camps

Beginner Ping Pong

Ages 5-14

Table tennis is one of the fastest growing racket sports in the world. It can be a challenging sport for young children to learn, as it involves many complex fine motor skills, such as hand-eye coordination, aiming in a specific direction, hitting, and bouncing, as well as gross motor skills such as footwork and side to side movements. Our 888 Starter's Program for Kids presents young children to the Olympic sport of table tennis through a series of basic motor control and movement exercises, allowing them to learn general as well as table tennis-specific coordination. In our class, you can expect your child to develop these skills in a fun and playful environment in a group of peers, guided by our expert coaching staff with many years of experience in the field.

Instructor: 888 Table Tennis Center Staff

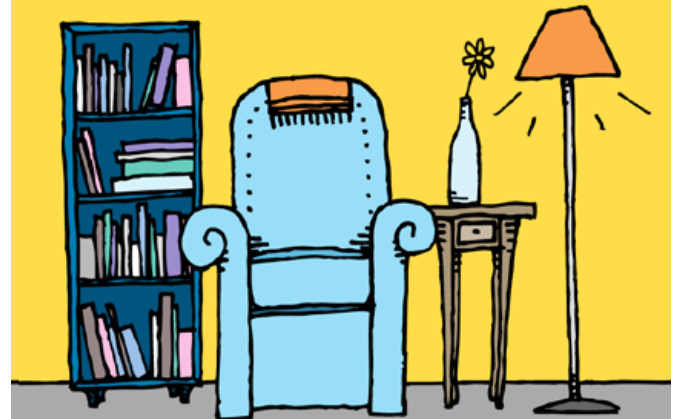
Location: 888 Table Tennis Center – 888 Hinckley Road, Burlingame

Activity #	Day	Date	Time	Fee
CAMP22.S9-A	M-F	06/20/22 - 06/24/22	9:30 am - 12:00 pm	\$319
CAMP22.S9-B	M-F	06/27/22 - 07/01/22	9:30 am - 12:00 pm	\$319
CAMP22.S9-C	M-F	07/11/22 - 07/15/22	9:30 am - 12:00 pm	\$319
CAMP22.S9-D	M-F	07/18/22 - 07/22/22	9:30 am - 12:00 pm	\$319
CAMP22.S9-E	M-F	08/01/22 - 08/05/22	9:30 am - 12:00 pm	\$319
CAMP22.S9-F	M-F	08/08/22 - 08/12/22	9:30 am - 12:00 pm	\$319

FOSTER CITY CITY-WIDE YARD SALE

It's a great time to clean out your closet, garage, and side yards! Host your own sale in front of your residence or team up with other neighbors! Register to participate by July 1, 2022.

SATURDAY, JULY 23
9:00AM TO 3:00PM*
WWW.FOSTERCITY.ORG/YARDSALE



This event is designed to promote the reuse, recycling, and repurposing of unwanted household items. For more information, call the Recreation Center at 286-3380.



*Actual yard sale hours may vary depending on the host residence.



Download the Simplicity App

Foster City has teamed up with
Simplicity to deliver real-time local
updates and alerts, sent directly
to your phone. Download the FREE
app and stay connected with us!

simplicity.app.link/foster-city



Youth Ceramics

Ages 8-18

Instruction will include hand-building techniques: pinch, coil, slab, and free hand. Classes are flexible so that each individual can expand and express at his/her own level. Goals of the course: To teach the skills needed to make both functional sculptural pieces that will stay together through the firing process, to allow children to open their minds and to express themselves in an open and positive environment. Children must be able to work independently for at least 20 minutes or be accompanied by parent. Material fee of \$20 due to instructor on first day.

Instructor: Morris Moussa

Location: Recreation Center, Ceramics Room

Activity #	Day	Date	Time	Fee
SUMMER22.A1-A	W	06/08/22 - 07/13/22	4:15 - 5:45 pm	\$200
SUMMER22.A1-B	Tu	06/14/22 - 07/19/22	11:00 am - 12:30 pm	\$200

Beginning Ceramics

Ages 18 +

In this beginning class students will enjoy a hands on, creative experience in a friendly atmosphere. Ceramics instruction in hand building and wheel throwing covering various techniques, skills, and projects. No previous experience is necessary. Class size is limited to 12 students to allow for more individual attention. Beginning Ceramics can be taken a maximum of 2 times before you MUST move on to Level 2. Material fee of \$20 due to instructor on first day of class.

Instructor: Scott Jennings

Location: Recreation Center, Ceramics Room

Activity #	Day	Date	Time	Fee
SUMMER22.A2-A	Tu	06/28/22 - 08/16/22	6:30 pm - 9:30 pm	\$265

Ceramics Level 2

Ages 18 +

Come join our friendly classes for a relaxing and creative experience. This is a multi-level class where students are encouraged to explore and develop their skills in hand building and wheel throwing. A less structured class than beginning, instruction will include demonstrations and individual attention to further their creativity. Students must have completed 2 beginning classes and provide their own tools. Material fee of \$20 due to instructor on first day of class.

Class Will Not Meet On: 7/14

Instructor: Tammerlaine Burwell

Location: Recreation Center, Ceramics Room

Activity #	Day	Date	Time	Fee
SUMMER22.A3-A	Th	06/30/22 - 09/08/22	6:30 pm - 9:30 pm	\$225

Ceramics Level 2 with Open Studio

Ages 18 +

This course is the same as Ceramics Level 2 but also includes studio time. The instruction portion of the class will be in the morning followed by open studio time in the afternoon. Students must have completed two beginning classes and provide their own tools. Material fee of \$20 due to instructor on first day of class.

Class Will Not Meet On: 7/14

Instructor: Tammerlaine Burwell

Location: Recreation Center, Ceramics Room

Activity #	Day	Date	Time	Fee
SUMMER22.A4-A	Th	06/30/22 - 09/08/22	10:30 am - 4:30 pm	\$255

Art

Ceramics Workshop

Ages 18 +

Ceramics Open Studio - Prerequisites: 1. Students must have completed at least two LEVEL 2 ceramics classes at the Foster City Recreation Center. 2. Students must be able to work independently as determined by the class instructor. 3. Students must also be currently enrolled in a ceramics class at the Foster City Recreation Center. 4. Students must give time to studio maintenance. 5. Students may only attend workshops they are registered to attend; there will be no make-up sessions or exchange workshops.

Class Will Not Meet On: 7/4, 8/20, 9/3, 9/5

Instructor: Monday AM - Marian Chapin, Monday PM - Penny Shepherd, Wednesday - Jane Lim, Saturday - Mohini Wettasinghe

Location: Recreation Center, Ceramics Room

Activity #	Day	Date	Time	Fee
SUMMER22.A5-A	M	07/11/22 - 09/19/22	10:30 am - 3:30 pm	\$70
SUMMER22.A5-B	M	07/11/22 - 09/19/22	7:00 pm - 10:00 pm	\$35
SUMMER22.A5-C	W	07/13/22 - 09/21/22	10:30 am - 3:30 pm	\$70
SUMMER22.A5-D	Sa	07/09/22 - 09/24/22	10:30 am - 3:30 pm	\$70



Dance

Line Dancing

Ages 18 +

Line Dancing is for fun and exercise, open to all ages that enjoy dancing to get lively, move with confidence, and stay healthy & fit, with or without a partner. Level 1 is for new students or returning students who just like to enjoy easy-to-learn line dancing selections. Level 2 is for students who are beyond beginning level and would like to learn more complicated or sophisticated selections and patterns. Combo Levels 1 & 2 available. Sunday sessions are Social Dance Mixers held in the amphitheater in Leo Ryan Park. LDVALI uses a unique program and methodology that helps students of various skill levels learn & grow together.

Class Will Not Meet On: 7/19, 7/22, 7/26, 7/29, 8/19

Instructor: Allen Isidro

Location: Recreation Center, Spirit Room

Activity #	Day	Date	Time	Fee
Level 1				
SUMMER22.D1-A	Tu	06/21/22 - 08/23/22	4:30 pm - 5:30 pm	\$50
SUMMER22.D1-C	F	06/24/22 - 09/02/22	10:00 am - 11:00 am	\$50
Level 2				
SUMMER22.D1-B	Tu	06/21/22 - 08/23/22	5:30 pm - 6:30 pm	\$50
SUMMER22.D1-D	F	06/24/22 - 09/02/22	11:00 am - 12:00 pm	\$50
Level 1 & 2				
SUMMER22.D1-I	Tu	06/21/22 - 08/23/22	4:30 pm - 6:30 pm	\$80
SUMMER22.D1-J	F	06/24/22 - 09/02/22	10:00 am - 12:00 pm	\$80

Sunday Social Dance Mixers

Location: Leo Ryan Amphitheater

Activity #	Day	Date	Time	Fee
SUMMER22.D1-E	Su	06/19/22	4:00 pm - 6:00 pm	\$10
SUMMER22.D1-F	Su	07/17/22	4:00 pm - 6:00 pm	\$10
SUMMER22.D1-G	Su	08/28/22	4:00 pm - 6:00 pm	\$10

Fitness

Zumbini

Ages 0-5

The Ultimate Bonding Experience! Zumbini is an early childhood education program for children ages 0 - 5. Created by Zumba and BabyFirst, our program uses music and movement to promote cognitive, social, emotional, and motor skill development for the children, all masked behind a fun and engaging class! Our focus is on creating the ultimate bonding experience for the kids and their caregivers.

Instructor: Kalina Kotseva

Location: Recreation Center, Spirit Room

Activity #	Day	Date	Time	Fee
SUMMER22.F1-A	Tu	06/21/22 - 08/23/22	9:00 am - 10:00 am	\$250

Zumba

Ages 18 +

Zumba is a dance fitness class that combines Latin inspired dancing and fitness moves. Mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party.

Class Will Not Meet On: 7/12

Instructor: Karen Teske

Location: Leo Ryan Amphitheater

Activity #	Day	Date	Time	Fee
SUMMER22.F2-A	Tu	06/21/22 - 08/23/22	6:30 pm - 7:30 pm	\$45



Body Blaze Boot Camp & Sports 4Kids

Ages 10-14

Fun Safe Fitness 4Kids

Body Blaze Boot Camp & Sports Training

Join Body Blaze Fitness Camps and meet those summer goals! Campers work exclusively with distinguished Master Fitness and skilled sports Trainers. Open to all skill levels, campers receive professional instruction in an upbeat atmosphere to help take their game to the next level. Learn advanced offensive and defensive plays, improve your shooting technique, challenge yourself in daily scrimmages, make friends, and most importantly, have fun!

* Pop-up appearances and participation by Foster City's Police Department *

In collaboration and adoption of our local Army Recruiting style training, Body Blaze Boot Camp pyramid focus includes exercise, nutrition, injury prevention, and recovery.

Agility - the ability to stop, start, change direction and efficiently change body position.

Balance - the ability to maintain equilibrium.

Coordination - the ability to perform multiple tasks.

Flexibility - the range of movement at a joint and its surrounding muscles.

Posture - any position in which the body resides.

Speed - rate of movement.

Power - the product of strength and speed.

Stability - the ability to maintain or restore equilibrium when acted on by forces trying to displace it.

* We welcome ages 8 and 9 pending comfortability participating in program.

Class Will Not Meet On: 7/4, 8/19

Instructor: Coach David

Location: Leo Ryan Park Meadow

Activity #	Day	Date	Time	Fee
SUMMER22.F3-A	M,W,F	06/20/22 - 08/26/22	3:30 pm - 4:45 pm	\$450
SUMMER22.F3-B	M,W,F	06/20/22 - 08/26/22	5:00 pm - 7:15 pm	\$450

Fitness

Core Fitness

Ages 18 +

Core Fitness is a safe and fun way to get fit and stay fit! Participants may be seated for added support or stand as they strengthen their balance, transitioning skills, and agility. Light weights and resistance bands of various levels are used during each movement. Gain muscle strength and improve bone density and overall health.

Sponsored by: The Foster City Village, Sequoia Healthcare District, and Rotary Club of Foster City in partnership with the Foster City Parks & Recreation Department.

Class Will Not Meet On: 7/4

Instructor: Melinda Rose

Location: Online Zoom

Activity #	Day	Date	Time	Fee
SUMMER22.F4-A	M&W	07/06/22 - 08/24/22	10:00 am - 10:50 am	\$32
SUMMER22.F4-B	Tu&Th	07/05/22 - 08/25/22	10:00 am - 10:50 am	\$32

Restorative Yoga

Ages 18 +

Restorative Yoga will calm and reset the entire body and mind to prepare for ultimate relaxation. It is a bountiful vehicle for easing tension and bringing forth a profound sense of calm through deeply relaxing pose sequences. Participants use chairs or the wall for support during poses, as they gain balance, strength, and endurance.

Sponsored by: The Foster City Village, Sequoia Healthcare District, and Rotary Club of Foster with the Foster City Parks & Recreation Department.

Instructor: Melinda Rose

Location: Online Zoom

Activity #	Day	Date	Time	Fee
SUMMER22.F5-A	Tu&Th	07/05/22 - 08/25/22	11:00 am - 11:50 am	\$32

Iron Yoga

Ages 18 +

What makes Iron Yoga distinctive is that it has the combined benefits of Yoga and Weight Training (light weights) all in one workout! Iron Yoga will help you improve lean muscle mass, increase your flexibility and range of motion, sharpen your mental focus and concentration skills, develop proper breathing techniques, enhance your functional strength and muscular endurance, and create balance and symmetry. Iron Yoga helps restore and rejuvenate your entire body!

Sponsored by: The Foster City Village, Sequoia Healthcare District, and Rotary Club of Foster in partnership with the Foster City Parks & Recreation Department

Class Will Not Meet On: 7/4

Instructor: Melinda Rose

Location: Online Zoom

Activity #	Day	Date	Time	Fee
SUMMER22.F6-A	M&W	07/06/22 - 08/24/22	11:00 am - 11:50 am	\$32



Kendo

Ages 9 +

Kendo, Japanese fencing, is rooted in the sword fighting techniques of ancient samurai. This conditions the body and the spirit through demanding exercises. Additional yearly fees are not included in the seasonal class fee. Visit <https://sanmateokendo.org> for the additional fee schedule.

Class Will Not Meet On: 8/20

Instructor: San Mateo Kendo Dojo

Location: Recreation Center, Spirit Room

Activity #	Day	Date	Time	Fee
SUMMER22.F7-A	Sa	06/18/22 - 08/27/22	2:30 pm - 3:30 pm	\$30
SUMMER22.F7-B	Sa	06/18/22 - 08/27/22	3:30 pm - 5:00 pm	\$30

BollyX Fitness

Ages 18 +

Let the drama and energy of Bollywood bring out your inner diva and rockstar. BollyX is a Bollywood inspired dance-fitness program that combines dynamic choreography with the hottest international music. This class is a 50-minute HIIT cardio workout that cycles between higher and lower intensity dance sequences to get you moving, sweaty, and smiling!

Instructor: Banu Bharwani

Location: Leo Ryan Park Amphitheater

Activity #	Day	Date	Time	Fee
SUMMER22.F8-A	F	06/24/22 - 07/29/22	10:30 am - 11:30 am	\$70



**4TH OF JULY 2022
CELEBRATION**

Monday, July 4 – Leo Ryan Park
8am – 9:45pm

Pancake Breakfast
(sponsored by the Lion's Club)

Live Music
Food Trucks
Fireworks Show!

fostercity.org/july4th

Special Interest

Photo 1 Learn Your Camera

Ages 18 +

Photo 1 Digital SLR Photography - Beginner Any camera model. You'll start with the basics to give you a good foundation. You'll learn about your camera modes, learn your aperture, shutter speed, depth of field, close-up flower photo, methods of focus and ISO, and taking pictures in Manual Mode. At the end of this class, you will have an understanding of your camera and gear so you can use them to their fullest potential.

Instructor: Laurie Piton

Location: Online Zoom

Activity #	Day	Date	Time	Fee
SUMMER22.SP1-A	Tu	06/07/22 - 07/05/22	7:00 pm - 8:00 pm	\$95

Apple Photos

Ages 18 +

Do you have a Mac Computer and want to edit, organize, and share photos? After editing your photos would you like to add to social media or print? We will discuss ways to use your photos on your computer and in iCloud. Learn how to import your pictures into Apple Photos, then go over and explain iCloud settings. While your photos are being imported, we will discuss organizing your photos in Apple Photos. We talk about digital camera file formats and how Apple Photos uses them. Learn how to beautifully edit your photos in Apple Photos with Auto Enhance Feature, Rotate and Crop, Skin Retouching, Color filters, Black and White, and Advanced Adjustments. Participants need to have a Mac Computer and Apple Photos which is installed for free on any Mac computer.

Instructor: Laurie Piton

Location: Online Zoom

Activity #	Day	Date	Time	Fee
SUMMER22.SP2-A	Tu	07/12/22 - 07/19/22	7:00 pm - 8:00 pm	\$95

Lightroom

Ages 18 +

Do you have Lightroom and started some editing basics with it but feel a little stuck knowing you can do more with it? Join me in this class and have your questions answered as we learn Adobe Lightroom Classic and Lightroom CC. Organize your photos in Lightroom so you can easily find them. How to setup and use external hard drives. Make your photos look better by fixing basic issues like exposure, white balance, and crop. The next step is to enhance only certain areas of the photo. Maybe part of the photo is dull in color, learn to edit just that area enhance your vision of that picture. Practice on your photos, so you get real time/ real life experience with your own photos. We talk about sharing and exporting for online sharing. Participants need to have Adobe Lightroom CC installed before class begins on your Mac or PC.

Instructor: Laurie Piton

Location: Online Zoom

Activity #	Day	Date	Time	Fee
SUMMER22.SP3-A	Tu	07/26/22 - 08/23/22	7:00 pm - 8:00 pm	\$95



Sports

Karate 1: New Students/Beginner

Ages 5-10

Karate helps build confidence and motivation to learn and helps to increase concentration. Class will emphasize on hand-eye coordination, body awareness, and Karate concepts: Blocking, Kicking, Punching and Striking. Karate Gi (Uniform) is required. Purchase a uniform from the instructor on the first day of class. For more information contact Sensei Edwards at 650-207-3550.

Class Will Not Meet On: 7/4, 7/6

Instructor: Bernard Edwards

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
SUMMER22.K1-A	M&W	06/20/22 - 08/10/22	5:15 pm - 6:00 pm	\$193

Karate 2: Beginner/ Advanced Beginner

Ages 7-16

Must have completed Karate 1, have equivalent training in Karate, and/or instructor's approval. This class level will stress more advanced techniques of Karate. For more information contact Sensei Edwards at 650-207-3550.

Class Will Not Meet On: 7/4, 7/6

Instructor: Bernard Edwards

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
SUMMER22.K2-A	M&W	06/20/22 - 08/10/22	6:00 pm - 6:45 pm	\$193

Karate 3: Intermediate/ Advanced

Ages 8 +

This class is designed for more advanced level students. Must have several years of Karate training, be at an equivalent Karate level, and/or have instructor's approval before joining this class. Will work on refining Karate skills. For Level 5 Kyu and up and/or belt colors: green, purple, brown, and black. For more information contact Sensei Edwards at 650-207-3550.

Class Will Not Meet On: 7/4, 7/6

Instructor: Bernard Edwards

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
SUMMER22.K3-A	M&W	06/20/22 - 08/10/22	6:45 pm - 7:45 pm	\$215

Karate 4: Beginner Adult

Ages 18 +

Build self-confidence and physical strength as you learn the skills and movements of the Traditional Art of Japanese Karate Do. You will gain positive spirit, good physical health and learn self-defense.

Class Will Not Meet On: 7/4

Instructor: Bernard Edwards

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
SUMMER22.K4-A	M	06/20/22 - 08/08/22	7:45 pm - 8:45 pm	\$108

Kobujutsu All Levels

Ages 9 +

All lower-level students will start learning the Long Staff (Bo). After a certain level of efficiency and understanding of the Bo staff they will move on to another weapon. For more information contact Sensei Edwards at 650-207-3550. Kobujutsu Prerequisites: Must be currently enrolled in another Foster City Parks and Recreation Karate class. Must have prior Karate experience.

Class Will Not Meet On: 7/6

Instructor: Bernard Edwards

Location: Recreation Center, Mist Room

Activity #	Day	Date	Time	Fee
SUMMER22.K5-A	W	06/22/22 - 08/10/22	7:45 pm - 9:00 pm	\$65

Sports

Great Volleyball

Ages 8-13

Volleyball is a great sport to teach life lessons that last your entire life. This course is designed to help build character and self-esteem in your child. Participants will learn to build on basic volleyball skills and work to be a complete player. We will focus on passing, setting, serving, and hitting. By encouraging teamwork and sportsmanship in a fun and exciting atmosphere, your child will learn how to work well with others to achieve a common goal. All skill levels are welcome!

Instructor: Akbar Jones (Coach AJ)

Location: Brewer Island Gym, 1151 Polynesia Drive

Activity #	Day	Date	Time	Fee
Age: 8 - 10				
SUMMER22.S1-A	M	06/27/22 - 07/25/22	4:30 pm - 5:30 pm	\$100
SUMMER22.S1-B	M	08/01/22 - 08/22/22	4:30 pm - 5:30 pm	\$100
Age: 11 - 13				
SUMMER22.S1-C	M	06/27/22 - 07/25/22	5:45 pm - 6:45 pm	\$100
SUMMER22.S1-D	M	08/01/22 - 08/22/22	5:45 pm - 6:45 pm	\$100

Adult Volleyball

Ages 14 +

Get a great workout while learning the fundamentals of the great sport of Volleyball. The Beginning Class and Advanced Classes will consist of learning through game play. Each class will consist of a 30-minute period where a skill will be taught and focused on for that week's class. To be able to participate in the Advanced Class, knowledge of a 6-2 and 5-1 offense is desired. Your instructor has a passion for the game and a passion for coaching.

Instructor: Scott Thompson

Location: Brewer Island Gym, 1151 Polynesia Drive

Activity #	Level	Day	Date	Time	Fee
SUMMER22.S2-A	Beginner	M	06/20/22-08/22/22	7:00-9:30 pm	\$120
SUMMER22.S2-B	Advanced	W	06/22/22-08/24/22	7:00-9:30 pm	\$120



Adult Ping Pong

Ages 18 +

Ready to pick up a paddle and learn some Table Tennis? This is a new adult foundational class to build up your skills since a solid foundation is key to starting your journey into the ping pong world! Hand-eye coordination and basic drills will be part of this class. This class is open for all entry level adult players!

Instructor: 888 Table Tennis Center Staff

Location: 888 Hinckley Road, Burlingame

Activity #	Day	Date	Time	Fee
SUMMER22.S4-A	W	06/22/22 - 07/27/22	7:30 pm - 9:00 pm	\$180
SUMMER22.S4-B	W	07/27/22 - 08/31/22	7:30 pm - 9:00 pm	\$180

Senior Ping Pong

Ages 60 +

Are you a senior looking for a fun way to exercise during the daytime with your friends? We have a great new senior class to get you moving! Table tennis is one of the healthiest activities for seniors. This class is open to all level players!

Instructor: 888 Table Tennis Center Staff

Location: 888 Hinckley Road, Burlingame

Activity #	Day	Date	Time	Fee
SUMMER22.S5-A	F	06/24/22 - 07/29/22	2:30 pm - 4:00 pm	\$180
SUMMER22.S5-B	F	06/24/22 - 07/29/22	2:30 pm - 4:00 pm	\$180

Gymnastics with Peninsula Gymnastics

Ages 2-12

Our program consists of movement and gymnastics classes designed to help students develop a sense of physical fitness, coordination, and self-esteem. Students learn basic gymnastics skills such as climbing, rolling, swinging, jumping, and balancing while improving their listening skills and ability to follow directions. Classes include use of: tumble trak, rings, trapeze, balance beam, preschool bars, Olympic size padded floor, foam-filled pit, and two in-ground trampolines.

Instructor: Staff Peninsula Gym

Location: Peninsula Gymnastics, 1740 Leslie Street, San Mateo

Activity #	Day	Date	Time	Fee
Level: Preschool, Ages 2-4				
SUMMER22.S3-A	W	06/22/22 - 08/24/22	10:00 am - 10:55 am	\$290
SUMMER22.S3-B	Th	06/23/22 - 08/25/22	10:00 am - 10:55 am	\$290
Level 1, Ages 4-6				
SUMMER22.S3-C	M	06/20/22 - 08/22/22	4:30 pm - 5:55 pm	\$395
SUMMER22.S3-D	W	06/22/22 - 08/24/22	2:00 pm - 3:25 pm	\$395
Level 1 Girls, Ages 6-12				
SUMMER22.S3-E	Th	06/23/22 - 08/25/22	4:30 pm - 5:55 pm	\$395
Level 1 Boys, Ages 6-12				
SUMMER22.S3-F	F	06/24/22 - 08/26/22	3:30 pm - 4:55 pm	\$395

BIKE RIDE 2022

TOUR DE FOSTER CITY SCAVENGER HUNT

SEPTEMBER 16 - SEPTEMBER 25

RIDE YOUR BIKE AROUND THE CITY
FOLLOWING CLUES ALONG THE WAY!

CLUE SHEET WILL BE AVAILABLE ON THE
WEBSITE ON SEPTEMBER 16TH.

PARTICIPANTS HAVE ONE WEEK TO
COMPLETE THE SCAVENGER HUNT. ALL
SUBMISSIONS MUST BE RECEIVED BY
SEPTEMBER 23RD.

PARTICIPANTS THAT EMAIL THE CORRECT
ANSWER WILL BE ENTERED INTO A RAFFLE
DRAWING FOR A CHANCE AT WINNING A
PRIZE.



WWW.FOSTERCITY.ORG

Facility Rentals

The Parks and Recreation Department offers reservable space to the community to host a meeting, special event, or family gathering.



For more information, contact us at (650) 286-3380 or visit our website at <https://www.fostercity.org>

Reserve a Foster City Park Online!

Foster City has several parks that can be reserved for private events and now the process has simplified with our online rental system! Foster City residents can check availability, make reservations, and pay for rentals all in one location, without having to come into the Recreation Center for paperwork.

To reserve a park, go to www.fostercity.org and click on "Park Rentals", under the "Leisure" tab. The system will guide you through all steps of your reservation. Once completed, you will receive a receipt/confirmation. The Parks and Recreation Department will receive your application and handle the rest of the process.



BOOTHBAY PICNIC AREA

If you have any questions regarding this process, please call the Parks and Recreation Department at 650-286-3380 or email recreation@fostercity.org



Tennis

Terrific Tiny Tennis

Ages 5-7

Special service! Only 3-6 players per class! Play FUN activities and games on the 42 foot court with low compression tennis balls. Lessons are designed to enhance athletic and skill development in a success-oriented environment. We recommend the 21 inch to 23 inch rackets.

Class Will Not Meet On: 7/3

Instructor: Whitlinger/Sarsfield Tennis

Location: Shell Blvd. Courts 3 & 4

Activity #	Day	Date	Time	Fee
SUMMER22.T1-A	Su	06/19/22 - 07/31/22	5:00 pm - 5:40 pm	\$99
SUMMER22.T1-B	M&W	06/20/22 - 06/29/22	3:00 pm - 4:00 pm	\$99
SUMMER22.T1-C	M&W	07/11/22 - 07/27/22	3:20 pm - 4:00 pm	\$99
SUMMER22.T1-D	M&W	08/01/22 - 08/17/22	3:20 pm - 4:00 pm	\$99
SUMMER22.T1-E	Tu&Th	06/21/22 - 07/07/22	3:20 pm - 4:00 pm	\$99
SUMMER22.T1-F	Tu&Th	07/12/22 - 07/28/22	3:20 pm - 4:00 pm	\$99
SUMMER22.T1-G	Tu&Th	08/02/22 - 08/18/22	3:20 pm - 4:00 pm	\$99

Quickstart Tennis

Ages 8-10

Special service! Only 3-6 players per class! Learn simple and efficient techniques on the 60 ft. court with low compression tennis balls. Emphasis on control, consistency, sportsmanship, and FUN! In general we recommend a 25-inch racket.

Class Will Not Meet On: 7/3

Instructor: Whitlinger/Sarsfield Tennis

Location: Shell Blvd. Courts 3 & 4

Activity #	Day	Date	Time	Fee
SUMMER22.T2-A	Su	06/19/22 - 07/31/22	4:00 pm - 5:00 pm	\$145
SUMMER22.T2-B	M&W	06/20/22 - 06/29/22	4:00 pm - 5:30 pm	\$145
SUMMER22.T2-C	M&W	07/11/22 - 07/27/22	4:00 pm - 5:00 pm	\$145
SUMMER22.T2-D	M&W	07/11/22 - 07/27/22	5:00 pm - 6:00 pm	\$145
SUMMER22.T2-E	M&W	08/01/22 - 08/17/22	4:00 pm - 5:00 pm	\$145
SUMMER22.T2-F	M&W	08/01/22 - 08/17/22	5:00 pm - 6:00 pm	\$145
SUMMER22.T2-G	Tu&Th	06/21/22 - 07/07/22	4:00 pm - 5:00 pm	\$145
SUMMER22.T2-H	Tu&Th	07/12/22 - 07/28/22	4:00 pm - 5:00 pm	\$145
SUMMER22.T2-I	Tu&Th	08/02/22 - 08/18/22	4:00 pm - 5:00 pm	\$145

Junior Novice Tennis

Ages 11-14

Special service! Only 3-6 players per class! Develop the essential techniques with emphasis on control, depth, and direction. Lessons incorporate rules, sportsmanship, and basic doubles play. In general, we recommend the 26-inch racket.

Class Will Not Meet On: 7/3

Instructor: Whitlinger/Sarsfield Tennis

Location: Shell Blvd. Courts 3 & 4

Activity #	Day	Date	Time	Fee
SUMMER22.T3-A	Su	06/19/22 - 07/31/22	2:00 pm - 3:00 pm	\$145
SUMMER22.T3-B	Tu&Th	06/21/22 - 07/07/22	5:00 pm - 6:00 pm	\$145
SUMMER22.T3-C	Tu&Th	07/12/22 - 07/28/22	5:00 pm - 6:00 pm	\$145
SUMMER22.T3-D	Tu&Th	08/02/22 - 08/18/22	5:00 pm - 6:00 pm	\$145

Junior Low Intermediate Tennis

Ages 11-14

Special service! Only 3-6 players per class! For players who are consistent on a slow-pace rally but need better depth, directional control, and use of spin. Review and strengthen stroke techniques with more emphasis on basic strategy and tactics.

Instructor: Whitlinger/Sarsfield Tennis

Location: Shell Blvd. Courts 3 & 4

Activity #	Day	Date	Time	Fee
SUMMER22.T4-A	M&W	06/20/22 - 06/29/22	6:00 pm - 7:30 pm	\$145
SUMMER22.T4-B	M&W	07/11/22 - 07/27/22	7:00 pm - 8:00 pm	\$145
SUMMER22.T4-C	M&W	08/01/22 - 08/17/22	7:00 pm - 8:00 pm	\$145

Tennis

Adult Novice Tennis

Ages 15 +

Special service! Only 3-6 players! Develop the essential techniques with emphasis on control, depth, and direction. Lessons incorporate rules, sportsmanship, and basic doubles play.

Instructor: Whitlinger/Sarsfield Tennis

Location: Shell Blvd. Courts 3 & 4

Activity #	Day	Date	Time	Fee
SUMMER22.T5-A	Tu&Th	06/21/22 - 07/07/22	7:00 pm - 8:00 pm	\$145
SUMMER22.T5-B	Tu&Th	07/12/22 - 07/28/22	7:00 pm - 8:00 pm	\$145
SUMMER22.T5-C	Tu&Th	08/02/22 - 08/18/22	7:00 pm - 8:00 pm	\$145

Adult Low Intermediate Tennis

Ages 15 +

Special service! Only 3-6 players! For players who are consistent on a slow-pace rally but need to develop better depth, direction control, and use of spin. Review and strengthen stroke techniques with more emphasis on basic strategy and tactics.

Instructor: Whitlinger/Sarsfield Tennis

Location: Shell Blvd. Courts 3 & 4

Activity #	Day	Date	Time	Fee
SUMMER22.T6-A	Tu&Th	06/21/22 - 07/07/22	8:00 pm - 9:00 pm	\$145
SUMMER22.T6-B	Tu&Th	07/12/22 - 07/28/22	8:00 pm - 9:00 pm	\$145
SUMMER22.T6-C	Tu&Th	08/02/22 - 08/18/22	8:00 pm - 9:00 pm	\$145

Adult Intermediate Tennis

Ages 15 +

Special service! Only 3-6 players! For players (NTRP 3.0) who are consistent on medium paced shots but need to develop more spin, power, and/or variety. Basic to advanced shots, strategy, and tactics will be introduced and reinforced by performance enhancing drills.

Instructor: Whitlinger/Sarsfield Tennis

Location: Shell Blvd. Courts 3 & 4

Activity #	Day	Date	Time	Fee
SUMMER22.T7-A	M&W	06/20/22 - 06/29/22	7:30 pm - 9:00 pm	\$145
SUMMER22.T7-B	M&W	07/11/22 - 07/27/22	8:00 pm - 9:00 pm	\$145
SUMMER22.T7-C	M&W	08/01/22 - 08/17/22	8:00 pm - 9:00 pm	\$145



Seniors

Foster City Senior Wing

650 Shell Blvd. - (650) 286-2585

Are you looking for great things to do, exciting places to go, and fun people to meet? Stop by the Foster City Senior Wing! We have all this and more! Listed below is a sampling of activities.

Senior Wing Hours:

Monday - Friday 9 a.m. - 4 p.m.

San Mateo Adult School Classes

The Senior Wing offers a wide variety of classes to meet your interests. Join one of our fun-filled classes to learn a new skill, meet new friends, and stay healthy. Senior classes are sponsored by the San Mateo Adult School.

Enrollment: To register for a class, please contact the San Mateo Adult School directly at (650) 558-2100 or email Jeri McGovern, Program Coordinator at jmcgovern@smuhdsd.org. Enrollment is accepted on an ongoing basis, but class fees are not prorated if you start after a session begins. Enrollment fees are paid directly to the San Mateo Adult School. Please visit www.sanmateoadulted.org for exact class dates and pricing.

Fundamentals of Art

Tuesdays 9:30 a.m. - 11:30 a.m. & 12:30 p.m. - 2:30 p.m., Sunfish Room

Yoga for Health

Tuesdays 10:30 a.m. - 11:30 a.m., Sail Room (Community Center)

Fundamentals of Drawing & Painting

Thursdays 1:30 p.m. - 3:30 p.m., Sail Room (Community Center)

Tai Chi

Thursdays 9 a.m. - 10 a.m., Spirit Room

Senior Meals

Join the Foster City Senior Wing and the Foster City Rotary Club for a delicious hot lunch. Preregister at the Recreation Center front desk or call (650) 286-2585. Space is limited to the first 40 participants. Upcoming meals will be held in the Bluebird Room from 11:30 a.m. - 12:30 p.m. on the first Tuesday of the month. Meals are \$5 (cash only) and are paid at the door.

Drop In Game Schedule

Bridge

Mondays | 12:30 p.m. - 4 p.m. | Clipper Room

Thursdays | 1 p.m. - 4 p.m. | Clipper Room

Pedro

Mondays | 12:30 p.m. - 4 p.m. | Sunfish Room

Knitting

Wednesdays | 12 p.m. - 2:30 p.m. | Clipper Room

55+ Club

The 55+ (Active Adults) Club is currently recruiting new members! Make new friends, socialize, and enjoy entertainment weekly! General meetings are held on 1st and 3rd Thursdays from 11:00 a.m. - 12:30 p.m. at the Foster City Recreation Center, Lagoon Room. Stop by and say hello!

All are welcome to join 55+ Club for Line Dance exercise! Class is free and no experience necessary. Line Dance classes are held every 2nd and 4th Thursdays from 2 p.m. - 3 p.m. in the Spirit Room.

Free Groceries at Foster City Senior Wing

The Second Harvest Food Bank Program is now being offered at the Foster City Recreation Center! Members receive a bi-monthly bag of groceries which could include items such as fresh fruits and vegetables, rice, bread, eggs, chicken, and much more.

To sign up, call the Food Bank at (650) 610-0800 ext 165 or visit www.shfb.org/get-food/ for more information.

Private Lessons

Individual Tennis Lessons: Play the Stanford Way!

Learn new strokes or improve your old ones through individualized lessons based on your needs. All ages welcome, beginners to advanced. To arrange a lesson, please visit www.WhitlingerSarsfieldTennis.com for more information.

Instructor: Stanford/Whitlinger & Sarsfield Tennis

Location: Tennis Courts #3 and #4 - Shell Blvd.

Fee: \$75 per hour or \$210 for three one-hour lessons. Add \$5 per hour for each additional person.

Zalles Racquet Sports

Beginning students learn forehand, backhand, footwork, serve, volley, and are introduced to game strategy. For intermediate and advanced students there are drills, technique corrections and strategies for competitive point play. Develop your potential and maximize your enjoyment of the game. All ages, all levels. **Call Zalles Racquet Sports at (650) 345-9727 to make arrangements.**

Fee: \$75 per hour or \$210 for three one-hour lessons. Add \$5 per hour for an additional person.

Location: Boothbay Park

Pickleball Lessons with Gary Wong

Private pickleball lessons are designed to give you undivided attention, whether it's a one-on-one, semiprivate or group of four players. This is the perfect opportunity to really fine-tune specific strokes or parts of your game! This special private lesson class will be taught by Gary Wong. He's a seasoned pickleball tournament player and certified PPR pickleball instructor.

Rates: \$70/hr for one student, \$80/hr for two students (\$40 each), \$105/hr for three students (\$35 each) \$120/hr for four students (\$30 each).

Location: Leo Ryan Park, Pickleball Court 4.

Supplies, pickleballs: \$5 per student

Please email: gwpickleballacademy@gmail.com



Leagues, water and concessions

Adult Softball Leagues

Join Spring, Summer and Fall Adult Softball Leagues at Edgewater Park. For more details or questions regarding adult softball, please email Oz Jimenez at ojimenez@fostercity.org or call (650) 286-3379. We look forward to having you participate in another great softball season in Foster City!

Adult Bocce Ball Leagues

Get your friends and colleagues together for this fun and social league. The league will be administered by the Foster City Parks and Recreation Department, and matches will be played at the Bocce Ball courts in Leo Ryan Park. For more information please contact Oz Jimenez at ojimenez@fostercity.com for afternoon and evening leagues.

Bocce Ball

Visit the bocce ball courts in Leo Ryan Park, 8 am-10 pm, seven days a week. Bring your own bocce set or borrow one from the Recreation Center.

Foster City Tennis Club

For social and tournament tennis, don't miss the fun and camaraderie offered by membership in the Foster City Tennis Club. The FCTC is a community organization sponsored by the City of Foster City Parks and Recreation Department and is open to interested tennis players of all levels. The club normally has over 375 members. The club, which plays on tennis courts throughout Foster City, sponsors several teams at various league levels. You can join the FCTC and get more information on their website at <https://www.fostercitytennisclub.org>.



Duffy Electric Boat Rental

Tour the Foster City lagoon at your leisure. Discover the serenity of being on the water!

Location: Boat Park

Edgewater Marine 766-9155

Lagoon Water Activities

Offering a variety of water activities on the lagoon and lessons available- windsurf, paddleboats, etc.

Location: Leo Ryan Park Boat House

California Windsurfing 594-0335

Baywinds Park Concessions

The Kite School <https://thekiteschool.com>

Wind Over Water <https://wowkiteboarding.com>

Support local youth sports with a purchase at the Snack Shack.

Location: Sea Cloud Park

(650) 573-0444

orders@piccadillycatering.com

Bay Area Dragon Boats

Formed in 1996, the Bay Area Dragon Boat Foundation is a nonprofit organization whose primary focus is dragon boat paddling and racing. The organization is run by 100% volunteers.

Visit www.bayareadragons.org for more details.

Ho'okahi Pu'uwai Outrigger Canoe Club

Ho'okahi Pu'uwai Outrigger Canoe Club (HPOCC) was founded in 1998 to promote outrigger canoeing and related Hawaiian and Pacific Island paddling sports.

Visit www.hpocc.org for more details.

Jazzercise

Feel amazing. And look even better.

Are you ready for the ultimate confidence infusion? Channel your inner pop diva in the original dance party workout. Blending dance with Pilates, yoga, kickboxing and strength training, one 55-minute session can burn up to 800 calories. The results? Long, lean muscles and an undeniable mood boost. All the Class Formats Discover the format that's right for your lifestyle and fitness goals.

Music - Routines are choreographed to hit songs that change up all year long. Find out what we're playing now. Come join in on all the fun that fitness brings. We are here to motivate you to the top of your game.

\$89 per month membership includes in person and online classes. One class at \$25 with pre-registration. All passes are available online along with any current promotional pricing.

Foster City Recreation Center - 650 Shell Blvd.			
Day	Time	Owner	Program
M-F	9 am	Candace	Varies
M/W	6 pm	Donna	Dance Mixx
M/W	7 pm	Donna	Express -30 Min
Brewer Island School Gymnasium - 1151 Polynesia Drive			
Sat.	8:30 am	Donna	Dance Mixx
Sun.	9 am	Donna	Dance Mixx

Dance Mixx: Torch fat, sculpt lean muscle and crush calories with this high intensity 55-60 minute workout that mixes dance-based cardio with strength training. Fresh pulse-pounding music and body-blasting moves bring the intensity to transform your body, boost your mood and ignite your energy.

Fusion: Supercharge your metabolism and blast fat fast. This circuit-based High Intensity Interval Training (HiiT) class fuses cardio pumping dance moves with muscle work. Rev up your results with this total body workout.

Interval: Don't just burn calories, incinerate them. Interval Dance Mixx adds High Intensity Interval Training (HiiT) cardio bursts to get your heart pumping and push your metabolism into overdrive. This total body cardio plus strength workout is a roller coaster ride and you want to be on it!

Strength: Go for confidence-inspiring contour and definition while you melt fat. It's fat-burning, muscle-sculpting, it-hurts-and-it's-worth-it strength training. This class will transform you!

Express: Cut to the chase with a 30 minute blast of dance-based cardio plus strength training. Rev it up and rock it out in half the time.

For more information call Candace at (650) 464-4483 or jazzerciseczn@gmail.com, Donna Jones at (650) 759-4852 or djfitness@mac.com. Visit www.Jazzercise.com or call 1-800-FIT-IS-IT. Please do not call the Recreation Center.



Community organizations

Lions Club

The Foster City Lions Club involves itself in many community and charitable activities such as youth and senior outreach programs, sight conservation projects, and local blood drives. Meets: 2nd and 4th Tuesdays of the month at 7pm at the Recreation Center.

Rotary Club

The Rotary Club of Foster City meets weekly on Wednesdays at 12:15 pm in the Foster City Crowne Plaza Hotel, and welcomes you to participate in our gathering. Our members experience personal and professional growth, and Rotary is a tremendous vehicle for the modeling of positive values. Our focus is to "Be a Gift to the World" through a variety of vocational service opportunities both locally and internationally. Please visit www.fostercityrotary.org to learn more. For questions, please contact Madlen Saddik, Rotary Membership Director at (650) 954-0848 or email saddiktravel@gmail.com.

Foster City Parents' Club

The Foster City Parents' Club is a community social and networking organization offering a supportive meeting place and forum for parents of young children from birth to five years living in and around Foster City. Members of the club have access to many regular events and activities such as playgroups, monthly new member socials, club wide parties, interest based sub-groups and parent only activities. Monthly General Meetings take place at locations around Foster City. To join the Foster City Parents' Club or for more information, visit www.fostercityparentsclub.org.

Foster City Community Chorus

This group is a mixed 75-voice adult chorus. Residents of all cities with an ability to match pitch are welcome. For more information visit www.peninsulamusicalarts.org or call (650)268-8345. Meets every Tuesday from 7 - 10 p.m. at Audubon Elementary School.

Foster City Association of Black Residents

The Foster City Association of Black Residents (FCABR) was established in 1967. An active participant in the early development of Foster City life. FCABR contributed to youth sports and special events, initiating Pop Warner Football, early Soccer, and batting cages. FCABR currently hold two free community events to celebrate Foster City diversity which include a September picnic and a January MLK social. Contact: Bill Stewart (650) 218-4459 for additional info.

Foster City Men's Club

The Foster City Men's Club brings together a diverse group of Foster City (and surrounding areas) men to enrich local families and support the community. Its focus is to bring together people for sociable, exciting events and supporting opportunities for Foster City children's education - with a particular emphasis on Science, Technology, Engineering and Math. Come join the fun!

Foster City Village

Foster City Village is a volunteer nonprofit organization committed to supporting older adults as they age in our community. We provide social connections, transportation, access to services, educational opportunities, light home/yard maintenance and more. Interested as a volunteer or as a member? Call (650) 378-8541 or visit us at www.fostercityvillage.org.



FOSTER
CITY
PARKS AND RECREATION

Community Directory

Parks & Recreation Department

Community Center	286-2500
Corporation Yard (Parks Division)	286-8140
Recreation Center	286-3380
Senior Wing	286-2585
VIBE - Teen Center	286-3254

City Departments

City Hall	286-3200
https://www.fostercity.org	
Community Development/Permits	286-3225
Emergency	9-1-1
Fire Department	286-3350
Police Department	286-3300

Community Partners

Chamber of Commerce	573-7600
http://fostercitychamber.com	
Library	574-4842
https://smcl.org	
San Mateo Adult School	558-2100
www.smuhsd.org/smas	
Commute.org	588-8170
https://www.commute.org	
Caltrain/Samtrans	1-800-660-4287
www.caltrain.com	
www.samtrans.com	

Community Organizations

Foster City Association of Black Residents	218-4459
Foster City Historical Society	
fchistorysoc@yahoo.com	
Foster City Lions Club	
http://www.fostercitylionsclub.org	
Foster City Rotary Club	
http://www.fostercityrotary.org	
Foster City Parents Club	
https://fcpc.wildapricot.org	
Foster City Village	378-8541
www.fostercityvillage.org	

Athletic Organizations

AYSO Soccer	
www.fcayso.org	
Bay Cities Bulldogs/Pop Warner	578-8248
Little League	533-9383
http://www.fcll.org	
Mariners Point Golf	573-7888
https://www.marinerspoint.com	
Pony/Colt League Baseball	
www.pencitiesbaseball.org	
PYSC/CYSA Soccer	
www.peninsula-soccer.org	
Tennis Club	
https://www.fostercitytennisclub.org	
Youth Softball Association	
www.fcysa.org/	

Resources

HIP Housing	348-6660
www.hiphousing.org	
Peninsula Conflict Resolution Center	513-0330
www.pcrcweb.org	
S.C.O.R.E.	573-7600
http://fostercitychamber.com	

Miscellaneous

Foster City Dog Park & Off-Leash Hours

Located at Boat Park, find a 20,000 square foot dog park to bring your canine for fun and exercise. The dog park includes separate fenced areas for small dogs and large dogs, synthetic turf and decomposed granite areas, and a water station. Foster City Dog Park's hours of operation run from 6 a.m. - 10 p.m. daily.

Dogs may be off-leash (but under control) from 5-8 am daily in designated areas of the following parks:

Boothbay Park

(Corner of Edgewater Blvd. and Boothbay Ave.)

Catamaran Park

(Corner of Shell Blvd. and Catamaran St.)

Edgewater Park

(Corner of Edgewater Blvd. and Regulus St.)

Farragut Park

(Corner of Beach Park Blvd. and Farragut Blvd.)

Sea Cloud Park

(Corner of Pitcairn Dr. and Sea Cloud Dr. 5-8 am Mon-Sat, 5-9 am Sun)

Smoke-Free Parks

To support park cleanliness, comfort, and health, the Foster City parks system has been designated a "smoke-free" zone. Your cooperation is appreciated.



**Parks
Make
Life
Better!**SM

Foster City Library

Foster City Library
1000 E. Hillsdale Blvd.
(650) 574-4842

For a complete program listing, visit:

<https://smcl.org>

Hours:

Monday-Tuesday 10 a.m. - 8 p.m.

Wednesday-Saturday 10 a.m. - 5 p.m.

Sunday Closed

Chinese Exploration

The Foster City Parks and Recreation Department, in partnership with Bright Horizon Chinese School, offers Chinese immersion classes. The program is designed to engage fun learning experiences through its creative curriculum and exciting activities. The Chinese language class develops students' communication, listening, speaking, and writing skills. Students explore and learn about Chinese culture through traditional Chinese dance, music, calligraphy, arts, drama acting, and much more. Programs are offered 12 - 3 pm and 3 - 5:35 pm for children in grades K-5. **For additional information, please call Bright Horizons directly at (650) 773-0917.**













































































































Instructor: Bright Horizon Chinese School teachers

Skate Park

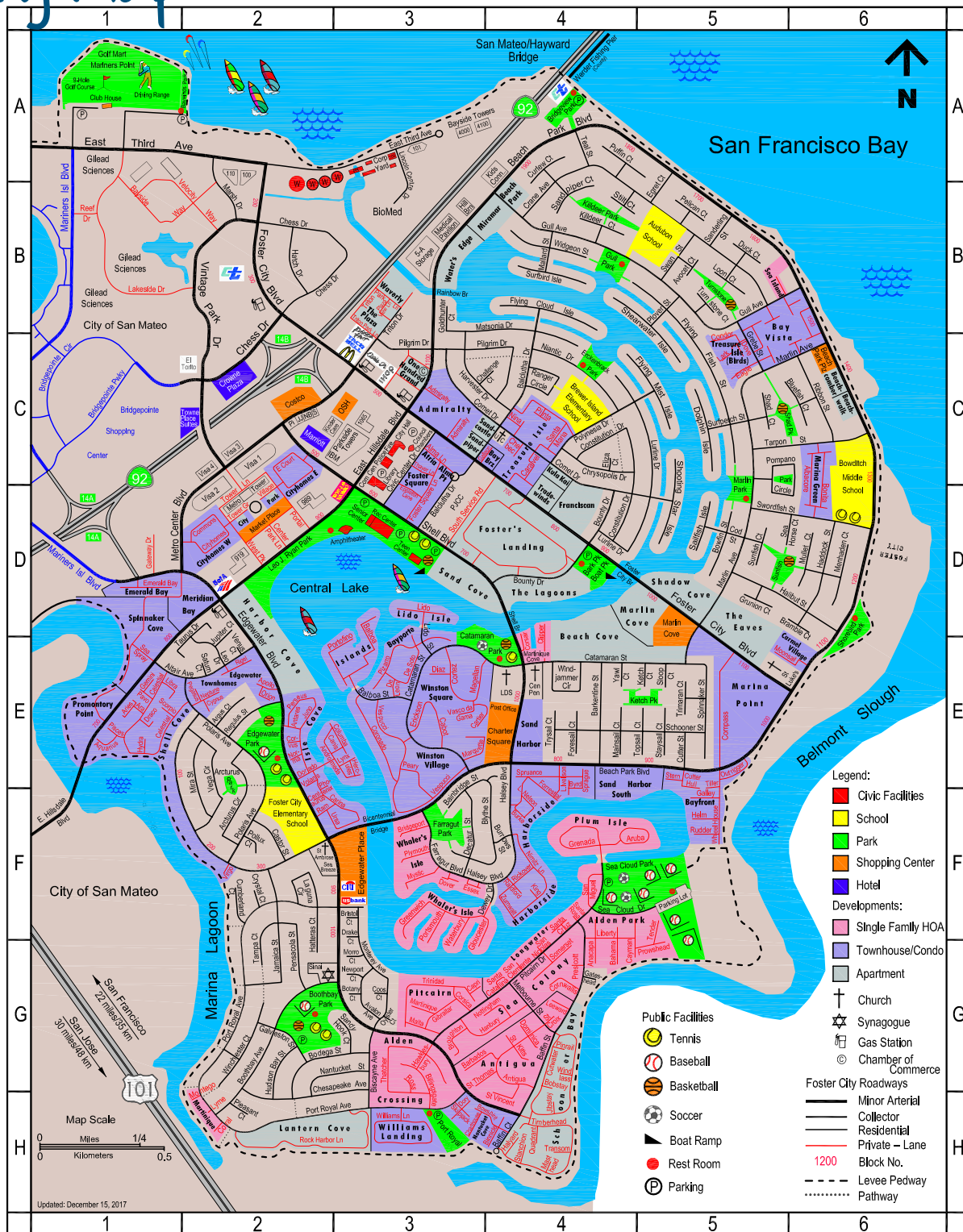
Our skate park, located next to The VIBE, is suitable for both beginners working on the basics and advanced skaters who want to improve their skills.

Park Amenity Grid

BALLFIELD 	BEACH 	CHILDREN'S PLAY AREA 	PICNIC AREA 	TENNIS COURTS 
BASKETBALL COURTS 	BIKE PATH 	PICKLE BALL COURTS 	RESTROOM 	VOLLEYBALL COURTS 
BARBECUE 	BOAT LAUNCH 	BOCCE BALL 	SOCCER FIELDS 	DOG PLAYGROUND 

PARKS/ACRES															
ARCTURUS/.75															
BAYWINDS/ 1.3															
BOAT /DOG/3.18															
BOOTHBAY/11.21															
BRIDGEVIEW/3.2															
CATAMARAN/5.88															
EDGEWATER/8.53															
ERCKENBRACK/3.48															
FARRAGUT/3.86															
GATESHEAD/.12															
GULL/3.14															
KETCH/1.6															
KILLDEER/2.42															
LEO J. RYAN/20.73															
LEO PARK/.015															
LEVEE PEDWAY/11.2															
MARLIN/3.13															
POMPANO/.56															
PORT ROYAL/3.98															
SEA CLOUD/23.9															
SHAD/2.16															
SHOREBIRD/ 3.5															
SUNFISH/2.41															
TURNSTONE/1.53															

City Map



Amphitheater D-3	Chamber of Commerce.. C-3	Gull Park B-4	Recreation Center..... D-3
Arcturus Park E-2	Corporation Yard A-3	Hillbarn Theatre B-3	Sea Cloud Park F/G-4/5
Audubon School B-5	City Hall C-3	Ketch Park E-5	Senior Wing D-3
Bay Winds A-2	Council Chambers C-3	Kildeer Park B-4	Shad Park C-5
Boat Park D-4	Dog Park D-4	Leo J. Ryan Park D- 2/3	Shorebird Park.....D/E-6
Boothbay Park G-2	Edgewater Park E-2	Library/Comm. Center . . D-3	Sunfish Park D-5
Bowditch C-6	Erckenbrack Park C-4	Marlin Park D-5	Turnstone Park B-5
Brewer Island School... C-4	Farragut Park F-3	Police Department C-3	VIBE Teen Center D-3
Bridgeview Park A-4	Fire Department C-3	Port Royal Park H-3	
Catamaran Park E-3/4	Foster City School F-2	Post Office..... E-3/4	

Registration Form



- Please write legibly; fill in all required spaces, including the activity number for each class.
- Mail or bring your registration form to: Recreation Center, 650 Shell Blvd. Foster City, CA 94404

HOUSEHOLD INFORMATION

Name: _____

Street Address: _____

City: _____ Zip: _____ Email: _____

Home Phone: _____ Cell Phone: _____

ACTIVITY REGISTRATION

Participant's Name	Age	Birthdate	M/F	Activity Name	Activity #	Fee

Persons with disabilities are welcome to participate in any class or activity offered. Do you have any special needs that require specific accommodations so you can fully enjoy one of our classes or facilities? If yes, check here:

Fees: \$ _____
 Non-Resident Fee (add \$10 per class): \$ _____
 TOTAL: \$ _____

REFUND POLICY

Requests for refunds received after the start of class and prior to the third class meeting will be prorated based on the number of classes conducted, not attended. Requests for refunds received after the start of the third class will be denied. A \$10 administrative fee will be deducted from all refunds. Medical emergencies may be exempt from this policy with certification from a doctor. Payments made with credit/debit will be refunded back to your payment method within 2-4 weeks. Payments made with cash/check will be refunded in the form of a check. Please allow 4-6 weeks to receive refund check.

I have read and agree to the Refund Policy.

Initials: _____

PAYMENT METHODS

- Cash - exact amount only
- Check - made payable to City of Foster City
- Credit/Debit - manual charge or online only

LIABILITY WAIVER & MEDIA RELEASE

I hereby agree to hold the City of Foster City, the Estero Municipal Improvement District, their employees, officers, and program and activity instructors harmless from all liability which may arise as a result of my participation in the above activities. In the event that the above named participant is a minor I hereby give my permission for his/her participation in the above listed activities and also agree to hold the City of Foster City, the Estero Municipal Improvement District, their employees, officers, and program and activity instructors harmless from all liability which may arise as a result from said minor's participation in such activities. I understand that the above named activities may involve risk or accidental injury and hereby voluntarily assume such risks. Participants of virtual recreation classes acknowledge they are responsible for ensuring their environment is safe/free from obstructions and that any use of third-party applications (e.g. Zoom, Google Meet, etc.) at their own risk. I/we agree to allow my/our photo and/or video for program publicity. If the participant is a minor, the parent or guardian must sign below.

Signature: _____ Date: _____

- Participant Parent Guardian

Registration policy Information

Resident registration opens Wednesday, April 13, 2022

Non-resident registration opens Monday, April 25, 2022

How to Register

Online: registration.fostercity.org

Mail: Mail registration form and payment to 650 Shell Blvd., Foster City, CA 94404

In Person: Drop registration form and payment in the mailbox located outside of the Recreation Center's main entrance or at the front desk.

Email: Send registration form to recreation@fostercity.org

- Checks - made payable to City of Foster City
- Credit/debit - transactions incur a 2.75% service charge
- Cash - exact amount only

Registration Information

- Make checks payable to the City of Foster City. Do not mail cash. Registration will not be processed without correctly paid fees.
- Class fees cannot be prorated; there will be NO make up sessions for participants who miss class.
- Classes not reaching minimum numbers may be canceled and all registration fees refunded.
- There is a non-refundable \$10 administrative fee for ALL classes, which is already included in the advertised cost.
- Non-resident fee: Add \$10 per class/activity

Refund Policy

- Requests for refunds received after the start of class and prior to the third class meeting will be prorated based on the number of classes conducted, not attended.
- Requests for refunds received after the start of the third class will be denied. A \$10 administrative fee will be deducted from all refunds.
- Medical emergencies may be exempt from this policy with certification from a doctor.
- Payments made with credit/debit will be refunded back to your payment method within 2-4 weeks.
- Payments made with cash/check will be refunded in the form of a check. Please allow 4-6 weeks to receive refund check.

Satisfaction Guarantee

- If you're not completely satisfied with any of our programs please let us know! We value your feedback, and will work with you to resolve your concerns.

Staff Information

CITY MANAGER

Kevin Miller

RECREATION STAFF

Tiffany Oren, Recreation Manager
toren@fostercity.org, (650) 286-3395

Estelle Gobrera, Management Analyst
egobrera@fostercity.org, (650) 286-3389

Colleen Gotthardt, Recreation Coordinator II
cgotthardt@fostercity.org, (650) 286-3378

Oswald Jimenez, Recreation Coordinator II
ojimenez@fostercity.org, (650) 286-3379

Bob Koehler, Recreation Coordinator II
bkoehler@fostercity.org, (650) 286-3382

Dusty Landwehr, Recreation Coordinator
dlandwehr@fostercity.org, (650) 286-3374

Sandy Castro, Administrative Assistant II
scastro@fostercity.org, (650) 286-3385

Kelly Hawkins, Administrative Assistant I
khawkins@fostercity.org, (650) 286-3285

Tiernan Kang, Building Services Coordinator
tnkang@fostercity.org, (650) 286-3386

PARKS STAFF

Frank Fanara, Parks Manager
ffanara@fostercity.org, (650) 286-3553

Emely Dela Cruz, Administrative Assistant II
ecruz@fostercity.org, (650) 286-3568

Salvador Acevedo
Jamie Echeverria
Todd Haena
Manuel Garcia
Garrett Gotthardt
Lava Kioa
Carlos Munguia
Genaro Munoz
Luis Neri
Matthew Ryan
Raul Salazar
Naz Schroeder
Wilber Ventura
Danny Weber

PARKS AND RECREATION COMMITTEE

Fred Baer
Eric Corpus
Tracy Delmonico
Doris Duncan, Chair
Stacey Jimenez, Vice Chair
Yvonne Ryzak
Raj Tiwari, Secretary



Hours

Foster City Recreation Center

650 Shell Blvd.
Phone: (650) 286-3380
Fax: (650) 345-1408

Business Hours:

Monday-Friday..... 8 a.m. - 5 p.m.

Building Hours:

Monday-Friday.....8 a.m. - 10 p.m.*
Saturday..... 9 a.m. - 11 p.m.*
Sunday..... 9 a.m. - 10 p.m.

Foster City Community Center

1000 E. Hillsdale Blvd.
Phone: (650) 286-2500
Fax: (650) 638-1936

Business Hours:

Monday-Thursday..... 8 a.m. - 5 p.m.

Building Hours:

Monday - Thursday 8 a.m. - 10 p.m.
Friday - Saturday Open for Rentals
Sunday..... Closed*

**NOTE: Building hours may vary based on programming and rentals.*

Parks & Rec Social media

Connect with the Parks and Rec

Website:

www.fostercity.org/parksrec



Facebook:

www.facebook.com/FosterCityRecreation/



Twitter:

[@fcrecreation](https://twitter.com/fcrecreation)



Instagram:

[@fcrecreation](https://www.instagram.com/fcrecreation)

Connect with the City

Be sure to keep up with the City of Foster City online 24/7. It's easy and convenient, and right at your fingertips on your computer or mobile device!

Website: www.fostercity.org

Facebook: www.facebook.com/CityofFosterCity

Twitter: [@cityoffc](https://twitter.com/cityoffc)

Instagram: [@cityoffc](https://www.instagram.com/cityoffc)

YouTube:

<https://www.youtube.com/user/CityofFosterCity>

Foster City Forum: www.fostercity.org/community/page/foster-city-forum-0

Foster City Access: [/www.fostercity.org/community/page/foster-city-access](http://www.fostercity.org/community/page/foster-city-access)



CITY OF FOSTER CITY

2022 Summer Concerts

6 - 8 PM IN LEO RYAN PARK

JOIN US IN THE LEO RYAN PARK AMPHITHEATER FOR THE RETURN OF OUR SPECTACULAR SUMMER CONCERT SERIES!

JULY 15

BAND: POP FICTION
GENRE: POP

JULY 22

BAND: MANIA
GENRE: BEATLES TRIBUTE

JULY 29

BAND: NATHAN OWENS
GENRE: MOTOWN/SOUL

AUG 5

BAND: MAROON VIBES
GENRE: MAROON 5 TRIBUTE

AUG 12

BAND: TOWNSHIP
GENRE: COUNTRY

AUG 19

BAND: CALIFORNIA BEACH BOYS
GENRE: BEACH BOYS TRIBUTE

SUMMER DAYS KICKOFF CONCERT
IN THE LEO RYAN PARK MEADOW!

