

Youth & Teen

Arts & Crafts

Ceramics

Instruction will include hand-building techniques – pinch, coil, slab and free hand. Classes are flexible so that each individual can expand and express at his/her own level. Goals of the course: To teach the skills needed to make both functional and sculptural pieces that will stay together through the firing process, to allow the children to open their minds and to express themselves in an open and positive environment.

Instructor: Tammerlaine Burwell

Ages: 8-18 yrs.

302173-A 1/6-2/24 W 4:15-5:45p \$85 Ceramics

Christina's Art Adventure

Does your child love art? An exciting art adventure awaits every Saturday morning as your child goes on an artistic journey of self-expression utilizing various art mediums such as paint, fabric, clay and more. Your child will learn cartooning, fashion design, jewelry making, abstract art and 3-d painting. Your child will gain new friendships, discover new interests, and further develop their creative passions. Their creativity will come alive and their confidence will soar. A \$60 lab fee will be payable to the instructor the first day of class.

Instructor: Christina Stenstrom

Ages: 7-12 yrs.

302101-A 1/9-3/12 Sa 10:30a-12:30p \$200 Gull

Music & Dance

Pre-Ballet

This class will introduce your child to the fundamentals of Ballet. They will learn pli e, tendue and saut e and more. We will have fun skipping and twirling like a ballerina. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting). Parents are invited to watch the first and last class.

Instructor: Sheri Alonso

Ages: 4-6 yrs.

301331-A 1/7-3/3 Th 3-3:40p \$95 Spirit

Ballet Technique

In this class we will focus on Ballet techniques while learning the different positions, correct alignment, working at the barre, center and across the floor work. Ballet improves your posture, strength and coordination and is a great base for any dance style. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting). Parents are invited to watch the last class.

Instructor: Sheri Alonso

Ages: 6-11 yrs.

301331-B 3/17-3/3 Th 3:45-4:45p \$110 Spirit

Ballet 1

This class is designed for the student who has had at least three sessions of ballet technique, equivalent training or instructor's approval. We will continue to build on ballet technique while also learning turns, waltz, pas de bouree and more. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting). Parents are invited to watch the last class.

Instructor: Sheri Alonso

Ages: 8-13 yrs.

301331-C 1/7-3/3 Th 4:45-5:45p \$95 Spirit

Tap Intro.

This class is designed for students with little or no tap experience. This class will focus on the basic tap steps including a variety of shuffles, flaps, slaps and more. Students will work both center and across the floor. Please wear leotard (with no skirt attached as it can be a distraction) and tap shoes. Parents are invited to watch the last class.

Instructor: Sheri Alonso

Ages: 6-10 yrs.

301332-B 1/7-3/3 Th 5:45-6:30p \$115 Spirit

Beginning Ukulele

Playing the ukulele is easy and fun! Sign up now and don't miss out on learning to play this classic Hawaiian instrument. You will learn tuning, basic chord positions, chord progressions, and strumming patterns. By the end of the course, you will be able to play many popular songs. Music Art will provide ukuleles for class and home use. **No Class on Monday, January 18 and February 15.**

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 14 yrs.-Adult

302228-B 1/4-3/21 M 7-7:50p \$230 Off Site

Kathak Indian Classical Dance New

There are two aspects of the Indian Classical dance - the pure dance and the interpretative dance. India offers a number of classical dance forms, Kathak being one of the most popular ones. Kathak emanates from northern India, it tells a story, and includes intricate fast foot work. The structure of a conventional Kathak performance tends to follow a progression in tempo from slow to fast, ending with a dramatic climax. In the first half hour students will learn the basics and different elements of the dance, namely Tatkar, Hastak, Chaal, Chakra, Tukra (short dance composition). In the second half hour they will learn a choreographed dance piece based on these various elements. Handouts of teachings will be given out in class. If anyone needs ghungroo ('musical anklet'), please contact instructor. Performance opportunities may be given to good performers. For questions, email: romiroy@hotmail.com.

Instructor: Romi Ghosh (Roy)

Ages: 6-11

303319-B 1/9 - 3/19 Sa 11:10a-12:10p \$200 Spirit

Ages 12 - UP

303319-A 1/9 - 3/19 Sa 10:00-11:00a \$200 Spirit

Rock Drums, Beginning

Rock out with us on the drums! Have fun learning to play drums and other percussion instruments. You will learn to play different styles of drum rhythms, read music notation, and write your own rhythms. By the end of this session, you will be able to rock out on a drum set and other percussion instruments. Students will use electronic drum pads in class and will receive a drum pad and drumsticks for practicing at home. **No Class on Monday, January 18 and February 15.**

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 8-13 yrs.

302227-A 1/4-3/21 M 6-6:50p \$230 Off Site

Piano, Beginning

Learn to play the piano in a special group setting. Students will each sit at an electric piano with headphones as the instructor rotates through the students. This is a great method for a beginning through intermediate student. The method has several levels that encourage students to excel and move up to the next level. Books are given at the first class and are covered in the class fee. Maximum of six students per class.

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 5-7 yrs.

302207-A 1/6-3/9 W 3:30-4:20p \$237 Off Site

302207-B 1/6-3/9 W 4:30-5:20p \$237 Off Site

Ages: 6-10 yrs.

302207-C 1/6-3/9 W 5:30-6:20p \$237 Off Site

302207-D 1/5-3/8 Tu 6-6:50p \$237 Off Site

Ages: 7-11 yrs.

302207-E 1/6-3/9 W 6:30-7:20p \$237 Off Site

Youth & Teen

Guitar

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 8-13 yrs.

Beginning - Your path to guitar mastery begins here. You'll learn to play guitar with an emphasis on reading music. Music Art will provide guitars for class and home use for the session. All students will receive Book One (with CD) at the first class.

302217-A 1/7-3/10 Th 6:30-7:20p \$240 Off Site

Intermediate - Students must complete beginning guitar to enroll at this level. Book Two (with CD), provides a strong emphasis on reading, adding more notes and more intricate rhythmic patterns. Hand strengthening exercises will be practiced to prepare students for chord playing. Students must complete this course to enroll in the advanced class. Students must supply their own guitars.

302217-B 1/5-3/8 Tu 7-7:50p \$240 Off Site

Happy Harmonica Happening New

Can't carry a tune in a bucket? Can't read music and don't want to? Bill will have you playing a selection from Beethoven's 9th Symphony by the end of the first hour. You'll learn using a new method never seen before. If a 98 year old can learn how to play the harmonica, so can you. **A \$10 materials fee is to be paid to the instructor at the first class meeting for a harmonica.**

Instructor: Bill Fried

Ages: 8-18 yrs.

302222-A 1/26-3/29 Tu 4-5p \$245 Spray

Tap Dancing for Teens and Adults

Want to make music with the "souls" of your feet? Join us in exploring the rhythms of a uniquely American dance style - Tap Dancing! Instructor: Melissa Cheu

Ages: 12 yrs.-Adult

Tap I - Join us for a beginning level class - no previous dance experience required. Learn the basics of shuffles, flaps, and simple combinations. Tap shoes required after the first class.

303347-A 1/26-3/29 W 8:20-9:05p \$85 Spirit

Tap II - If you've mastered flaps and shuffles, join us in exploring more complex combinations.

303347-B 1/26-3/29 W 6:10-7:10p \$90 Spirit

Tap III - Looking for more of a challenge? This class moves quickly, so previous experience is a must.

303347-C 1/26-3/29 W 7:15-8:15p \$90 Spirit

Special Interest

Animation Creators: Digital Animation with PC!

Working with PC Computers, participants will learn skills that help with computer drawing, character and movement, voiceover work and character interaction and speech. In small groups, students will focus on learning introductory computer animation techniques and will create original characters and short animated stories!

Instructor: Freshi Media Staff

Ages: 8-12 yrs.

305439-A 2/19 -3/18 F 3:45-5:45p \$135 Sunfish

Advanced Debates (New)

This class explains various debate formats to the students. They learn how to write full-length constructive and refutation speeches for various debate layouts. They begin to do research and debate on more involved and current affairs topics. It not only improves their speaking and critical thinking skills but also expands their general knowledge on current issues and other matters.

Instructor: Gurus Education

Off Site Location: Sail Room, Community Center, 1000 E. Hillsdale Blvd., Foster City

305171-A 1/5-3/8 Tu 4:30-5:30p \$200 Off Site

Looking for Cardiopulmonary Resuscitation CPR or Emergency Preparedness for Home and Work Please refer to Focus on Family Section, Pg. 21

Intensive SAT/ACT Math Prep

This course offers students a comprehensive review on SAT/ACT Math and test-taking strategies. It is taught by a professional SAT/ACT tutor who is a graduate of UCLA. She also received honors from graduate programs at USC and UC Davis. Please direct course questions to rscbusiness2010@gmail.com. To see her experiences, please Google Cerise Smart Tutoring, her tutoring business. The search engine will direct you to her website and facebook page. **\$20 material fee is payable to instructor at first class.**

Instructor: Ruby Chen

Ages: 16-18 yrs.

302499-B 2/13-2/27 Sa 10a-1p \$270 Crane

Writing and Vocabulary for College Bound High Schoolers

Building essential writing skills by connecting a robust vocabulary to an organized idea. Establishing basic cause-effect sequences in Standard Written English.

Instructor: Adam Donovan

Ages: 14-17 yrs.

302494-A 1/6-3/9 W 3:30 - 5p \$245 Spray

Personal Finance/Money Management (New)

The goal of these courses is to build financially responsible and smart youth. Students are taught about health, sex from 5th grade but there are no courses about financial literacy in our k-12 school curriculum. It is a very important skill to have. The financial decisions that we take make great impact in shaping our lives. These courses are ideal to sow seeds early on in raising financially responsible and smart youth.

Off Site Location: Sail Room, Community Center, 1000 E. Hillsdale Blvd., Foster City

Instructor: Gurus Education

Ages: 10-16 yrs.

303410-A 1/5 - 3/8 Tu 5:30-6:30p \$200 Off Site

Common Core Writing/Reading: Narrative

Narrative Writing is specifically designed to strengthen student's writing skills. In this course, students learn how to differentiate between narrative and other types of writing. Practice narrative writing in such styles as the personal narrative, letter, and short story. Discover the importance of prewriting, revision, and editing. Experienced educators, detailed feedback! Material: \$25. (408) 777-8876, www.communicationacademy.com. **No class on February 19.**

Instructor: Communication Academy

Ages: 7-8 yrs.

305444-E 1/8-3/11 F 4-5p \$230 Spray

Ages: 9-11 yrs.

305444-F 1/8-3/11 F 5:15-6:15p \$240 Spray

Youth & Teen

Math Olympiad

Our ongoing Math Olympiad Series is designed to help students strengthen math intuition and master major strategies in creative problem solving. Topics may include sequences, series, principles of divisibility, geometric configurations and logic. Students become proficient in problem solving techniques, discover the fun of math, and increase Math Olympiad scores. Different topics covered each quarter; courses can be taken in any order. A materials fee of \$15 is due at the first day of class. For course information call (408) 777-8876, or visit www.communicationacademy.com. **No class on Saturday, February 13.**

Instructor: Communication Academy

Off Site Location: Beresford Recreation Center, 2720 Alameda de las Pulgas, San Mateo

Ages: 7-8 yrs.

305444-G 1/9-3/12 Sa 10:45-11:45a \$230 Off Site

Ages: 9-11 yrs.

305444-H 1/9-3/12 Sa 9:30-10:30a \$240 Off Site

Pre-Public Speaking: Confident Voice

Enhance your child's public speaking foundation. Students learn in a collaborative environment that fosters confidence, clear speech, proper nonverbal communication, and encourages children to organize their thoughts and exhibit vocal confidence. Ongoing feedback, experienced instructors. Material fee of \$15 is due to instructor the first day of class. For more information: (408)777-8876 or www.communication-academy.com. **No class on Thursday, February 18.**

Instructor: Communication Academy

Off Site Location: Sail Room, Community Center, 1000 E. Hillsdale Blvd., Foster City

Ages: 5-6 yrs.

305450-A 1/7-3/10 Th 4-5p \$230 Off Site

Ages: 7-8 yrs.

305450-B 1/7-3/10 Th 5:15-6:15p \$230 Off Site

Public Speaking: Impromptu

Impromptu speaking empowers your child to think quickly and fearlessly on their feet. Video recording preserves your child's progress. Material Fee: \$25 (408)777-8876 www.communicationacademy.com **No class on Saturday, February 13.**

Instructor: Communication Academy

Ages: 9-11 yrs.

305450-C 1/9-3/12 Sa 2:15-3:15p \$240 Spray

Ages: 11-14 yrs.

305450-D 1/9-3/12 Sa 1-2p \$240 Spray

Introduction to Video Game Design!

Learn how to create and design an original and interactive video game! Working with PC's beginning Game developers work with a partner to conceive, design and build their own original computer game. Everything created is original to the team, including characters, backgrounds and theme. Students use creative and critical thinking to complete their games. No experience needed.

Instructor: Freshi Media Staff

Off Site Location: Sail Room, Community Center, 1000 E. Hillsdale Blvd., Foster City

Ages: 8-12 yrs.

305438-A 2/22-3/21 W 3:45-5:45p \$135 Off Site

Chinese Exploration

The Foster City Parks and Recreation Department, in partnership with Bright Horizon Chinese School, offers Chinese immersion classes. The program is designed to engage fun learning experiences through its creative curriculum and exciting activities. The Chinese language class develops students' communication, listening, speaking, and writing skills. Students explore and learn about Chinese culture through traditional Chinese dance, music, calligraphy, arts, drama acting, and much more. Programs are offered 12p-3p and 3pm-5:35pm for children in grades K-5. **For additional information, please call Bright Horizons directly at (650) 773-0917.** Instructor: Bright Horizon Chinese School teachers

Sports & Fitness

Bombay Jam

Powered by the explosively fun, globally appealing Bollywood culture, Bombay Jam is the ultimate dance fitness total body workout that is effective, safe, easy to follow, and packed with authentic Bollywood flavor. The program has a serious focus on integrating fun and fitness. Bombay Jam incorporates cardio and toning routines into one action packed class with routines that are set to custom music mixes created by Bombay's hottest DJs. The music is a blend of Bollywood and mainstream Top 40 tracks, resulting in one-of-a-kind mixes that are refreshing, energizing and universally appealing. In just an hour-long class, you can burn up to a whopping 800 calories. **No class on Monday, January 18 and February 15. Bring Yoga mat and water. <https://www.bombayjam.com/instructor/priyanka-shinde/> Contact instructor at fitwithpri@hotmail.com or call (650) 918-0774.**

Instructor: Priyanka Shinde

Ages: 13 yrs.-Adult

303313-A 1/4-3/21 M 8-9p \$120 Lagoon

Intro. to Ice Skating

Make your child's first skating experience a good one. Learn the basics of ice skating in our safe and nurturing environment. Skaters will gain skills and confidence to progress into our skating program. Please arrive 15 minutes early for class. Please wear warm, non-restrictive clothing, ankle high socks, and gloves or mittens. Helmets are encouraged. **No class on April 7.**

Instructor: Belmont Iceland Staff

Off Site Location: Belmont Iceland, 815 Old County Road, Belmont

Ages: 7-12 yrs.

302528-A 1/7-2/11 Th 6:15-6:45p \$76 Off Site

302528-B 2/25-4/14 Th 6:15-6:45p \$89 Off Site

Gymnastics with Peninsula Gymnastics

Our program consists of movement and gymnastics classes designed to help students develop a sense of physical fitness, coordination, and self-esteem. Students learn basic gymnastics skills such as climbing, rolling, swinging, jumping and balancing while improving their listening skills and ability to follow directions. Classes include use of: tumble trak, rings, trapeze, balance beam, preschool bars, Olympic size padded floor, foam-filled pit, and two in-ground trampolines.

Instructor: Peninsula Gymnastics USAG Certified Staff

Off Site Location: Peninsula Gymnastics, 1740 Leslie Street, San Mateo

Ages: 2-4 yrs.

301536-A 1/5-3/8 Tu 10-10:55a \$165 Off Site

301536-B 1/6-3/9 W 9-9:55a \$165 Off Site

Ages: 4-6 yrs.

301536-C 1/5-3/8 Tu 2:30-3:25p \$165 Off Site

301536-D 1/5-3/8 Tu 3:30-4:25p \$165 Off Site

301536-E 1/6-3/9 W 2-2:55p \$165 Off Site

301536-F 1/6-3/9 W 3-3:55p \$165 Off Site

Hakua Kai Karate

Build self-confidence and physical strength as you learn the skill and movements of the traditional art of Japanese Karate-Do. Classes will combine lecture and physical training. You will gain positive spirit, good health, and learn self-defense. A Karate (Gi) uniform is required for all classes, and can be purchased from the instructor. See individual class descriptions below.

Instructor: Master Instructor Sensei Edwards, 7th Degree Black Belt and/or staff

Youth & Teen

Karate, Intro/Beg. - Coed

This class will emphasize hand-eye coordination, body awareness, social interaction, and concepts of Karate. It also builds confidence and motivates your child to learn, and increase concentration. New students should enter at this level, complete at least 2 or 3 sessions, or have equivalent training, or instructor's approval before moving to a more advanced class. **No class on Monday, January 18 and February 15.**

Ages: 5-13 yrs.

302553-A 1/6-3/9 M&W 5-5:45p \$216 Mist

Karate, Advanced Beginner

This course will continue lecture and physical training in Japanese Karate which will stress more advanced basic level of blocking, kicking, punching, and striking. Contents to include skill drills, Kihon, Kata, and Kumite. Not for the first time students. **No class on Monday, January 18 and February 15.**

Ages: 7-16 yrs.

302553-C 1/6-3/9 M&W 5:45-6:30p \$216 Mist

Karate, Intermediate/Advanced

This class is designed for children who have completed two or more sessions of Pre-Karate I and/or have the instructor's approval. Children will work on refining their skills at a more advanced level. All students in this class must have instructor's approval and pass a beginning level exam before advancing up in class.

Ages 7-16 yrs.

302555-A 1/6-3/9 M & W 6:30-7:15p \$216 Mist

Kidz Love Soccer

Kids learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. A session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "Where the score is always fun to fun." Visit www.kidzlovesoccer.com for more information. Shin guards are required after the first meeting. Note: Rainout hotline is 1-888-372-5803. All participants will receive a Kidz Love Soccer jersey!

Instructor: Kidz Love Soccer Staff

Location: Edgewater Park, Foster City

Soccer 1: Techniques & Teamwork –Players will learn dribbling, passing, receiving, shooting, defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Soccer 1 is well suited to the first time player while still being fun and engaging for kids who already have soccer experience. All participants will receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

Ages: 5-6 yrs.

301594-A 1/29-3/18 F 4:20-5:05p \$114

Soccer 2: Skills & Scrimmages

Kids 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include scrimmages that emphasize application of the skills that players are developing. All levels are welcome to come enjoy the world's most popular game. Each participant receives a soccer jersey. Shin guards are required.

Ages: 7-10 yrs.

301595-A 1/29-3/18 F 5:05-5:50p \$114

**Looking for Kobujutsu (Weapons),
Intro/Beg./Coed or Kobujutsu
(Weapons), Inter./Coed
Please refer to Adults Section
Pg. 30**

Kendo

NEW

Kendo is rooted in the sword fighting techniques of the Samurai. The martial art conditions the body and spirit through exhilarating and rigorous training. Practitioners will learn fundamental body movements and fighting techniques. Participation requires the use of a shinai (bamboo sword), which can be purchased on site. Advanced level students will wear protective gear and engage in actual combat. There is an additional yearly fee not included in the class fee. For more information visit www.sanmateokendo.org.

Instructor: San Mateo Kendo Dojo

Ages: 10yrs. – Up

303611-A 1/9-3/26 Sa 3-5p \$18 Spirit

Indoor Rock Climbing

Do your kids love to climb anything in sight? Looking for something new and fun to do this fall? Your child will learn to climb, play climbing games, and meet other young climbers in a safe environment. Please arrive 15 minutes early to complete liability waiver form. Parents must bring government issued photo identification for waiver verification. Planet Granite T-shirt is included.

Off Site Location: Planet Granite, 100 El Camino Real, Belmont, (650) 591-3030.

Instructor: Planet Granite Staff

Ages: 5-13 yrs.

305545-A 1/5-2/2 Tu 4-6p \$175 Off Site

305545-B 1/7-2/4 Th 4-6p \$175 Off Site

305545-C 1/8-2/5 F 4-6p \$175 Off Site

305545-D 2/9-3/8 Tu 4-6p \$175 Off Site

305545-E 2/11-3/10 Th 4-6p \$175 Off Site

305545-F 2/12-3/11 F 4-6p \$175 Off Site

305545-G 3/15-4/5 Tu 4-6p \$175 Off Site

305545-H 3/17-4/7 Th 4-6p \$137 Off Site

305545-I 13/18-4/8 F 4-6p \$137 Off Site

**Looking for Terrific Tiny Tennis
Please refer to Tots Section Pg. 8**

Tennis, Youth

Tennis is the sport for everyone! Enjoy top-flight instruction! Youth classes of 3-8 students will consist of six hours of instruction. Classes of two students will consist of four hours of lessons. Students provide own rackets. ***No lessons on Monday, January 18.**

Please see the Tennis Skill Levels Descriptions for more details.

Location: Tennis Courts #3 and #4 – Shell Blvd.

Instructors: Stanford/Whitlinger & Sarsfield Tennis

Quickstart Tennis

Kids 8-10 years old will enhance their skill development with low compression tennis balls on the "60-ft. court." Play to learn.

Ages: 8-10 yrs.

302521-A 1/19-2/4 Tu & Th 4-5p \$81

302521-B 2/23-3/11 Tu & Th 4-5p \$81

Quickstart Advantage

Kids, 8-10 yrs. old, who are fairly consistent on maintaining a slow paced rally on a "60-ft. court." Players should have prior Quickstart experience and/or instructor's approval.

Ages: 8-10 yrs.

302521-C 1/11-2/1* M & W 4:30-5:30p \$81

302521-D 2/22-3/10 M & W 4:30-5:30p \$81

Junior Novice

Develop the essential techniques with emphasis on control, depth, and direction. Lessons also incorporate rules, etiquette, and basic doubles play.

Ages: 11-14 yrs.

302521-E 1/19-2/4 Tu & Th 5-6p \$81

302521-F 2/23-3/11 Tu & Th 5-6p \$81

Junior Intermediate

For players who are consistent on the medium paced shots but need to develop more spin, power and/or variety. Basic to advanced shots, strategy and tactics will be introduced and reinforced by performance enhancing skills.

Ages: 11-14 yrs.

302521-G 1/11-2/1 M & W 6:30-7:30p \$81

302521-H 2/22-3/10 M & W 6:30-7:30p \$81

Youth & Teen

Looking for Tennis, Teen & Adult
Please refer to Adult Section Pg. 31

Individual Tennis Lessons, Stanford Tennis

Learn new strokes or improve your old ones through individualized lessons based on your needs. All ages welcome, from beginners to advanced. To arrange a lesson, please call the Recreation Department at (650) 286-3380 or visit www.WhitlingerSarsfieldTennis.com for more information.

Instructor: Stanford/Whitlinger & Sarsfield Tennis

Location: Tennis Courts #3 and #4 - Shell Blvd.

Fee: \$65 per hour or \$180 for three one-hour lessons.
Add \$5 per hour for each additional person.

Individual Tennis Lessons, Zalles Racquet Sports

Beginning students learn forehand, backhand, footwork, serve, volley, and are introduced to game strategy. For intermediate and advanced students there are drills, technique corrections and strategies for competitive point play. Develop your potential and maximize your enjoyment of the game. All ages, all levels. **Call Zalles Racquet Sports at (650) 345-9727 to make arrangements.**

Location: Boothbay Park

Fee: \$65 per hour or \$180 for three one-hour lessons.
Add \$5 per hour for an additional person.

Tennis Rain Policy

In case of rain, please contact the recreation center no earlier than one hour before your lesson or check with the instructor at the court. **NO POSTPOSTMENT ANNOUNCEMENT WILL BE INITIATED BY THE INSTRUCTOR OR THE REC. DEPT.** If at any time the instructor is absent, report to the next scheduled lesson. The makeup date(s) will be listed online at WhitlingerSarsfieldTennis.com. Unless notified to the contrary, makeup lessons will be forwarded to the next normal meeting day and time. However, Fridays (for weekday lessons) will be used when there is a conflict with an incoming class.

Note: if any earlier class is postponed due to rain, following classes may also be postponed that day even if the courts become dry.

Volleyball, Beginning - Low Intermediate

Learn how to play organized volleyball and improve your volleyball skills. This class emphasizes the fundamentals of passing, setting, hitting, serving, blocking, rules, protocols, 6-0 and 6-2 offenses, perimeter defense, set calling, and teamwork. Two courts, lots of playing time. Attendance on first night is required for new participants. A \$3 lab fee is due at the first class. **No Class on Monday, January 18 and February 15.**

Instructor: Clint Steele

Off Site Location: Brewer Island Gym, 1151 Polynesia Drive, Foster City

Ages: 14 yrs.-Adult

303505-A 1/4-3/28 M 7-10p \$71 Off Site

Volleyball, High Intermediate - Advanced

For the experienced volleyball player. This class is intended for those players that already possess the basic individual and team skills. The ability to serve, pass, set, spike, run a 6-2 offense, and a perimeter defense are prerequisites. This class emphasizes specialization, multiple offenses, multiple defenses, play calling, strategies, and other finer points of the game. You are expected to already know rules and volleyball protocols and to have demonstrable, consistently good fundamental skills. Two courts, lots of playing time. Attendance on the first night is required for new participants. A \$3 lab fee is due at the first class.

Instructor: Clint Steele

Off Site Location: Brewer Island Gym, 1151 Polynesia Drive, Foster City

Ages: 14 yrs.-Adult

303506-A 1/63/30 W 7-10p \$82 Off Site