

Music Series - *WINTERZOOM21.M1*

Description: The focus of this workshop is to create and explore a new talent, to reminisce, for self-expression and relaxation. This workshop's activities are "Song Writing Workshop, New Year's Song". The "Class in a Box" supplies will be provided for each participant to pick up, before the first day of this virtual class.

This Music Workshop Series of workshops is led by Ms. Frances, who is a creative arts/recreation therapist and performing musical artist with years of experience. The instructor speaks, English, Spanish and Tagalog.

SPONORED by: The Foster City Village, Gilead, Sequoia Healthcare District, and in partnership with the Foster City Parks and Recreation Department.

Activity	Dates	Days	Times	Price
WINTERZOOM21.M1-A	01/19/21	Tu	1 – 3 PM	\$5

Music Series - *WINTERZOOM21.M2*

Description: The focus of this workshop is to create and explore a new talent, to reminisce, for self-expression and relaxation. This workshop's activities are "Singalong (featuring favorite love songs)". The "Class in a Box" supplies will be provided for each participant to pick up, before the first day of this virtual class.

This Music Workshop Series of workshops is led by Ms. Frances, who is a creative arts/recreation therapist and performing musical artist with years of experience. The instructor speaks, English, Spanish and Tagalog.

SPONORED by: The Foster City Village, Gilead, Sequoia Healthcare District, and in partnership with the Foster City Parks and Recreation Department.

Activity	Dates	Days	Times	Price
WINTERZOOM21.M2-A	02/16/21	Tu	1 – 3 PM	\$5

Music Series - *WINTERZOOM21.M3*

Description: The focus of this workshop is to create and explore a new talent, to reminisce, for self-expression and relaxation. This workshop's activities are "Music Reminiscing & Drum/Percussion Circle". The "Class in a Box" supplies will be provided for each participant to pick up, before the first day of this virtual class.

This Music Workshop Series of workshops is led by Ms. Frances, who is a creative arts/recreation therapist and performing musical artist with years of experience. The instructor speaks, English, Spanish and Tagalog.

SPONORED by: The Foster City Village, Gilead, Sequoia Healthcare District, and in partnership with the Foster City Parks and Recreation Department.

Activity	Dates	Days	Times	Price
WINTERZOOM21.M2-A	03/16/21	Tu	1 – 3 PM	\$5