



FOSTER CITY

parks &

ACTIVITY GUIDE

recreation

S



SPE

**Parks
Make
Life
Better!**SM

FALL 2014
Registration Begins August 13
www.fostercity.org

2

Community Bike Ride

FREE!

Sunday, September 21, 10am-1pm

Boothbay Park

Families and individuals are invited to participate in a 2.5 or 5 mile ride with other community members along the beautiful levee-pedway in Foster City. Free bike and helmet safety checks will be provided, along with water and treats at the halfway point and finish line. Come join the fun at this Foster City Family Fun Series event!



Halloween Festival

Saturday, October 25, 11am-2pm

The Vibe

Join us for a SPOOKTACULAR day of food, games, and fun! This family event is geared toward preschoolers-fifth grade. The day will consist of arts and crafts, games, costume contest, and a haunted house. For more information, call 286-3254 or visit www.fostercity.org. Proceeds from this event benefit the Foster City Youth and Teen Foundation.

Admission: \$3 (2 years and under- Free)



Tree Lighting Ceremony

FREE!

Wednesday, December 3, 6-7pm

Recreation Center Patio

Begin this holiday season with Foster City's Tree Lighting Ceremony. Join us for joyful music and light refreshments, followed by a countdown to light the tree. Kids can enjoy coloring activities and a chance to meet our "Special Visitor" in a red suit. In the spirit of giving, please bring a canned good or non-perishable item to donate to a local charity.



Family Enrichment Series

FREE!

Committed to strengthening families and communities through family education, the Foster City Family Enrichment Series is back for its third year. The Foster City Teen Center, the Foster City Police Department and the Foster City Library are pleased to present FREE family workshops.

See page 21 for the dates and list of workshops.



Parks Make Life Better! SM

**Parks and Recreation make lives
and communities better
Now and In the Future!**

We provide

- Access to the serenity and inspiration of nature
- Outdoor space to play and exercise
- Facilities for self-directed and organized recreation
- Positive alternatives for youth which help lower crime and mischief
- Activities that facilitate social connections, human development, therapy, the arts, and lifelong learning



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Foster City Recreation Center

650 Shell Boulevard
 Phone: 650-286-3380
 Fax: 650-345-1408

Business Hours

Monday-Friday 8am-5pm

Building Hours

Monday-Thursday 8am-10pm
 Friday-Saturday 9am-11pm*
 Sunday 9am-10pm

*Building closure time may vary based on rentals

Foster City Community Center

1000 East Hillsdale Boulevard
 Phone: 650-286-2500
 Fax: 650-638-1936

Business Hours

Monday-Friday 8am-5pm

Building Hours

Monday-Friday 8am-10pm
 Saturday 1pm-Midnight
 Sunday Closed

The Recreation Center and Community Center are available for rentals. Please see the Facilities page for more information.



City Council

Charlie Bronitsky, Mayor
 Art Kiesel, Vice Mayor
 Steve Okamoto, Council Member
 Herb Perez, Council Member
 Gary Pollard, Council Member

City Manager

James C. Hardy

Parks & Recreation Committee

Charles Tomberg, Chair
 Sarah Boydston, Vice Chair
 Sam Hindi, Secretary
 Fred Baer
 Richard Biederman
 Bill Fullendorf
 Nancy Gordon
 Susan Lindstrom
 Paul Nieberding
 Ron Seligman
 Melissa Speidel

Recreation Staff

Kevin M. Miller, Director of Parks & Recreation
 Jennifer Liu, Recreation Manager
 Colleen Gotthardt, Recreation Coordinator
 Tiffany Hall, Recreation Coordinator
 Oswald Jimenez, Recreation Coordinator
 Bob Koehler, Recreation Coordinator
 Lisa Yee, Recreation Coordinator
 Sandy Castro, Administrative Assistant
 Estelle Gobrera, Administrative Assistant
 Barbara Goslin, Administrative Assistant

Parks Staff

Dorte Drastrup, Parks Manager
 Manuel Hernandez, Parks Manager
 Emely Dela Cruz, Administrative Assistant
 Martin Armenta
 Peter Chiamos
 Matiu Fa
 Garrett Gotthardt
 Don Hanson
 Richard Harmison
 Robin Harmison
 Todd Haena
 Genaro Munoz
 Robert Murphy
 Matthew Ryan
 Kurt Schaffer
 Naz Schroeder

Vehicles & Facilities Staff

Kurt Zander, Vehicles & Building
 Maintenance Manager
 Clint Collins, Vehicles
 Rafael Torrez, Vehicles
 Gerardo Delfin, Facilities
 Fred Dutto, Facilities
 Felipe Garcia, Facilities
 Julie Smith, Facilities
 Joseph Tamayo, Facilities

ARTS & CRAFTS

Young Rembrandts

Has your preschooler expressed an interest in drawing? If so, they will love Young Rembrandts drawing classes. Learning to draw basic shapes is a critical building block for every young artist. Our lessons will strengthen our students' core drawing skills as we introduce them to wonderful seasonal imagery. Lessons like acorns, fall leaves, and an apple tree will build into their skills and creativity. Playful characters will be our focus as we draw a clown, a scarecrow, and an imaginary monster inspired by a classic children's story. There's no better time than now to enroll your artist into a Young Rembrandts class. They will love it. **No class on November 11.**

Instructor: Young Rembrandts Staff

Ages: 3.5-5 yrs.

205101-A 9/16-11/18 Tu 3-4pm \$200 Spray

MUSIC & MOVEMENT

Do-Re-Mi Mozart

The well-known Mozart effect shows a casual relationship between classical music and brain functionality for kids of all ages. Come and share with us the magic of classical music and learn basic concepts such as melody, rhythm, sound, tempo, etc. Kids will meet their favorite fairy tale heroes through this musical experience, play with the parachute, bean bags, scarves, feathers, etc. during fun-filled activities. Singing time with teacher Ella's keyboard will help kids to develop important social and musical skills. We believe that anybody can be successful in music.

Instructor: Ella Bazarsky

Ages: 2-4.5 yrs.

201214-A 9/18-11/20 Th 10:30-11:30am \$125 Spirit

Foster City Library

1000 E. Hillsdale Blvd.
650-574-4842 x224

**For a complete program listing, visit:
www.fostercitylibrary.org**

Hours:	Monday-Wednesday	10am-9pm
	Thursday-Friday	10am-6pm
	Saturday	10am-5pm
	Sunday	1pm-5pm

Library Storytime Schedule

Itsy Bitsy Infant Storytime	M	10:30am	0-1 yr.
Babies and Books Storytime	Tu	10:30am	0-2yrs.
Family Pajama Storytime	W	7pm	All Ages
Toddler Time Storytime	Th	10:30am	1.5-3 yrs
Preschool Storytime	F	10:30am	3-5 yrs.
Family Storytime	Sa	10:30am	All Ages

SamTrans route 251 serves Foster City. Call 1-800-660-4287 for routes and schedules. All Foster City Connection Shuttle lines drop off near the library.

Pre-Ballet

This class will introduce your child to the fundamentals of Ballet. They will learn pli , tendue and saut  and more. We will have fun skipping and twirling like a ballerina. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting). Parents are welcome to watch the first and last class.

Instructor: Sheri Alonso

Ages: 4-6 yrs.

201331-A 9/18-11/20 Th 3-3:40pm \$115 Spirit

Pre-Tap

This class will introduce your child to the fundamentals of tap. Students will learn heel and toe digs, front slaps, a variety of shuffles, and more. Please wear leotard (with no skirt attached as can be a distraction) and tap shoes. Parents are welcome to watch the first and last class.

Instructor: Sheri Alonso

Ages: 4-5 yrs.

201332-A 9/17-11/19 W 1-1:40pm \$115 Spirit

SPORTS & FITNESS

Grown Up & Me Ice Skating

Share the joy of skating with your little one. Enjoy quality time together while exercising and playing with ice toys. This class is meant for young skaters not quite ready to be alone, but old enough to walk and talk. The adult must be able to skate unassisted. Please arrive 15 minutes early for this class. Warm, unrestrictive clothing, ankle-high socks, and gloves or mittens are necessary. Helmets are encouraged. **No class on November 25.**

Instructor: Belmont Iceland Staff

Off Site Location: Belmont Iceland, 815 Old County Road, Belmont

Ages: 2-5 yrs.

201527-A 9/2-10/7 Tu 10:30-11am \$70 Off Site

201527-B 10/21-12/9 Tu 10:30-11am \$82 Off Site

PRESCHOOL

Mariners and Skippers Preschool

The Foster City Parks and Recreation Department offers a part-time preschool program for three and four year olds. The Skippers class offers the younger child an early learning experience away from home. The Mariners class provides the pre-kindergarten child with opportunities to develop early literacy and math skills. Both classes emphasize social and academic learning through art activities, science, story time and music, as well as indoor/outdoor play. **All students must be fully toilet trained.** The preschool program runs from September to June each year. Tuition is continuous and is processed through in-class registration. An additional \$10 materials fee is collected monthly. There is no online registration for this program. For more information, please call (650) 286-3399.

Instructors: Chris Royce and Pam Sutter

Ages: Skippers must be 3 years old by 9/1/14 to be eligible to enroll.

201440-A Tu & Th 9-11:30am \$230/Month Preschool

Ages: Mariners must be 4 years old by 9/1/14 to be eligible to enroll.

201450-A M,W,F 9am-Noon \$360/Month Preschool

Intro to Tot Ice Skating

Make your little one's first ice skating experience a good one. Learn the basics of ice skating in our safe and nurturing environment. Skaters will gain skills and confidence to progress into our skating program. Please arrive 15 minutes early for class. Warm, nonrestrictive clothing, ankle high socks, and gloves or mittens are necessary. Helmets are encouraged. **No class on November 27.**

Instructor: Belmont Iceland Staff

Off Site Location: Belmont Iceland, 815 Old County Road, Belmont

Ages: 3-6 yrs.

201527-C 9/4-10/9 Th 6:15-6:45pm \$70 Off Site

201527-D 10/23-12/11 Th 6:15-6:45pm \$82 Off Site

Little Angels Gymnastics

Welcome to the beautiful and exciting world of preschool gymnastics. Peninsula Gymnastics provides preschool gymnastics for students from 20 months-3 1/2 years old in a safe, adaptable environment with trustworthy and experienced instructors. During these classes our little students develop their locomotor skills, elemental gymnastics, sensory motor skills, large and small muscle groups, their rhythms and music skills, and have fun too!

Instructor: Bettie Lee

Ages: 20 mos.-2.5 yrs.

201535-A 9/15-11/17 M 10-10:55am \$140 Bluebird

Ages: 2.5-3.5 yrs.

201535-B 9/15-11/17 M 11-11:55am \$140 Bluebird

Gymnastics with Peninsula Gymnastics

Our program consists of movement and gymnastics classes designed to help students develop a sense of physical fitness, coordination, and self-esteem. Students learn basic gymnastics skills such as climbing, rolling, swinging, jumping and balancing while improving their listening skills and ability to follow directions. Classes include use of: tumble trak, rings, trapeze, balance beam, preschool bars, Olympic size padded floor, foam-filled pit, and two in-ground trampolines.

Instructor: Peninsula Gymnastics USAG Certified Staff

Off Site Location: Peninsula Gymnastics, 1740 Leslie Street, San Mateo

Ages: 2-4 yrs.

201536-A 9/16-11/25 Tu 10-10:55am \$165 Off Site

201536-B 9/17-11/19 W 9-9:55am \$165 Off Site

Ages: 4-6 yrs.

201536-C 9/16-11/25 Tu 2:30-3:25pm \$165 Off Site

201536-D 9/17-11/19 W 2-2:55pm \$165 Off Site



Join us for the Halloween Festival
on October 25th!

More info on Page 2!

Mommy/Daddy & Me Soccer

The fun happens on the field, so don't just watch from the sidelines. Here is your chance to introduce your toddler to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week, adult participation is required. All kids will receive a Kidz Love Soccer jersey.

Instructor: Kidz Love Soccer Staff

Class Location: Edgewater Park, Foster City

Ages: 2-3.5 yrs.

201591-A 9/19-10/17 F 5:20-5:50pm \$79 Edgewater

Kidz Love Soccer

Kids learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. A session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "Where the score is always fun to fun." Visit www.kidzlovesoccer.com for more information. Shin guards are required after the first meeting. Note: Rainout hotline is 1-888-372-5803. All participants will receive a Kidz Love Soccer jersey!

Instructor: Kidz Love Soccer Staff

Location: Edgewater Park, Foster City

Ages/Description:

Tot/Pre Soccer

Little tykes will enjoy running and kicking just like the big kids. Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer jersey.

Ages: 3.5-5 yrs.

201592-A 9/19-11/7 F 3:50-4:25pm \$114 Edgewater

Terrific Tiny Tennis

Children, 4-7 years of age, play fun activities and games with low compression tennis balls on the "42 ft. court" that will enhance their skill development in a success oriented environment. Small group lessons, only 2-6 students. Students provide their own racket. We recommend the 23" to 25" rackets.

No lessons November 24-November 27.

Location: Tennis Courts #3 and #4 – Shell Blvd.

Instructors: Stanford/Whitlinger & Sarsfield Tennis

Ages: 4-6 yrs.

202511-A 9/8-10/1 M & W 3:40-4:20pm \$95

202511-D 10/13-11/5 M & W 3:40-4:20pm \$95



Spend your Winter Break at Camp!

See pages 22-23 for all your options!

ARTS & CRAFTS

Ceramics

Instruction will include hand-building techniques – pinch, coil, slab and free hand. Classes are flexible so that each individual can expand and express at his/her own level. Goals of the course: To teach the skills needed to make both functional and sculptural pieces that will stay together through the firing process, to allow the children to open their minds and to express themselves in an open and positive environment. **No class on November 27.**

Instructor: Tammerlaine Burwell

Ages: 8-18 yrs.

202173-A 9/25-11/13 Th 4:30-6pm \$85 Ceramics

Crochet 1

This course will teach you the basic stitches of crochet: single, half-double and double stitches, gauging, chaining, and finishing. Once you've learned the basic stitches of crochet, you will be able to create an infinite assortment of beautiful items. Bring a 5mm crochet hook and a ball of light color variegated worsted weight #4 yarn. Children 12 and under must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult

203168-A 9/13-10/4 Sa 9-10:30am \$50 Sunfish

Crochet 2

Take your crochet skills to the next level. Once you have learned the basics of crochet (single crochet, double crochet, chaining, and slip stitch), join me as we learn to read patterns, learn new stitches, new techniques, and work a project. Bring a variety of crochet hooks and a practice yarn (worsted weight #4). More details on your class project will be discussed the first night. Children 12 years and younger must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult

203169-A 10/25-11/15 Sa 9-10:30am \$50 Sunfish

Knitting 1

Kids will learn the craft of knitting by learning basic skills such as purling and knit stitches. They will learn to cast on and bind off stitches. They will learn to make scarves, blankets and more. This craft is a great opportunity for them to express their creativity and make great items. Materials needed: 10mm straight wooden knitting needles, 2-3 balls of worsted weight variegated yarn (light colors – no browns, dark blues, or black), and scissors. Children 12 years and younger must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult.

203166-A 9/13-10/4 Sa 10:30am-Noon \$50 Sunfish

Knitting 2

Take what you have learned in the Beginning Knitting class to the next level. Learn increasing, decreasing, ribbing and more. Students will learn to read and work from a pattern. You will start your first project so you will need to bring 2-3 balls of yarn and a variety of needles. Children 12 and under must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult

203167-A 10/25-11/15 Sa 10:30am-Noon \$50 Sunfish

Drawing with Young Rembrandts

NEW

Has your preschooler expressed an interest in drawing? If so, they will love Young Rembrandts drawing classes. Learning to draw basic shapes is a critical building block for every young artist. Our lessons will strengthen our students' core drawing skills as we introduce them to wonderful seasonal imagery. Lessons like acorns, fall leaves, and an apple tree will build into their skills and creativity. Playful characters will be our focus as we draw a clown, a scarecrow, and an imaginary monster inspired by a classic children's story. There's no better time than now to enroll your artist into a Young Rembrandts class. They will love it. **No class on November 11.**

Instructor: Young Rembrandts Staff

Ages: 3.5-5 yrs.

205101-A 9/16-11/18 Tu 3-4pm \$200 Spray

Drawing

The children will learn to draw people, animals, flowers, and scenery. They will learn how to break things down into their basic shapes and how to recognize negative space. We will draw tropical birds in the rain forest, a floral picture with pastels and glitter glue, people skiing and ice skating, and a fall picture with scarecrows and pumpkins. There will be a lab fee of \$9 payable to Joanne Muller at the first class. There will be new projects for continuing students.

Instructor: Joanne Muller

Ages: 7-14 yrs.

202121-A 9/16-10/14 Tu 3:30-5pm \$55 Bluebird

Drawing and Painting

Drawing and Painting is a continuation of Drawing I but may be taken separately. We will paint a fall picture with autumn leaves and a winter snow scene. We will also do a scratch art picture, draw a still life with a harvest theme, and do a self-portrait. Continuing students may do different projects. There will be a fee of \$10 for supplies payable to Joanne Muller at the first class. **No class on November 11.**

Instructor: Joanne Muller

Ages: 7-14 yrs.

202122-A 10/21-11/25 Tu 3:30-5pm \$55 Bluebird



MUSIC & DANCE

Pre-Ballet

This class will introduce your child to the fundamentals of Ballet. They will learn plié, tendue and sauté and more. We will have fun skipping and twirling like a ballerina. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting). Parents are welcome to watch the first and last class.

Instructor: Sheri Alonso

Ages: 4-6 yrs.

201331-A 9/18-11/20 Th 3-3:40pm \$115 Spirit

Ballet Technique

In this class we will focus on Ballet techniques while learning the different positions, correct alignment, working at the barre, center and across the floor work. Ballet improves your posture, strength and coordination and is a great base for any dance style. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting).

Instructor: Sheri Alonso

Ages: 6-11 yrs.

201331-B 9/18-11/20 Th 3:45-4:45pm \$125 Spirit

Ballet 1

This class is designed for the student who has had at least three sessions of ballet technique, equivalent training or instructor's approval. We will continue to build on ballet technique while also learning turns, waltz, pas de bouree and more. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting).

Instructor: Sheri Alonso

Ages: 8-13 yrs.

201331-C 9/18-11/20 Th 4:45-5:45pm \$125 Spirit

Guitar

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 8-13 yrs.

Beginning - Your path to guitar mastery begins here. You'll learn to play guitar with an emphasis on reading music. Music Art will provide guitars for class and home use for the session. All students will receive Book One (with CD) at the first class.

202217-A 9/18-11/20 Th 6:30-7:20pm \$240 Off Site

Intermediate - Students must complete beginning guitar to enroll at this level. Book Two (with CD), provides a strong emphasis on reading, adding more notes and more intricate rhythmic patterns. Hand strengthening exercises will be practiced to prepare students for chord playing. Students must complete this course to enroll in the advanced class. Students must supply their own guitars.

202217-B 9/18-11/20 Th 7:30-8:20pm \$240 Off Site

Advanced - All students will begin with Book Three (with CD), which will help them both read at a more advanced level and learn new chords. The goal of this class is to prepare students for playing in a group setting such as the school jazz band, a spiritual group, or even their own band of friends. Students must supply their own guitars.

202217-C 9/18-11/20 Th 5:30-6:20pm \$240 Off Site

Piano, Beginning

Learn to play the piano in a special group setting. Students will each sit at an electric piano with headphones as the instructor rotates through the students. This is a great method for a beginning through intermediate student. The method has several levels that encourage students to excel and move up to the next level. Books are given at the first class and are covered in the class fee. Maximum of six students per class.

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 5-7 yrs.

202207-C 9/17-11/19 W 3:30-4:20pm \$237 Off Site

202207-D 9/17-11/19 W 4:30-5:20pm \$237 Off Site

Ages: 6-9 yrs.

202207-E 9/17-11/19 W 5:30-6:20pm \$237 Off Site

Ages: 6-10 yrs.

202207-A 9/16-11/25 Tu 5-5:50pm \$237 Off Site

202207-B 9/16-11/25 Tu 6-6:50pm \$237 Off Site

Ages: 7-11 yrs.

202207-F 9/17-11/19 W 6:30-7:20pm \$237 Off Site

Rock Drums, Beginning

Rock out with us on the drums! Have fun learning to play drums and other percussion instruments. You will learn to play different styles of drum rhythms, read music notation, and write your own rhythms. By the end of this session, you will be able to rock out on a drum set and other percussion instruments. Students will use electronic drum pads in class and will receive a drum pad and drumsticks for practicing at home.

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 8-13 yrs.

202227-A 9/18-11/20 Th 3:30-4:20pm \$230 Off Site



Foster City Parks & Recreation
is now on Facebook!
LIKE our page for all the latest updates!
www.facebook.com/FosterCityRecreation

Pre-Tap

This class will introduce your child to the fundamentals of tap. Students will learn heel and toe digs, front slaps, a variety of shuffles, and more. Please wear leotard (with no skirt attached as it can be a distraction) and tap shoes. Parents are welcome to watch the first and last class.

Instructor: Sheri Alonso

Ages: 4-5 yrs.

201332-A 9/17-11/19 W 1-1:40pm \$115 Spirit

Tap Intro

This class is designed for students with little or no tap experience. This class will focus on the basic tap steps including a variety of shuffles, flaps, slaps and more. Students will work both center and across the floor. Please wear leotard (with no skirt attached as it can be a distraction) and tap shoes. Parents are invited to watch the last class. **No class on November 11.**

Instructor: Sheri Alonso

Ages: 6-10 yrs.

201332-B 9/16-11/18 Tu 5:30-6:15pm \$115 Spirit

Tap I

This class is designed for students with previous tap experience. This class will build on the basic tap steps while increasing speed and learning combinations such as buffalos, Shirley Temple, and soft shoe. Students will work at the barre, center and across the floor. Please wear leotard (you may wear spandex shorts or leggings over) and tap shoes. Parents are invited to watch the last class.

Instructor: Sheri Alonso

Ages: 7-11 yrs.

201332-C 9/18-11/20 Th 5:45-6:45pm \$125 Spirit

Tap Dancing for Teens and Adults

Want to make music with the “souls” of your feet? Join us in exploring the rhythms of a uniquely American dance style - Tap Dancing!

Instructor: Melissa Cheu

Ages: 12 yrs.-Adult

Tap I - Join us for a beginning level class – no previous dance experience required. Learn the basics of shuffles, flaps, and simple combinations. Tap shoes required after the first class.

203347-A 9/17-11/19 W 8:20-9:05pm \$80 Spirit

Tap II - If you’ve mastered flaps and shuffles, join us in exploring more complex combinations.

203347-B 9/17-11/19 W 6:10-7:10pm \$85 Spirit

Tap III - Looking for more of a challenge? This class moves quickly, so previous experience is a must.

203347-C 9/17-11/19 W 7:15-8:15pm \$85 Spirit

Beginning Ukulele

Playing the ukulele is easy and fun! Sign up now and don’t miss out on learning to play this classic Hawaiian instrument. You will learn tuning, basic chord positions, chord progressions, and strumming patterns. By the end of the course, you will be able to play many popular songs. Music Art will provide ukuleles for class and home use.

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 8-13 yrs.

202228-A 9/15-11/17 M 6-6:50pm \$230 Off Site

Ages: 14 yrs.-Adult

202228-B 9/15-11/17 M 7-7:50pm \$230 Off Site

Hillbarn Theatre Conservatory

In our FUN and exciting programs in theater acting and voice, students will learn many aspects of performing with the highest caliber of faculty at Hillbarn Theatre! Through a combination of classes and a fully-produced musical production, we offers theatrical training to artists of all ages and experience.

Fallstage "Disney's ALADDIN Jr."



All of your favorite characters from the hit Disney film and Broadway spectacle are here in Disney's ALADDIN JR, a musical adventure filled with magic, mayhem, and flying carpet rides. An ensemble of townspeople, shop owners, harem girls, and princes sing the tuneful, accessible Academy award-winning score, with songs by Alan Menken, Howard Ashman, and Tim Rice, including "A Whole New World" and "Friend Like Me." This glittery musical is perfect for young performers of all ages and experience levels!

Ages: 8 and up

Dates: September 2 – November 9

Time: Tuesdays & Thursdays 3:30-5:30pm

Shows: November 7 & 8 at 7:30pm & November 9 at 2:00pm

Tuition: \$325

StarTots/StarShiners FallStage – Ages 4-6 and 6-8

Are you looking for an outlet for your child who is always singing and dancing around the house? Our classes are geared for the child who loves to perform, and is ready for some training! In this class, students will learn theater basics by playing confidence-building theater games, doing improvisation, learning choreography, and working on their voices in song. The session will culminate in a recital performance on the mainstage at Hillbarn. With this program, we seek to ignite in each child a love of theater, while also introducing valuable life skills including: team work, public speaking and refined social and emotional skills.

Dates: September 10 – November 12

Time: Wednesdays 2:45-3:45; Ages 4-5 Star Tots

Wednesdays 2:45-3:45; Ages 6-8 Star Shiners

Tuition: \$195



www.hillbarntheatre.org

For more information, call:

650-349-6411 x304

Teen Acting

This class provides training for intermediate actors looking to take their acting skills a notch higher. Students will work on voice, diction and character development through posture and language exercises, scene study, monologue, and theater and improv games.

Ages: 13 and up

Dates: September 10 – November 12

Time: Wednesdays 4:00-5:30

Tuition: \$195

SPECIAL INTEREST

Cardiopulmonary Resuscitation (CPR)

The Heartsaver CPR with AED course is a modular course that teaches lay rescuers how to recognize and treat life threatening emergencies, including cardiac arrest and choking for adult, child and infant victims. The information you receive in this class can be life- saving! CPR Manuals can be obtained in advance by contacting the Fire Department. **CPR classes are for Foster City residents only.**

Instructor: Fire Department Staff
 Off Site Location: Foster City Fire Station, 1040 E. Hillsdale Blvd.
 Ages: 12 yrs.-Adult
 203401-A 11/15 Sa 9am-3pm \$25 Off Site

Emergency Preparedness

Let the Fire Department teach you how you can prepare your family and home for a disaster. Being prepared can make a big difference in how effectively we can respond to emergencies. There is plenty of time for questions, so come ready to participate.

Instructor: Fire Department Staff
 Off Site Location: Foster City Fire Station, 1040 E. Hillsdale Blvd., Foster City
 Age Level: 12 yrs.-Adult
 203402-A 10/18 Sa 9-11am Free Off Site

Freshi Animation Creators: 3D Animation



Use Blender Software to create short 3D Animations using primary objects (cubes, spheres and cylinders). Once you are familiar with the animation process, you will dive into 3D Modeling which includes creating geometric faces, vertices, and edges. Create your own basic 3D creatures in this cutting edge class.

Instructor: Freshi Media Staff
 Off Site Location: Barrett Community Center, 1835 Belburn Drive, Belmont
 Ages: 10-15 yrs.
 202443-A 9/22-11/3 M 4-5:15pm \$137 Off Site

Jr. Robotics Using LEGO WeDo



Build and program robots in this introductory Robotics class using the LEGO WeDo system. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young Robotics enthusiasts for our more advanced Robotics programs

Instructor: Play-Well Teknologies
 Ages: 6-8 yrs.
 202430-A 9/25-10/30 Th 3:30-5pm \$200 Bluebird

Math Olympiad

Our ongoing Math Olympiad Series is designed to help students strengthen math intuition and master major strategies in creative problem solving. Topics may include sequences, series, principles of divisibility, geometric configurations, and logic. Students become proficient in problem solving techniques, discover the fun of math, and increase Olympiad scores. Different topics covered each quarter; courses can be taken in any order. A materials fee of \$25 is due at the first day of class. For information call (408) 777-8876, or visit www.communication-academy.com. **No class on November 29.**

Instructor: Communication Academy
 Ages: 7-8 yrs.
 202457-A 10/4-12/13 Sa 10:45-11:45am \$265 Spray
 Ages: 9-11 yrs.
 202457-B 10/4-12/13 Sa 9:30-10:30am \$265 Spray

Pre-Public Speaking: Confident Speech

Want your child to be an effective class participant and successful public speaker? Confidence is the key! Confident Speech students learn how to overcome nervousness, speak clearly, use nonverbal communication, and organize ideas. Students build confidence and develop a strong public speaking foundation. Detailed feedback, professional coaches! There will be a materials fee of \$15 payable to the instructor at the first class. For more information call (408) 777-8876, or visit www.communicationacademy.com. **No class on November 27.**

Instructor: Communication Academy

Off Site Location: Beresford Recreation Center, 2720 Alameda de last Pulgas, San Mateo

Ages: 5-6 yrs.

202437-A 10/2-12/11 Th 4-5pm \$255 Off Site

Ages: 7-8 yrs.

202437-B 10/2-12/11 Th 5:15-6:15pm \$255 Off Site

Public Speaking: Persuasive

Based on Common Core standards, Persuasive Speech teaches the oral skills of persuasion. Students will learn how to develop a well-organized and cohesive argument to sway an audience. Detailed feedback, professional coaches. First and final speeches recorded on DVD. A materials fee of \$25 is due at the first day of class. For more information call (408)777-8876, or visit www.communicationacademy.com. **No class on November 29.**

Instructor: Communication Academy

Ages: 9-11 yrs.

202447-A 10/4-12/13 Sa 2:15-3:15pm \$265 Spray

Ages: 11-14 yrs.

202447-B 10/4-12/13 Sa 1-2pm \$265 Spray

Wednesday Enrichment @ Foster City School and Audubon Elementary School

Hey parents, if your child is attending Foster City School or Audubon Elementary School sign them up for our Wednesday Enrichment program. Classes are held directly after lunch and students stay on campus during early dismissal day to participate in our exciting classes offered. That's right you don't have to worry about picking them up early on Wednesdays! All classes are taught by well qualified instructors and range from a variety of activities such as Academic Chess to Jr. Jazzercise. Look in your child's weekly envelope for more information or call (650) 286-3380. *(Wednesday Enrichment is only for students attending Foster City School or Audubon Elementary school grades 1st through 5th).*

Chinese Exploration

The Foster City Parks and Recreation Department, in partnership with Bright Horizon Chinese School, offers Chinese immersion classes. The program is designed to engage fun learning experiences through its creative curriculum and exciting activities. The Chinese language class develops students' communication, listening, speaking, and writing skills. Students explore and learn about Chinese culture through traditional Chinese dance, music, calligraphy, arts, drama acting, and much more. Programs are offered 12pm-3pm and 3pm-5:35pm for children in grades K-5. **For additional information, please call Bright Horizons directly at (650) 773-0917.**

Instructor: Bright Horizon Chinese School teachers



Foster City Parks & Recreation
is now on Facebook!
LIKE our page for all the latest updates!
www.facebook.com/FosterCityRecreation

SPORTS & FITNESS

Hakua Kai Karate

Build self-confidence and physical strength as you learn the skill and movements of the traditional art of Japanese Karate-Do. Classes will combine lecture and physical training. You will gain positive spirit, good health, and learn self-defense. A Karate (Gi) uniform is required for all classes, and can be purchased from the instructor. See individual class descriptions below.

Instructor: Master Instructor Sensei Edwards, 7th Degree Black Belt and/or staff

Karate, Intro/Beginning

This class will emphasize hand-eye coordination, body awareness, social interaction, and concepts of Karate. It also builds confidence and motivates your child to learn, and increase concentration. New students should enter at this level, complete at least 2 or 3 sessions, or have equivalent training, or instructor's approval before moving to a more advanced class.

Ages: 5-13 yrs.

202553-A 9/22-11/24 M 5-5:45pm \$116 Mist

202553-B 9/24-11/26 W 5-5:45pm \$116 Mist

Karate, Advanced Beginner

This course will combine lecture and physical training in Japanese Karate which will stress more advance basic level of blocking, kicking, punching, and striking. Contents to include skill drills, Kihon, Kata and Kumite. Not for the first time students.

Ages: 7-16 yrs.

202554-A 9/22-11/26 M&W 5:45-6:30pm \$205 Mist



Karate, Intermediate/Advanced

This class is designed for children who have completed two or more sessions of Pre-Karate I and/or have the instructor's approval. Children will work on refining their skills at a more advanced level. All students in this class must have instructor's approval and pass a beginning level exam before advancing up in class.

Ages: 7-16 yrs.

202555-A 9/22-11/26 M&W 6:30-7:15pm \$205 Mist

Kobujutsu (Weapons), Intro/Beg./Coed

For beginners white to blue belt; Kyu levels 0 to 6. All students must be enrolled in the City of Foster City Recreation Center Karate program.

Ages: 7 yrs.-Adult

202556-A 9/22-11/24 M 7:15-8pm \$55 Mist

Kobujutsu (Weapons), Inter./Coed

Grade level 5 Kyu and above in Kobujutsu. Must have approval to enroll in this class. For more advanced students, please speak with instructor.

Ages: 9 yrs.-Adult

202556-B 9/24-11/26 W 7:15-8pm \$45 Mist

Intro to Ice Skating

Make your child's first skating experience a good one. Learn the basics of ice skating in our safe and nurturing environment. Skaters will gain skills and confidence to progress into our skating program. Please arrive 15 minutes early for class. Please wear warm, non-restrictive clothing, ankle high socks, and gloves or mittens. Helmets are encouraged. **No class on November 27.**

Instructor: Belmont Iceland Staff

Off Site Location: Belmont Iceland, 815 Old County Road, Belmont

Ages: 7-12 yrs.

202528-A 9/4-10/9 Th 6:15-6:45pm \$70 Off Site

202528-B 10/23-12/11 Th 6:15-6:45pm \$82 Off Site

Gymnastics with Peninsula Gymnastics

Our program consists of movement and gymnastics classes designed to help students develop a sense of physical fitness, coordination, and self-esteem. Students learn basic gymnastics skills such as climbing, rolling, swinging, jumping and balancing while improving their listening skills and ability to follow directions. Classes include use of: tumble trak, rings, trapeze, balance beam, preschool bars, Olympic size padded floor, foam-filled pit, and two in-ground trampolines.

Instructor: Peninsula Gymnastics USAG Certified Staff

Off Site Location: Peninsula Gymnastics, 1740 Leslie Street, San Mateo

Ages: 4-6 yrs.

201536-C 9/16-11/25 Tu 2:30-3:25pm \$165 Off Site

201536-D 9/17-11/19 W 2-2:55pm \$165 Off Site

Indoor Rock Climbing

Do your kids climb anything in sight? Are you looking for something fun and new for your child to do this fall? At Planet Granite in Belmont your kids will learn to climb, play climbing games, and meet other young climbers. A liability waiver is required to be filled out on the first day of class by a parent or legal guardian only.

Off Site Location: Planet Granite, 100 El Camino Real, Belmont, (650) 591-3030.

Instructor: Planet Granite Staff

Age Level: 5-13 yrs.

201540-A 9/9-10/7 Tu 4-6pm \$170 Off Site

201540-B 9/11-10/9 Th 4-6pm \$170 Off Site

201540-C 9/12-10/10 F 4-6pm \$170 Off Site

201540-D 10/14-11/11 Tu 4-6pm \$170 Off Site

201540-E 10/16-11/13 Th 4-6pm \$170 Off Site

201540-F 10/17-11/14 F 4-6pm \$170 Off Site

201540-G 11/18-12/16 Tu 4-6pm \$170 Off Site

201540-H 11/21-12/19 F 4-6pm \$170 Off Site

Society Skateboarding

Learn to skate or refine your skills with the Society experienced skateboarding instructors. Skateboarding safety, fundamentals, and technique will be covered in this class. The students will learn to enjoy this sport to the fullest with a focus on balance, coordination, and skateboarding etiquette. Take advantage of the 10% discount on all safety gear at Society with registration at 625 Laurel Street, San Carlos, CA 94070, (650) 596-8182.

Instructor: Society Skateboarding Staff

Off Site Location: Society Skatepark, 625 Laurel Street, San Carlos

Ages: 5-12 yrs.

202545-A 9/13-10/11 Sa 11am-1pm \$125 Off Site

202545-B 10/18-11/15 Sa 11am-1pm \$125 Off Site

202545-C 11/22-12/20 Sa 11am-1pm \$125 Off Site

Kidz Love Soccer

Kids learn the world’s most popular sport from professional coaches trained in the Kidz Love Soccer method. A session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: “Where the score is always fun to fun.” Visit www.kidzlovesoccer.com for more information. Shin guards are required after the first meeting. Note: Rainout hotline is 1-888-372-5803. All participants will receive a Kidz Love Soccer jersey!

Instructor: Kidz Love Soccer Staff

Location: Edgewater Park, Foster City

Ages/Description:

Tot/Pre Soccer

Little tykes will enjoy running and kicking just like the big kids. Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer jersey.

Ages: 3.5-5 yrs.

201592-A 9/19-11/7 F 3:50-4:25pm \$114 Edgewater

Soccer 1: Techniques & Teamwork

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. All participants will receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

Ages: 5-6 yrs.

201594-A 9/19-11/7 F 4:25-5:10pm \$114 Edgewater

Soccer 2: Skills & Scrimmages

Kids 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world’s most popular game. Each participant receives a soccer jersey. Shin guards are required.

Ages: 7-10 yrs.

201595-A 9/19-10/17 F 6-6:45pm \$79 Edgewater

Terrific Tiny Tennis

Children, 4-7 years of age, play fun activities and games with low compression tennis balls on the “42 ft. court” that will enhance their skill development in a success oriented environment. Small group lessons, only 2-6 students. Students provide their own racket. We recommend the 23” to 25” rackets.

No lessons November 24-November 27.

Location: Tennis Courts #3 and #4 – Shell Blvd.

Instructors: Stanford/Whitlinger & Sarsfield Tennis

Ages: 4-6 yrs.

202511-A 9/8-10/1 M & W 3:40-4:20pm \$95

202511-D 10/13-11/5 M & W 3:40-4:20pm \$95

Ages: 5-7 yrs.

202511-B 9/8-10/1 M & W 4:20-5pm \$95

202511-C 9/9-10/2 Tu & Th 3:20-4pm \$95

202511-E 10/13-11/5 M & W 4:20-5pm \$95

202511-F 10/14-11/6 Tu & Th 3:20-4pm \$95

202511-G 11/18-12/4 Tu & Th 3:30-4:30pm \$75

Tennis Skill Level Descriptions

Tennis is the sport for everyone! Enjoy top-flight instruction! Youth (9-14) classes of 3-8 students will consist of six hours of instruction. Classes of two students will be converted into four lessons. Students provide own rackets.

Youth Quickstart: Kids 9-10 years old will enhance their skill development with low compression tennis balls on the “60 ft. court”. Play to learn!

Novice: Develop the essential techniques with emphasis on control, depth, and direction on the “78 ft. court” with regulation tennis balls. Lessons will also incorporate basic strategy and tactics.

Intermediate: For players who are consistent on medium paced shots but need to develop more spin, power, and/or variety. Basic to advanced shots, strategy, and tactics will be introduced and reinforced by performance enhancing skills.

Tennis, Youth

Tennis is the sport for everyone! Enjoy top-flight instruction! Youth classes of 3-8 students will consist of six or eight hours of instruction. Classes of two students will consist of four hours of lessons. Students provide own rackets.

No lessons November 24-November 27.

Please see the Tennis Skill Levels Descriptions for more details.

Location: Tennis Courts #3 and #4 – Shell Blvd.

Instructors: Stanford/Whitlinger & Sarsfield Tennis

Quickstart Tennis

Ages: 8-10 yrs.

202521-A	9/8-10/1	M & W	5-6pm	\$95
202521-B	9/9-10/2	Tu & Th	4-5pm	\$95
202521-C	10/13-11/5	M & W	5-6pm	\$95
202521-D	10/14-11/6	Tu & Th	4-5pm	\$95
202521-E	11/17-12/3	M & W	4-5:30pm	\$75

Novice

Ages: 11-14 yrs.

202521-F	9/9-10/2	Tu & Th	5-6pm	\$95
202521-G	10/14-11/6	Tu & Th	5-6pm	\$95
202521-H	11/18-12/4	Tu & Th	4:30-6pm	\$75

Intermediate

Ages: 11-14 yrs.

202521-I	9/8-10/1	M & W	6:30-7:30pm	\$95
202521-J	10/13-11/5	M & W	6:30-7:30pm	\$95
202521-K	11/17-12/3	M & W	6-7:30pm	\$75

Tennis Rain Policy

In case of rain at any point during the day of your lesson, contact the Recreation Center before coming to class. Report to the next scheduled lesson for make-up date. No postponement announcement will be initiated by the instructor or the Recreation Department. Note: If an earlier class is postponed due to rain, following classes may also be postponed even if the courts become dry.



Tennis, Teen & Adult

Tennis is the sport for everyone! Enjoy top-flight instruction! Classes of 3-8 students will consist of six or eight hours of instruction. Classes of two students will consist of four hours of lessons. Students provide own rackets.

No lessons November 24-27.

Instructors: Stanford/Whitlinger & Sarsfield Tennis

Location: Tennis Courts #3 and #4 - Shell Blvd.

Ages: 15 yrs.-Adult

Novice

203531-A	9/9-10/2	Tu & Th	6:30-7:30pm	\$95
203531-B	10/14-11/6	Tu & Th	6:30-7:30pm	\$95

Intermediate

203531-C	9/9-10/2	Tu & Th	7:30-8:30pm	\$95
203531-D	10/14-11/6	Tu & Th	7:30-8:30pm	\$95
203531-E	11/18-12/4	Tu & Th	6:30-8pm	\$75

High Intermediate

203531-F	9/8-10/1	M & W	7:30-8:30pm	\$95
203531-G	10/13-11/5	M & W	7:30-8:30pm	\$95
203531-H	11/17-12/3	M & W	7:30-9pm	\$75

Individual Tennis Lessons, Stanford Tennis

See page 35 for details.

Instructor: Stanford/Whitlinger & Sarsfield Tennis

Location: Tennis Courts #3 and #4 - Shell Blvd.

Fee: \$65 per hour or \$180 for three one-hour lessons. Add \$5 per hour for each additional person.

Individual Tennis Lessons, Zalles Racquet Sports

See page 35 for details.

Location: Boothbay Park

Fee: \$65 per hour or \$180 for three one-hour lessons. Add \$5 per hour for an additional person.

**Volleyball,
Beginning – Low Intermediate**

Learn how to play organized volleyball and improve your volleyball skills. This class emphasizes the fundamentals of passing, setting, hitting, serving, blocking, rules, protocols, 6-0 and 6-2 offenses, perimeter defense, set calling, and teamwork. Two courts, lots of playing time. Attendance on first night is required for new participants. A \$3 lab fee is due at the first class.

Instructor: Clint Steele

Off Site Location: Brewer Island Gym, 1151 Polynesia Drive, Foster City

Ages: 14 yrs.-Adult

203505-A 9/15-12/15 M 7-10pm \$87 Off Site

**Volleyball,
High Intermediate – Advanced**

For the experienced volleyball player. This class is intended for those players that already possess the basic individual and team skills. The ability to serve, pass, set, spike, run a 6-2 offense, and a perimeter defense are prerequisites. This class emphasizes specialization, multiple offenses, multiple defenses, play calling, strategies, and other finer points of the game. You are expected to already know rules and volleyball protocols and to have demonstrable, consistently good fundamental skills. Two courts, lots of playing time. Attendance on the first night is required for new participants. A \$3 lab fee is due at the first class.

Instructor: Clint Steele

Off Site Location: Brewer Island Gym, 1151 Polynesia Drive, Foster City

Ages: 14 yrs.-Adult

203506-A 9/17-12/17 W 7-10pm \$87 Off Site

Support the Youth and Teen Foundation!

The Foster City Youth and Teen Foundation was established to help fund the development of a new teen center in Foster City. The teen center provides a safe alternative for latchkey kids and is purposely made accessible to help ease the stress on today's working families.

The Foster City Youth and Teen Foundation's purpose is to provide resources and funding for amenities and supplies for the City's youth and teen programs. With the community's help, we can enhance our facilities and programs for our local youth and teens. Patrons that contribute \$100 or more are eligible to have their name displayed on a recognition wall in the new teen center! For more information on the Youth and Teen Foundation or to make a tax-deductible donation, please contact Tiffany Hall at (650) 286-3395 or email thall@fostercity.org.



Foster City Family Enrichment Series

Committed to strengthening families and communities through family education, the Foster City Family Enrichment Series is back for its third year. The Foster City Teen Center, the Foster City Police Department and the Foster City Library are pleased to present the following FREE family workshops for the 2014-2015 school year:

Wednesday, November 5, 2014

Internet Safety

Presented by: Foster City Police Department

Wednesday, January 14, 2015

Learning to Let Go- Freedom with Children and Teens

Presented by: Cynthia Klein, Certified Parent Educator

Wednesday, March 11, 2015

Women's Self Defense Class (13+)

Presented by: Gold Medal Martial Arts

Wednesday, May 13, 2015

Drug Awareness Presentation for Parents

Presented by: San Mateo County Sheriff's Office

All workshops will be held at the Foster City Teen Center (670 Shell Blvd.) from 6:30pm-8:30pm. We encourage you to reserve your spot for any of the above presentations by calling 286-3395 or emailing thall@fostercity.org. The 2014-2015 Family Enrichment Series is sponsored by Gilead Sciences.



Winter Break Fun

Wild 'N Wacky Winter Camp

Don't get left out in the cold this winter. Join the staff from our outrageously popular summer camps for a couple of fun-filled sessions of Wild-N-Wacky Winter Camp! This is your time to reunite with your summer camp buddies and your favorite leaders while having a BLAST during your winter break. Our camp staff will pack your vacation with tons of fun things to do. Campers should pack a sack lunch and water bottle daily. Don't be shy, sign up for camp early because we are sure to sell out!

*A parent information packet will be mailed out prior to camp!

Ages: 5-11 yrs.



Activity #	Dates	Day	Time	Fee	Location
Session 1					
305702-A1	12/22-12/23	M-Tu	9am-4pm	\$76	The Vibe
305702-A2	12/22-12/23	M-Tu	Extended Care	\$16	The Vibe
Session 2					
305702-B1	12/29-12/30	M-Tu	9am-4pm	\$76	The Vibe
305702-B2	12/29-12/30	M-Tu	Extended Care	\$16	The Vibe



Society Skateboarding- Winter Camp

Learn to skate or refine your skills with the Society experienced skateboarding instructors. Skateboarding safety, fundamentals, and technique will be covered in this class. The students will learn to enjoy this sport to the fullest with a focus on balance, coordination, and skateboarding etiquette. Take advantage of the 10% discount on all safety gear at Society with registration at 625 Laurel Street, San Carlos, CA 94070, (650) 596-8182.

Instructor: Society Skateboarding Staff

Off Site Location: Society Skatepark, 625 Laurel Street, San Carlos

Ages: 5-12 yrs.

205560-A	12/22-12/24	M-W	1-4pm	\$111	Off Site
205560-B	12/29-12/31	M-W	1-4pm	\$111	Off Site
205560-C	01/05-01/09	M-F	1-4pm	\$185	Off Site

Winter Fun Days @ Belmont Iceland

Spend a fun day at Belmont Iceland. Mom and Dad this is your chance to finish your shopping or to recover after the holidays, while your kids have a blast on the ice. Kids will learn to skate, play games, and build snowmen. There will be many different entertaining activities on and off the ice. No skating experience is necessary. Warm, loose clothing and gloves or mittens are necessary.

Instructor: Belmont Iceland Staff

Ages: 4-12

205528-A	12/22	M	10am-4pm	\$70	Off Site
205528-B	12/23	Tu	10am-4pm	\$70	Off Site
205528-C	1/2	F	10am-4pm	\$70	Off Site

Circus on Stage Gymnastics- Winter Camp

Camp includes gymnastics, tumbling, and “circus art dance,” which combines dance and stage movement. Children will work on the tumble trak, rings, trapeze, balance beam, bars, Olympic size padded floor, a foam filled pit, and two in-ground trampolines. Circus Show every Friday at 2:15pm. Campers, please bring a lunch daily. Free supervision available from 8-9am and after care available for a fee for full day camps from 4-6pm. Full day camp also includes a trip to Trinta Park. For more information, visit www.peninsulagym.com or call (650)571-7555.

Instructor: Peninsula Gymnastics USAG Certified Staff

Off Site Location: Peninsula Gymnastics, 1740 Leslie Street, San Mateo

Ages: 3.5-5.5 yrs.

205535-A 1/5-1/9 M-F 8am-4pm \$185 Off Site

Ages 5.5-12 yrs.

205535-B 1/5-1/9 M-F 8am-4pm \$185 Off Site



The VIBE

Foster City's Teen Center

Middle School Dance Party

Come to the only dance party in town that is just for middle school students!

September 19

November 14

February 20

May 8

All dances are held from 7-10pm at The VIBE (670 Shell Blvd). Tickets go on sale two weeks before each dance at The VIBE. Cost is \$6 with a student ID. Dances are for middle school students from Foster City or are VIBE members (in middle school)! These are not school-sponsored or PTA events. Call 286-3395 for more information.



Foster City YAC

*Youth Advisory Committee
2014-2015*

The 2014-2015 members of the Youth Advisory Committee (YAC) will be sworn in September. Keep your eyes open for activities and events sponsored by the committee. Some of the YAC sponsored events include the Tree Lighting, Spaghetti Feed, and Spring Levee Clean-Up. For additional information, please call 286-3395.

670 Shell Blvd. in Foster City
650-286-3254

The VIBE, is a supervised teen center in Foster City where students in 6th-12th grade can hang out with their friends after school and on weekends. They are able to play pool, foosball, Nintendo Wii, Sony Playstation 3, Xbox360, basketball, and watch movies and television programs on the big screen TVs. The VIBE also features a computer lab where students can access Microsoft Word, Excel, and the internet for homework research. We also offer many special events such as dances and sports tournaments. Please call The VIBE at 286-3254 for more information.

Regular Hours

Monday, Tuesday, Thursday 3-6:30pm

Wednesday 2-6:30pm

Friday 3-10pm

The VIBE will be closed from Monday, August 18 - Tuesday, August 26. The VIBE will re-open for the school year on Wednesday, August 27.



Family Enrichment Series

@ The Vibe

More Information on page 21!

Support the Youth & Teen Foundation

The Foster City Youth and Teen Foundation was established to help fund the development of a new teen center in Foster City. The teen center provides a safe alternative for latchkey kids and is purposely made accessible to help ease the stress on today's working families.

The Foster City Youth and Teen Foundation's purpose is to provide resources and funding for amenities and supplies for the City's youth and teen programs. With the community's help, we can enhance our facilities and programs for our local youth and teens. For more information on the Youth and Teen Foundation or to make a tax-deductible donation, please contact Tiffany Hall at 650.286.3395 or email thall@fostercity.org.

Rent The VIBE!

Looking for a fun place to hold a birthday party or other special event? The VIBE is available for rent on Saturdays and Sundays. For more information, please call 286-3395

ARTS & CRAFTS

Ceramics

Ceramics instruction in hand building and throwing covering various techniques, skills and projects. A class for the beginner as well as the experienced. Students must provide their own tools. Come join our friendly classes for a relaxing and creative experience. Please note: A mandatory lab fee of \$15 will be payable in cash to the instructor the FIRST night of class. **No class on November 27.**

Instructor: Tammerlaine Burwell

Ages: 18 yrs.-Up

203174-A 9/25-12/4 Th 7-10pm \$130 Ceramics

Ceramics with Studio

Same instruction as Ceramics.

Class is 10am-4pm with studio open from 1-4pm for students to work on projects. Students are encouraged to bring a lunch. Please note: A mandatory lab fee of \$15 cash is payable to the instructor the FIRST day of class. **No class on November 27.**

Instructor: Tammerlaine Burwell

Ages: 18 yrs.-Up

203175-A 9/25-12/4 Th 10am-4pm \$155 Ceramics



Ceramics Workshop

Ceramics Workshop – Prerequisites:

Students must have completed at least two ceramics classes at the Foster City Recreation Center.

Students must be able to work independently as determined by the class instructor.

Students must also be currently enrolled in a ceramics class at the Foster City Recreation Center.

Students must give time to studio maintenance.

Students may only attend workshops they are registered to attend; there will be no make-up sessions or exchange workshops.

No class on Tuesday, November 11.

Instructors: Janet Warner - Monday -

Penelope Shepherd - Tuesday

Jane Lim - Wednesday

Terry Hinton – Saturday

Ages: 18 yrs.-Up

203176-A 9/13-11/15 Sa 10:30am-4pm \$55 Ceramics

203176-B 9/15-11/17 M 10:30am-4pm \$55 Ceramics

203176-C 9/16-11/25 Tu 7-10pm \$25 Ceramics

203176-D 9/17-11/19 W 10:30am-4pm \$55 Ceramics

Jewelry Making Techniques: Sea Glass and Stone Setting Workshop

This is a soldering and stone setting class. You will learn to make bezels and set beach glass or stones into a sterling silver pendant or ring. Soldering experience is helpful, but not necessary. Please bring your beach glass or loose stones if you have any, as well as strong eye glasses if needed. All tools and materials will be supplied. There will be a \$45 materials fee payable to the instructor at the class.

Instructor: Gayton Arrigotti

Ages: 18 yrs.-Up

203150-A 11/15 Sa 9:30am-4:30pm \$165 Crane



Foster City Parks & Recreation
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Crochet 1

This course will teach you the basic stitches of crochet: single, half-double and double stitches, gauging, chaining, and finishing. Once you've learned the basic stitches of crochet, you will be able to create an infinite assortment of beautiful items. Bring a 5mm crochet hook and a ball of light color variegated worsted weight #4 yarn. Children 12 and under must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult

203168-A 9/13-10/4 Sa 9-10:30am \$50 Sunfish

Crochet 2

Take your crochet skills to the next level. Once you have learned the basics of crochet (single crochet, double crochet, chaining, and slip stitch), join me as we learn to read patterns, learn new stitches, new techniques, and work a project. Bring a variety of crochet hooks and a practice yarn (worsted weight #4). More details on your class project will be discussed the first night. Children 12 years and younger must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult

203169-A 10/25-11/15 Sa 9-10:30am \$50 Sunfish

Japanese Flower Arranging

Consists of beginner, intermediate and advanced classes on the art of Japanese flower arranging. Learn the Ikenobo techniques as taught in Japan. The prevailing theme of achieving a maximum effect with a minimum amount of materials challenges a person's creativity while at the same time allows for a relaxing escape from the tensions of the outside world. Students must provide their own scissors, flower vase, Kenzan (flower holder), and flower materials.

Instructor: Suichiku Suyemasa

Ages: 18 yrs.-Up

203188-A 9/18-11/20 Th 9:30am-Noon \$70 Gull

Knitting 1

Kids will learn the craft of knitting by learning basic skills such as purling and knit stitches. They will learn to cast on and bind off stitches. They will learn to make scarves, blankets and more. This craft is a great opportunity for them to express their creativity and make great items. Materials needed: 10mm straight wooden knitting needles, 2-3 balls of worsted weight variegated yarn (light colors - no browns, dark blues, or black), and scissors. Children 12 years and younger must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult.

203166-A 9/13-10/4 Sa 10:30am-Noon \$50 Sunfish

Knitting 2

Take what you have learned in the Beginning Knitting class to the next level. Learn increasing, decreasing, ribbing and more. Students will learn to read and work from a pattern. You will start your first project so you will need to bring 2-3 balls of yarn and a variety of needles. Children 12 and under must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult

203167-A 10/25-11/15 Sa 10:30am-Noon \$50 Sunfish

International Writers Contest

The Foster City Parks and Recreation Department has announced the start of its 37th Annual International Writers Contest, the oldest known existing writing contest in the San Francisco Bay Area. Prizes will be awarded in Fiction, Personal Essay, and Poetry categories for works submitted now through September 12, 2014 at 5pm. Remember, you can't be a winner unless you enter. For more information go to our website at: www.fcwriterscontest.org.

MUSIC & DANCE

Ballroom Dancing - Beginner

Here is an opportunity for you to learn to dance or brush up on your skills for that special event, wedding, class reunion, or formal party. This is your chance to shine. Join the beginner class and learn the basics. This class is for singles as well as couples. Please note: The \$20 drop in card can be purchased in person on the first day you attend class. Please bring exact change (cash or check only; no credit card charges for drop in cards; no refunds for drop-in cards). **No class on October 12 and November 23.**

Instructor: Ken Chin

Ages: 18 yrs.-Up

Fee: \$30 or \$20 (three classes) drop-in card

Samba, Waltz

203355-A 9/21-10/26 Su 3-4:15pm Spirit

East Coast Swing, Rumba

203355-B 11/2-12/7 Su 3-4:15pm Spirit

Ballroom Dancing – Advanced Beginner

You will take the basics learned in the beginner class and add more challenging steps to your dancing vocabulary. This class is for singles as well as couples. Please note: The \$20 drop in card can be purchased in person on the first day you attend class. Please bring exact change (cash or check only; no credit card charges for drop in cards; no refunds for drop-in cards). **No class on October 12 and November 23.**

Instructor: Ken Chin

Ages: 18 yrs.-Up

Fee: \$30 or \$20 (three classes) drop-in card

Foxtrot, Night Club 2 Step

203356-A 9/21-10/26 Su 4:15-5:30pm Spirit

Samba, Waltz

203356-B 11/2-12/7 Su 4:15-5:30pm Spirit

Night Club Dancing

Here is an opportunity for you to learn the fun and exciting dances done at nightclubs, dinner parties, cruises, weddings, and class reunions. Join the class and learn the basics. Classes are for singles as well as couples. Please note: The \$20 drop in card can be purchased in person on the first night you attend class. Please bring exact change (cash or check only; no credit card charges for drop in cards; no refunds for drop-in cards). **No class on November 11.**

Instructor: Ken Chin

Ages: 18 yrs.-Up

Fee: \$30 or \$20 (three classes) drop-in card

Hustle

203365-A 9/16-10/14 Tu 8-9pm Spirit

Hustle

203365-B 10/21-11/25 Tu 8-9pm Spirit

Salsa Dancing – Beg. and Inter.

Beginner - You will learn the basics of footwork, rhythm, leading and following and fundamental turns. This class is for singles as well as couples. No past dance experience is required.

Intermediate - You will incorporate the basic fundamentals learned in the beginner class into more intricate footwork and patterns. This class is for singles as well as couples. Beginner Salsa classes or equivalent experience is required to attend these classes. No partner is required. Dance shoes are highly recommended. Please bring exact change (cash or check only; no credit card charges for drop in cards; no refunds for drop-in cards.) Please note: The \$20 drop in card can be purchased in person on the first night you attend class.

Instructor: Ken Chin

Ages: 18 yrs.-Up

Fee: \$60 or \$20 (three classes) drop-in card

Beginner

203375-A 9/15-11/17 M 7-8pm Spirit

Intermediate

203375-B 9/15-11/17 M 8-9pm Spirit

Tap Dancing for Teens and Adults

Want to make music with the “souls” of your feet? Join us in exploring the rhythms of a uniquely American dance style - Tap Dancing!

Instructor: Melissa Cheu

Ages: 12 yrs.-Adult

Tap I - Join us for a beginning level class – no previous dance experience required. Learn the basics of shuffles, flaps, and simple combinations. Tap shoes required after the first class.

203347-A 9/17-11/19 W 8:20-9:05pm \$80 Spirit

Tap II - If you’ve mastered flaps and shuffles, join us in exploring more complex combinations.

203347-B 9/17-11/19 W 6:10-7:10pm \$85 Spirit

Tap III - Looking for more of a challenge? This class moves quickly, so previous experience is a must.

203347-C 9/17-11/19 W 7:15-8:15pm \$85 Spirit

Beginning Ukulele

Playing the ukulele is easy and fun! Sign up now and don’t miss out on learning to play this classic Hawaiian instrument. You will learn tuning, basic chord positions, chord progressions, and strumming patterns. By the end of the course, you will be able to play many popular songs. Music Art will provide ukuleles for class and home use.

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 14 yrs.-Adult

202228-B 9/15-11/17 M 7-7:50pm \$230 Off Site

CHORUS GROUPS

Foster City Community Chorus

This mixed 75-voice adult chorus. Residents of all cities with an ability to match a pitch are welcome. Information at www.PeninsulaMusicalArts.org, or call (650) 513-5522. *Meets: Tuesdays from 7-9:30pm at Audubon School.*

Heart & Soul

An 18-voice performance-oriented chorale for experienced singers by audition. Arrange required auditions in advance through www.PeninsulaMusicalArts.org or call (650) 513-5522. *Meets: Mondays from 7-9:30pm at Audubon School.*

The Community Singers

An adult chorus of singers who wish to sing well known popular music, unaccompanied, at local hospitals, Senior Centers, etc. There are no long term commitments, nor set rehearsals, and performances are as arranged. Information at www.PeninsulaMusicalArts.org or call (650) 513-5522.

Viva la Musica

Sing like you mean it - with Viva la Musica, a secular, mixed-voice avocational adult choir and orchestra, Shulamit Hoffmann, artistic director. For concerts and membership information, contact www.vivalamusica.org or (650) 346-5084. *Meets: Mondays at 7pm at Foster City School.*

ART GALLERY

The art gallery is located in the lobby area of the Recreation Center at 650 Shell Blvd.

Gallery Hours

Monday-Friday	8am-9pm
Saturday-Sunday	Open on request

For artist reception dates, please visit www.fostercity.org.

SPECIAL INTEREST

Cardiopulmonary Resuscitation (CPR)

The Heartsaver CPR with AED course is a modular course that teaches lay rescuers how to recognize and treat life threatening emergencies, including cardiac arrest and choking for adult, child and infant victims. The information you receive in this class can be life- saving! Registration is required. CPR Manuals can be obtained in advance by contacting the Fire Department. **CPR classes are for Foster City residents only.**

Instructor: Fire Department Staff

Off Site Location: Foster City Fire Station, 1040 E. Hillsdale Blvd.

Ages: 12 yrs.-Adult

203401-A 11/15 Sa 9am-3pm \$25 Off Site

Emergency Preparedness for Home and Work

Let the Fire Department teach you how you can prepare your family and home for a disaster. September 11th and, more recently, Hurricane Katrina, taught us that being prepared can make a big difference in how effectively we can respond to emergencies. As Californians, we also face the potential for large earthquakes, floods, and fires. This class will help you prepare for disasters of all kinds. There is plenty of time for questions, so come ready to participate.

Instructor: Fire Department Staff

Off Site Location: Foster City Fire Station, 1040 E. Hillsdale Blvd., Foster City

Age Level: 12 yrs.-Adult

203402-A 10/18 Sa 9-11am Free Off Site

SPORTS & FITNESS

American Line Dancing as a Low-Impact Exercise For Fun and Excitement

Do you want to get lively and move with confidence while getting fit and having fun? Line dancing isn't just country or western anymore! Both levels are a good form of low-impact exercise for everyone, and you will be surprised with the music variety being danced to. Free class preview on September 12 at regular class meeting time. **No class on October 24 and October 31.**

Level Zero – An easy, progressive and fun approach to staying fit while having fun with or without a partner. Level Zero as the introductory or beginner level has the slow pace and movements of the dance selections that involve minimal or no turning at all.

Level 1 – For those who would like to learn the basics and more various forms of line dances, typically described as having slower tempo, fewer steps, and easy turns.

Level 2 – This is the logical and methodological progression from Level 1 into intermediate dance steps and rhythm, typically described as having fancy steps and/or faster rhythms and more steps in some cases.

Instructor: Allen Isidro

Ages: 18 yrs.-Up

Level Zero

203381-A 9/19-11/21 F 9:30-10:25am \$55 Spirit

Level 1

203381-B 9/19-11/21 F 10:35-11:30am \$55 Spirit

Level 2

203381-C 9/19-11/21 F 1-2pm \$55 Spirit

*Register for any two levels - \$90 (Discount applied automatically at registration)

Boot Camp with Gym Rats

Strong is the new Skinny! Achieve your fitness goals with this military inspired circuit workout. Calisthenics and training drills develop strength, stamina and agility. The body hates change. It would much rather do the same thing every minute of every day. Well, we have news for you...when you do the same exercise routine day in and day out, you stop seeing results or “plateau”. We utilize the principle of muscle confusion. You will never do the same workout twice in a row. Why is this essential? Because your body will be forced to adapt and you will never plateau. You will get results and they will come quickly and continue to come...month after month after month. Time efficient training is our goal. Get in and get out. We keep you moving, building muscle and burning fat from the first minute to the end. Bring water and a yoga mat.

Instructor: Pete Hayden, Certified Personal Trainer – Gym Rats

Ages: 18 yrs.-Up

203601-A 9/17-10/15 W 9-10am \$65 Spirit

203601-B 10/29-11/19 W 9-10am \$65 Spirit

Shape Up Boot Camp

My job: Motivate you, challenge you, and help you achieve your fitness goals. Your job: Work hard, stay consistent, and you will see and get the results. Shape Up Boot Camp is a conditioning class that is cardio tough and muscle strong. You will improve your strength, power, agility and balance training with fast paced agility and cardio drills. You will focus on building core strength, abdominal training, and will incorporate various toning and sculpting exercises for the upper and lower body. “Shape Up” Boot Camp is for every fitness level. Please bring a set of 5 or 8 pound dumbbells and mat. Meet at Leo J. Ryan Park (amphitheater). www.shapinwithsunita.com. or (650) 243-1750.

Instructor: Sunita Goldstein

Ages: 16 yrs.-Up

203624-A 9/15-11/17 M 6:30-7:30pm \$99 Ryan Park

203624-B 9/17-11/19 W 6:30-7:30pm \$99 Ryan Park

203624-C 9/15-11/19 M&W 6:30-7:30pm \$179 Ryan Park

203624-D 9/13-11/15 Sa 9-10am \$99 Ryan Park

Jazzercise

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles for maximum fat burn. Choreographed to today’s hottest music, Jazzercise is a fusion of jazz dance, resistance training, Pilates, yoga, and kickboxing. Start dancing yourself fit and change the shape of your body today!

Day	Time	Instructor	Program
Foster City Recreation Center – 650 Shell Blvd.			
M-F	9am	Debbie	Jazzercise
T/Th	6:30pm	Debbie	Jazzercise
M/W	6pm	Donna	Jazzercise
M/W	7pm	Donna	Express

Brewer Island School Gymnasium – 1151 Polynesia Drive

Sat	8:30am	Donna	Jazzercise
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Audubon Elementary School - 841 Gull Avenue

Sun.	9am	Bobby (Donna)	Jazzercise
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Jazzercise: Every 55-60 minute class includes a gentle warm up, 30-minute aerobic workout, muscle toning and strengthening segment with weights, and a stretch finale.

Jazzercise Express: A quick 30-minute workout featuring strength and aerobic conditioning.

For more information please contact:

Donna Jones:
(650) 345-6617 or djfitness@mac.com

Debbie Sweeney:
(650) 570-4349 or debbiejazz@comcast.net

Visit www.Jazzercise.com or call 1-800-FIT-IS-IT.

Please do not call the Recreation Center.

Golf

Golf Class - Open to beginners as well as experienced players who would like to improve their golf skills. Chipping, putting, and all aspects of the golf swing will be covered including grip, posture, alignment, and finish. Can be taken concurrently with short game class. Students are responsible for purchasing range balls for golf class.

Short Game - For the golfer who would like to improve their chipping, pitching, putting, and bunker play. Open to all skill levels. Can be taken concurrently with golf class.

Instructor: Stuart Brownlee, Mariners Point Golf.

Off Site Location: Mariners Point Golf Links at 2401 3rd Avenue, Foster City

Ages: 18 yrs.-Up

Golf Class

203581-A 10/4-11/1 Sa 9-10am \$99 Off Site

Short Game

203582-A 10/4-11/1 Sa 10:15-11:15am \$99 Off Site

High Energy Shapin' Cardio

SHAPIN' is a new exciting fitness program that uniquely mixes boxing, cardio aerobics, and Latin dance moves along with abdominal workout guaranteed to give you a great workout that will keep you sweatin'! Class format is both fun and challenging with the latest hip music that will keep you motivated the entire class. Please bring a yoga mat for abdominal workout, stretching and flow yoga the last ten minutes of the class. No prior dance or boxing experience is necessary.

Instructor: Sunita Goldstein

Ages: 16 yrs.-Up

203634-A 9/14-11/16 Su 9-10am \$99 Spirit

WATER ACTIVITIES & CONCESSIONS

Kiteboard Lessons & Rentals

Take lessons or rent equipment and kiteboard at a premiere location! Additional water sports available.

Location: East 3rd Ave.

Helm of Sun Valley650-344-2711

Kite 415415-244-8007

Wind Over Water.....650-218-6023

Duffy Electric Boat Rental

Tour the Foster City lagoon at your leisure. Discover the serenity of being on the water!

Location: Leo Ryan Park

Edgewater Marine650-766-9155

Lagoon Water Activities

Offering a variety of water activities on the lagoon and lessons available- windsurf, paddleboats, etc.

Location: Leo Ryan Park Boat House

California Windsurfing.....650-594-0335

Snack Shack

Support local youth sports with a purchase at the Snack Shack.

Location: Sea Cloud Park

AYSO.....650-349-5425

FCYSA.....650-571-5347

Hula Hooping for Fitness and Fun

Whoop Hoo!! Hula hoop your cares away and get in shape while having fun! Enjoy five classes in each of these sessions where you will learn a variety of upper and lower body moves using the hula hoop. Hoops are provided and also for sale.

Instructor: Brenda Major

Ages: 18 yrs.-Up

203675-A 9/18-10/16 Th 7-8pm \$68 Spirit

203675-B 10/23-11/20 Th 7-8pm \$68 Spirit



Pilates Mat Class

Class will include a variety of mat Pilates exercises to strengthen the abdominals, increase spinal mobility, and develop a strong and flexible core and upper body. The exercises will include work to train the core in a number of functional positions, including the back, stomach, side-lying, sitting, and all fours. Beginners and intermediate level students welcome. Instructor is Pilates Mat Certified. Bring a thick mat.

Instructor: Liz Foreman

Ages: 18 yrs.-Up

203690-A 9/13-11/15 Sa 9-10am \$99 Spirit

Karate (Coed), Beg.

White, orange, and yellow belt. 0 Kyu-7 Kyu level.

Use your positive energy to explore the physical and mental world of Karate! Don't miss this chance to be taught by an outstanding instructor in the martial arts field. Class will combine lecture and physical training to learn basic blocks, kicks, and strikes. Karate Gi (uniform) is required and may be purchased from the instructor.

Instructor: Sensei Edwards and/or staff

Ages: 17 yrs.-Up

203558-A 9/22-10/26 M & W 8-9pm \$205 Mist

Karate (Coed), Int./Adv.

Blue, green, brown, and black belt. 6 Kyu and up.

Not for the first time student. Prerequisite: Instructor's approval. Intermediate class until 9:15pm/Blackbelts until 9:30pm.

Instructor: Sensei Edwards and/or staff

Ages: 17 yrs.-Up

203558-B 9/22-11/26 M & W 8-9:15pm \$205 Mist

Kobujutsu (Weapons), Intro/Beg./Coed

For beginners white to blue belt; Kyu levels 0 to 6. All students must be enrolled in the City of Foster City Recreation Center Karate program.

Ages: 7 yrs.-Adult

202556-A 9/22-11/24 M 7:15-8pm \$55 Mist

Kobujutsu (Weapons), Inter./Coed

Grade level 5 Kyu and above in Kobujutsu. Must have approval to enroll in this class. For more advanced students, please speak with instructor.

Ages: 9 yrs.-Adult

202556-B 9/24-11/26 W 7:15-8pm \$55 Mist

SPORTS LEAGUES AND OPEN GYM

Adult Softball Leagues

The City of Foster City, City of Belmont, and City of San Mateo are now working in partnership to provide adult softball programs. The City of San Mateo will now serve as the League Administrator for the leagues in each respective city. For more details or questions regarding adult softball, please email Dan Hibson at dhibson@cityof-sanmateo.org or call 650-522-7433. We look forward to having you participate in another great softball season in Foster City!



Adult Bocce Ball Leagues

The City of Foster City and the Peninsula Jewish Community Center (PJCC) have teamed up to bring you Bocce Ball Leagues. Get your friends and colleagues together for this fun and social league. The league will be administered by PJCC, and matches will be played at the Bocce Ball courts in Leo Ryan Park. Please contact Oz Jimenez at 650-286-3379 or ojimenez@fostercity.org for more information on these leagues.

Open Gym Basketball

Saturdays, 7pm - 10pm
Brewer Island Gymnasium

The Parks and Recreation Department invites you to join us Saturday nights for non-competitive pickup games or free play basketball! Players 16 years old and up welcome! \$5 per night or \$15 per month. For more information please contact Oz Jimenez at 650-286-3379 or ojimenez@fostercity.org.



Tennis Group Lessons

Tennis is the sport for everyone! Enjoy top-flight instruction! Classes of 3-8 students will consist of six or eight hours of instruction. Classes of two students will consist of four hours of lessons. Students provide own rackets.

Novice - For beginning to low intermediate players. Develop the essential techniques with emphasis on control, depth, and direction on the "78 ft. court" with regulation tennis balls. Lessons will also incorporate basic strategy and tactics.

Intermediate - For players who are consistent on slow to medium paced shots but need to develop more spin, power, and/or variety. Basic to advanced shots, strategy, and tactics will be introduced and reinforced by performance enhancing drills.

High Intermediate - For High Intermediate to Advanced players (i.e. NTRP 3.0-3.5). Focus on skill refinement and competitive drills.

Instructors: Stanford/Whitlinger & Sarsfield Tennis

Location: Shell Blvd. Courts #3 and #4

Ages: 15 yrs.-Adult

Novice

203531-A 9/9-10/2 Tu & Th 6:30-7:30pm \$95

203531-B 10/14-11/6 Tu & Th 6:30-7:30pm \$95

Intermediate

203531-C 9/9-10/2 Tu & Th 7:30-8:30pm \$95

203531-D 10/14-11/6 Tu & Th 7:30-8:30pm \$95

203531-E 11/18-12/4 Tu & Th 6:30-8pm \$75

High Intermediate

203531-F 9/8-10/1 M & W 7:30-8:30pm \$95

203531-G 10/13-11/5 M & W 7:30-8:30pm \$95

203531-H 11/17-12/3 M & W 7:30-9pm \$75

Tennis Rain Policy

In case of rain at any point during the day of your lesson, contact the Recreation Center before coming to class. Report to the next scheduled lesson for make-up date. No postponement announcement will be initiated by the instructor or the Recreation Department. Note: If an earlier class is postponed due to rain, following classes may also be postponed even if the courts become dry.

Individual Tennis Lessons, Stanford Whitlinger Tennis

Learn new strokes or improve your old ones through individualized lessons based on your needs. All ages welcome, beginners to advanced. To arrange a lesson, please call the Recreation Department at (650) 286-3380 or visit www.WhitlingerSarsfieldTennis.com for more information.

Instructor: Stanford/Whitlinger & Sarsfield Tennis

Location: Tennis Courts #3 and #4 - Shell Blvd.

Fee: \$65 per hour or \$180 for three one-hour lessons. Add \$5 per hour for each additional person.

Individual Tennis Lessons, Zalles Racquet Sports

Beginning students learn forehand, backhand, footwork, serve, volley, and are introduced to game strategy. For intermediate and advanced students there are drills, technique corrections and strategies for competitive point play. Develop your potential and maximize your enjoyment of the game. All ages, all levels. **Call Zalles Racquet Sports at (650) 345-9727 to make arrangements.**

Fee: \$65 per hour or \$180 for three one-hour lessons. Add \$5 per hour for an additional person.

Location: Boothbay Park

Foster City Tennis Club

For social and tournament tennis, don't miss the fun and camaraderie offered by membership in the Foster City Tennis Club. The FCTC is a community organization sponsored by the City of Foster City Parks and Recreation Department and is open to interested tennis players of all levels. The club normally has over 375 members. The club, which plays on tennis courts throughout Foster City, sponsors several teams at various league levels. You can join the FCTC and get more information on their website at www.fostercitytennisclub.org.

Tai Chi Chih, Practice

Relax your mind. Energize your body. Tai Chi Chih uses 20 gentle movements to focus and circulate your "Chih" or Energy. The result is a moving meditation that can give both mental and physical benefits. These are practice sessions, not lessons. They are practice sessions for all levels of experience. Prior instruction is helpful but not required. Basic guidelines will be provided on an informal basis as needed. Come and join our practice.

Instructor: Charlene Landreau

Ages: 18 yrs.-Up

203684-A 9/15-11/17 M 11am-Noon \$25 Spirit

Table Tennis Club

Join the Club! Foster City Parks and Recreation Department is providing a place to play table tennis. Play is on Sundays and Thursdays from 7-10pm, and Tuesdays and Fridays from 11am-2pm at the Recreation Center. You may register quarterly or drop in for \$3 (exact change only for drop-ins). Please register during the first month of each quarter. Membership is from October-December.

203561-A - \$35 (Over 18)

203561-B - \$25 (18 and under/Over 50)

\$3 Drop-in



Volleyball, Beginning – Low Intermediate

Learn how to play organized volleyball and improve your volleyball skills. This class emphasizes the fundamentals of passing, setting, hitting, serving, blocking, rules, protocols, 6-0 and 6-2 offenses, perimeter defense, set calling, and teamwork. Two courts, lots of playing time. Attendance on first night is required for new participants. A \$3 lab fee is due at the first class.

Instructor: Clint Steele

Off Site Location: Brewer Island Gym, 1151 Polynesia Drive, Foster City

Ages: 14 yrs.-Adult

203505-A 9/15-12/15 M 7-10pm \$87 Off Site

Volleyball, High Intermediate – Advanced

For the experienced volleyball player. This class is intended for those players that already possess the basic individual and team skills. The ability to serve, pass, set, spike, run a 6-2 offense, and a perimeter defense are prerequisites. This class emphasizes specialization, multiple offenses, multiple defenses, play calling, strategies, and other finer points of the game. You are expected to already know rules and volleyball protocols and to have demonstrable, consistently good fundamental skills. Two courts, lots of playing time. Attendance on the first night is required for new participants. A \$3 lab fee is due at the first class.

Instructor: Clint Steele

Off Site Location: Brewer Island Gym, 1151 Polynesia Drive, Foster City

Ages: 14 yrs.-Adult

203506-A 9/17-12/17 W 7-10pm \$87 Off Site

Beginning Yoga

This will be a very basic and gentle Yoga class – with special care to the knees, neck, and lower back. Practice Yoga postures for flexibility, strength and muscle tone. Learn relaxation and stress reduction techniques. Leave class feeling fully rejuvenated. Wear comfortable clothing, do not eat before class, and bring a yoga mat and two large towels.

Instructor: Suzanne Caughlan

Ages: 16 yrs.-Adult

203687-A 9/25-11/13 Th 6:30-7:30pm \$78 Mist

Hatha Yoga

Hatha Yoga is an ancient practice which promotes strength, flexibility, and inner tranquility. This class is for healthy beginners and intermediate level students. Learn yoga techniques which lead to a deep sense of balanced integration and rejuvenation. **No class on November 11.**

Instructor: Larry Caughlan

Ages: 10 yrs.-Adult

203688-A 9/16-11/25 Tu 6:30-7:45pm \$100 Mist

Zumba

Zumba fuses fun Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. My goal is simple: I want you to want to work out, to love working out, and to get hooked. “Zumba Fanatics” achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life, all while having an absolute blast! My Zumba routines feature fast rhythms and interval training combined to tone and sculpt your body while burning fat. Flat bottom shoes with minimal tread recommended. Please bring a mat. No dance experience is necessary. www.shapinwithsunita.com. (650)243-1750. **No class on November 11.**

Instructor: Sunita Goldstein

Ages: 16 yrs.-Up

203644-A 9/16-11/25 Tu 6:30-7:30pm \$99 Spirit

Walk for Health

Grab a friend and take a walk around beautiful Foster City. Choose one of three separate walks of 3.6 or 9 miles. All walks begin and end near the Recreation Center. Maps and additional information are available at the Foster City Recreation Center. Just ask for literature from the San Francisco Bay Bandits “Volksmarch Club’s white box”. Walks are free; membership in the Walking Club is optional. Children must be accompanied by an adult. Self-guided – ongoing, Monday-Saturday, 8am-5pm.

Fall Fun in Foster City



FOSTER CITY SENIOR WING

650 Shell Blvd. in Foster City

650-286-2585

Senior Wing Hours

Monday - Friday

Front Desk 9am-4pm

Are you looking for great things to do, exciting places to go, and fun people to meet? Stop by the Foster City Senior Wing! We have all this and more! Listed below is a sampling of activities. More information can be found in the Senior Expressions newsletter, which is available at the Senior Wing or by subscription.

Senior Expressions Newsletter

Published on a quarterly basis, the newsletter includes class information, services, trips and tours, and special event announcements. Please pick one up at the Senior Wing, or have it mailed directly to your home by purchasing the Senior Expressions newsletter subscription.

Benefits:

- Receive the newsletter four times a year at your home, before it is available to non-subscribers
- Receive a discount at special events

Fee:

- \$12 per year
- Prorated after January

Call 650-286-2585 for more information

Thursday Matinees

Join the Foster City Senior Wing on Thursday afternoons for the weekly movie. Movies start at 12:30pm in the Sunfish Room. Call or stop by the Senior Wing for the list of upcoming movies.

Day: Thursdays
Time: 12:30pm
Location: Sunfish Room
Cost: FREE!



Trips

The Senior Wing goes on many exciting trips every month. Trips include historic sites, performances, factories, museums, gardens, restaurants, and much more! Trips depart from the Senior Wing and transportation is included. Look in the Senior Expressions Newsletter for trip information or stop by the Senior Wing front desk to find out where the next trip is going. Join us for a fun-filled day!

Senior Express Bus

Let the Senior Express Bus do the driving for you to run errands, go to appointments, and take you wherever else you need to go! The Senior Express program offers door-to-door service for Foster City seniors.

Territory:

- The bus operates as far north as Trousdale Avenue/Peninsula Hospital in Burlingame, and as far south as Veteran’s Boulevard/Kaiser in Redwood City. The bus also travels to the Stanford Hospital and the Millbrae BART station.

Operation:

Days	Times	Destination
Tuesdays	9am-3:30pm	Foster City/San Mateo
Wednesdays	9am-5pm	Specified Territory
Thursdays	9am-3:30pm	Foster City/San Mateo

Reservations & Payment:

- Reservations are required and can be made by calling 650-286-2585 between 9am and 1pm.
- Appointments must be made at least one day in advance.
- Payment method is a punch card that can be purchased at the Senior Wing front desk.

For more information and specific details on the program policies, pick up a Senior Express Bus program brochure from the Senior Wing or call 650-286-2585.

Game Schedule

Day	Game	Time	Room
Monday	Mah Jong	1pm-5pm	Bow Room
Monday	Pedro	1pm-4pm	Sail Room, Comm. Center
Monday	Bridge	1pm-4pm	Mist Room
Tuesday	Bingo	12:30pm-2:30pm	Bluebird Room
Tuesday	Open Play	1pm-3pm	Bow Room
Thursday	Bingo	12:30pm-2:30pm	Lagoon Room
Thursday	Bridge	1-4pm	Spray Room
Friday	Open Play	10am-12pm	Bow Room
Friday	Canasta/Open Play	1pm-4pm	Bow Room

Supply own materials; No money exchanged

Lunch Bunch

The Lunch Bunch program meets on the third Wednesday of each month at 11:15am. We meet in the Senior Wing lobby and take the Senior Express Bus to a variety of local restaurants. Don’t miss the chance to meet new people and enjoy a delicious meal. The cost of transportation is \$4 round-trip.

Participants are responsible for paying for their own lunch.



SENIOR CLASSES

The Senior Wing offers a wide variety of classes to meet your interests. Join one of our fun-filled classes to learn a new skill, meet new friends, and stay healthy. Senior classes are sponsored by the San Mateo Adult School. For more class options, please visit the Adult section of the Activity Guide.

Fees* Per Course, Per Semester:

- 65+ years old: \$42
- 50-64 years old: \$62
- Under 50 years old: \$82

Knitting, Painting & Drawing, or Sewing Fees:

- 65+ years old: \$65
- 50-64 years old: \$85
- Under 50 years old: \$95

*All classes include a \$5 administrative fee for the Parks and Recreation Department

Enrollment:

Enrollment is accepted for San Mateo Adult Education classes on an ongoing basis. Enrollment fees are paid directly to the instructor on the first day of class. Please be sure to sign in with the class instructor and in the Senior Wing binder. Please see class descriptions in the Senior Expressions newsletter or the San Mateo Adult School brochure.

Please check San Mateo Adult School Brochure for class dates.

Day	Class	Time	Room
Monday	Yoga for Health	9:30am	Spirit Room
Monday	Sewing- Fabric Arts	1pm	Sunfish Room
Tuesday	Painting & Drawing	9:30am & 12:30pm	Sunfish Room
Tuesday	Zumba Gold	10:45am & 11:45am	Spirit Room
Tuesday	Tai Chi- Beginner	1pm	Spirit Room
Wednesday	Hand Knitting & Machine Knitting	9:30am & 12:30pm	Sunfish Room
Wednesday	Qi Gong Fitness	10:30am	Lagoon Room
Tuesday	Tai Chi- Intensive	9am & 1pm	Spirit Room
Thursday	Yoga for Health	12pm	Bluebird Room
Friday	Sewing & Pattern Making	9:30am	Sunfish Room

Smart Driver Course

An interactive class for drivers 50 years of age and older in which participants can sharpen their driving skills and develop strategies for age-related changes in vision, hearing, and reaction time. The fee includes workbook, DMV certificate for insurance discount, and administrative fees.

Registration:

- Register at the Foster City Senior Wing, or call 650-286-2585
- Registration fee paid in class

Fee:

- \$15 - AARP Members
- \$20 - Non-members

Class Dates:

- August 19 & 20 – 9am-1:30pm
- August 23 – 8:30am-5:30pm
- November 10 & 12 – 9am-1:30pm
- November 22 – 8:30am-5:30pm

REGISTRATION FORM

- Please write legibly; fill in all required spaces, including an activity number for each class

HOUSEHOLD INFORMATION

Name: _____

Street Address: _____

City: _____ Zip: _____ Email: _____

Home Phone: _____ Cell Phone: _____

ACTIVITY REGISTRATION

Participant's Name	Age	Birthdate	M/F	Activity Name	Activity #	Fee

Persons with disabilities are welcome to participate in any class or activity offered. Do you have any special needs that require specific accommodations so you can fully enjoy one of our classes or facilities? If yes, check here:

Fees: \$ _____

Non-Resident Fee (add \$10 per class): \$ _____

TOTAL: \$ _____

PAYMENT INFORMATION

Payment Method: Cash Check (Payable to "City of Foster City") Credit Card

Receipt: Email Mail

I hereby authorize the use of my Mastercard or Visa account.

Name on Card: _____

Card Number: _____ - _____ - _____ - _____

Expiration (Month/Year): _____ / _____ 3-Digit Security Code: _____

Signature: _____



LIABILITY WAIVER & MEDIA RELEASE

I hereby agree to hold the City of Foster City, the Estero Municipal Improvement District, their employees, officers, and program and activity instructors harmless from all liability which may arise as a result of my participation in the above activities. In the event that the above named participant is a minor I hereby give my permission for his/her participation in the above listed activities and also agree to hold the City of Foster City, the Estero Municipal Improvement District, their employees, officers, and program and activity instructors harmless from all liability which may arise as a result from said minor's participation in such activities. I understand that the above named activities may involve risk or accidental injury and hereby voluntarily assume such risks. I/we agree to allow my/our photo for program publicity. If the participant is a minor, the parent or guardian must sign below.

Signature: _____ Date: _____

Participant Parent Guardian

ONLINE



Starting August 13, 2014

Go to:
www.fostercity.org
then click on Classes

MAIL-IN



Starting August 13, 2014

Foster City Parks & Recreation
650 Shell Blvd.
Foster City, CA 94404

FAX



Starting August 13, 2014

Fax completed form including
Visa/Mastercard Information to
650-345-1408

WALK-IN



Starting August 25, 2014

Monday-Thursday 8am-10pm
Friday 8am-5pm
Saturday 9am-4pm

Online Registration

This service provides you with a quick, hassle-free way to register for your favorite classes 24 hours a day, 7 days a week!

Step 1: Create an Account

Visit www.fostercity.org, under services select the Classes link, then select the Online Registration link. Within a few hours your account will be approved (accounts not approved outside of business hours), and you will receive a customer ID number.

Step 2: Register for Classes

Once your account has been approved, visit www.fostercity.org, select the Classes link, and then select the Online Registration link. Log into your account. View classes and select the ones you would like to sign up for. You will need your Visa or Master Card number, expiration date, and security code. Shortly after submitting your registration, you will receive a class registration confirmation. Please print your confirmation receipt.

REGISTRATION INFORMATION

- Fill out form completely, including activity number (please print), and ages for children.
- Write a separate check for each person, for each class.
- Make checks payable to the City of Foster City (include activity number on check). Do not mail cash. Registration will not be processed without correctly paid fees. (There will be a \$40 fee for each returned check).
- Class fees cannot be prorated; there will be NO make up sessions for participants who miss class.
- If indicated class is filled, and no alternative is listed, your name will be put on the waiting list, and your check returned.
- Classes not reaching minimum numbers will be canceled and all registration fees refunded.
- There is a non-refundable \$5 administrative fee for ALL classes, which is already included in the advertised cost.
- Class registrations will not be taken over the phone.

NON-RESIDENT REGISTRATION

- Non-resident fee: Add \$10 per class/activity.
- Non-resident registration begins August 25, 2014.

REFUND POLICY

- Requests for refunds received after the start of class and prior to the third class meeting will be prorated based on the number of classes conducted, not attended. **Requests for refunds received after the start of the third class meeting will be denied.**
- There will be a \$5 administrative fee deducted from all refunds.
- Refunds take 3-6 weeks to receive in the mail. Refunds are processed by check only, no credits will be given.

Foster City Parks & Recreation Department's Satisfaction Guarantee

We constantly strive to provide you with the highest quality recreation programs. If you are dissatisfied with the quality of our programs or instructors, we encourage you to contact us immediately so that we can work to resolve your concern and improve the quality of our programs for all participants. If we are unable to resolve your concerns, we will be happy to transfer you to another class or issue a full refund.

Some of our programs, for example, Adult Leagues, Tennis, Hillbarn Theatre, California Windsurfing, Facility Permits, Trips and Tours, Jazzercise, Community Chorus, and other community programs advertised in this publication have different, specific policies which do not fall under the Satisfaction Guarantee Policy. Your complete satisfaction with these programs is equally valued, and we will work with you to resolve your concerns and satisfaction in these activities as well. Please contact us in writing, by phone, or in person at the Recreation Center. Requests must be made as soon as a concern arises, but prior to the final class meeting to receive a refund.

COMMUNITY DIRECTORY

Parks & Recreation Department

Community Center	286-2500
Corporation Yard (Parks Division)	286-8140
Recreation Center	286-3380
Senior Wing	286-2585
VIBE- Teen Center.....	286-3254

City Departments

City Hall	286-3200	www.fostercity.org
Community Development/Permits.....	286-3225	
Emergency	9-1-1	
Fire Department.....	286-3350	
Police Department	286-3300	

Community Partners

Chamber of Commerce.....	573-7600	www.fostercitychamber.com
Library	574-4842	www.smcl.org
San Mateo Adult School	588-2100	www.smace.org

Community Organizations

Foster City Historical Society	349-3382	fchistorysoc@yahoo.com
Foster City Lions Club	415-489-5202	www.fostercitylions.com
Foster City Rotary Club.....	489-5202	playmaxhbb@att.net
Foster City Mothers Club	489-5202	www.fostercitymothersclub.org
Peninsula Jewish Community Center...	212-7522	www.pjcc.org

Athletic Organizations

AYSO Soccer		www.aysofc.org
Bay Cities Bulldogs/Pop Warner	578-8248	www.baycitiesbulldogs.com
Little League.....	533-9383	www.fcll.org
Mariners Point Golf	573-7888	www.marinerspoint.com
Pony/Colt League.....	578-1415	www.fcpony.org
PYSC/CYSA Soccer.....	571-5347	www.peninsula-soccer.com
Tennis Club		www.fostercitytennisclub.org
Youth Softball Association.....	504-6361	www.fcsoftball.org

Cultural Arts

Community Singers	513-5522	www.peninsulamusicalarts.org
Community Chorus.....	513-5522	www.peninsulamusicalarts.org
Heart and Soul	513-5522	www.peninsulamusicalarts.org
Hillbarn Theatre.....	349-6411	www.hillbarntheatre.org
Viva la Musica	346-5084	www.vivalamusica.org

Resources

HIP Housing.....	348-6660	lfanucchi@hiphousing.org
Peninsula Conflict Resolution Center ..	513-0330	www.prcrweb.org
S.C.O.R.E.....	573-7600	www.fostercitychamber.com

Lions Club

The Foster City Lions Club involves itself in many community and charitable activities such as youth and senior outreach programs, sight conservation projects, local blood drives. *Meets: 2nd and 4th Tuesdays of the month at 7pm at the Recreation Center.*

Rotary Club

The Rotary Club of Foster City is a dynamic organization, sponsoring the Rib Fest and cosponsoring the Arts and Wine Festival, distributing wheelchairs to third world countries, providing playgrounds to Mexico, and helping eradicate polio. *Meets: Wednesdays at 12:15pm at the Foster City Crowne Plaza.*

Historical Society

The Foster City Historical Society collects artifacts, items of interest, and photos from the 1960s and 1970s. *Meets: 1st Thursday of the month at 7pm at the Recreation Center.*

Mothers Club

Providing community support and friendship to mothers of young children. *Meets: 2nd Wednesday of the month at 7:15pm at the Community Center or Library.*

Smoke-Free Parks

To support park cleanliness, comfort, and health, the Foster City parks system has been designated a “smoke-free” zone. Your cooperation is appreciated.

Foster City Dog Park

Located at Boat Park, find a 20,000 square foot dog park to bring your canine for fun and exercise. The dog park includes separate fenced areas for small dogs and large dogs, synthetic turf and decomposed granite areas, and a water station.

Bocce Ball

Visit the bocce ball courts in Leo Ryan Park, 8am-10pm, seven days a week. Bring your own bocce set or borrow one from the Recreation Center.

Skate Park

Our skate park, located next to The VIBE, is suitable for both beginners working on the basics and advanced skaters who want to improve their skills.

FACILITY AND PICNIC RENTALS

The Parks and Recreation Department offers a variety of rooms and parks to host your next meeting, celebration, or picnic. Rental fees are very reasonable and therefore our calendar fills quickly, so call early for reservations. Most reservations are accepted up to one year in advance for residents and nine months in advance for non-residents. Please note that picnic rentals are only available for residents.

For more details, please call 286-3382 or email recreation@fostercity.org. Permit applications are available at the Recreation and Community Centers.

Recreation & Community Centers

The Recreation Center located in Leo Ryan Park, and the Community Center located above the library have a variety of rooms for group meetings, parties, receptions, and banquets. Rooms accommodate 10-250 people. Tables and chairs are included with rental fee.

Lagoon Room

The Lagoon Room in the Recreation Center overlooks the beautiful lagoon and is the perfect space for your wedding or celebration, for up to 250 guests. The rental includes rectangle or oval tables and chairs. The kitchen is available for an additional fee to accommodate the caterer of your choice. Alcohol is allowed with the correct insurance and permits.



The VIBE

The VIBE, Foster City’s Teen Center, is a fun place to host your next birthday party or event. Available for rent on Saturdays and Sundays. The facility is equipped with multiple TVs, video game equipment, stereo system, game tables, and much more. We also offer a large kitchen area, separate activity room, and an enclosed courtyard. Birthday party packages are available for an additional fee. For more information, please call 286-3395.



Picnic Rentals

Picnic site reservations are available to residents for a fee at the following parks:

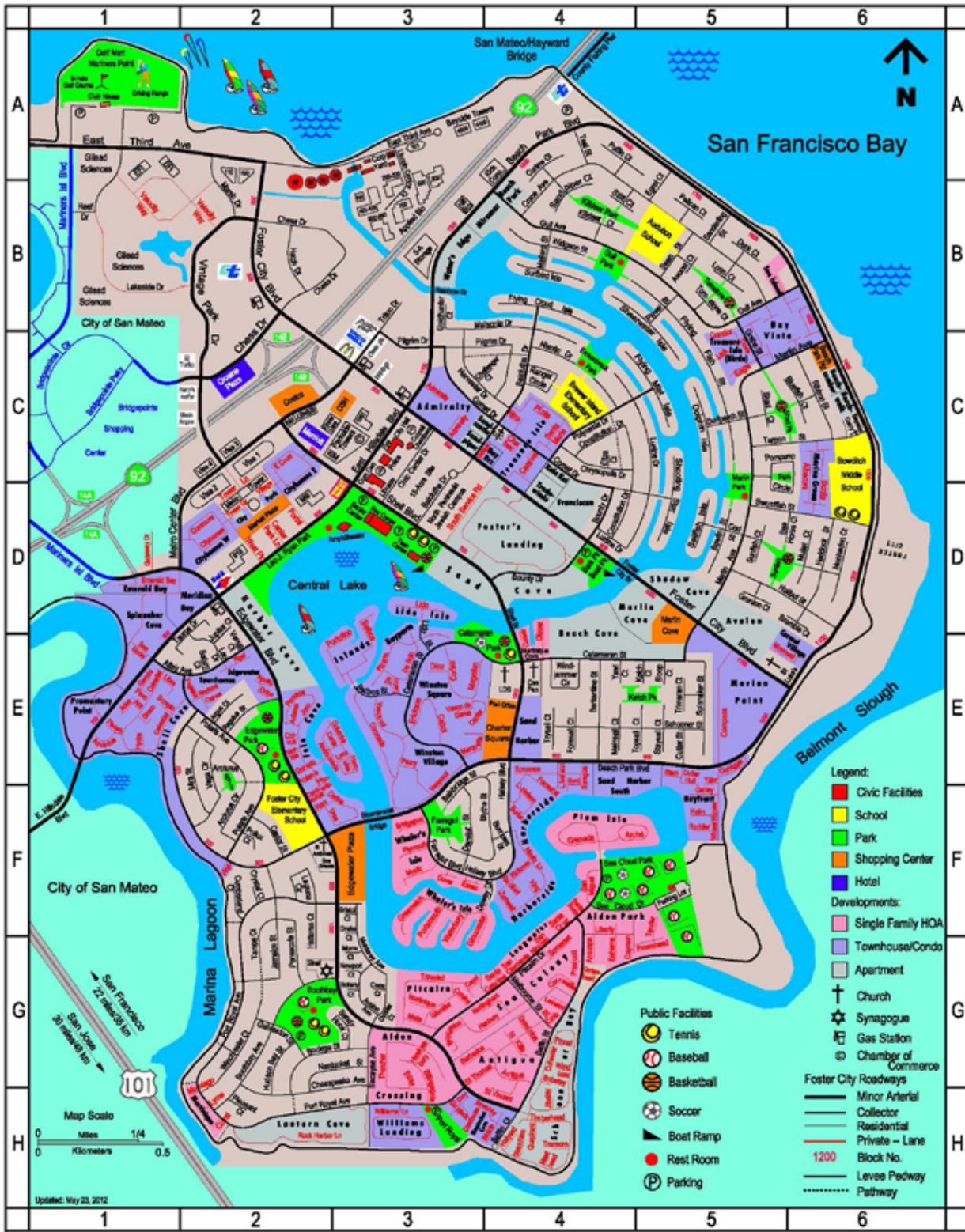
- Boothbay -Gull
- Erckenbrack -Marlin

All other picnic areas in City parks are available first-come, first-serve. See the park grid on the next page for all the amenities offered at each park.



BALLFIELD 	BEACH 	CHILDREN'S PLAY AREA 	PICNIC AREA 	TENNIS COURTS 
BASKETBALL COURTS 	BIKE PATH 	COMMUNITY BUILDING 	RESTROOMS 	VOLLEYBALL COURTS 
BARBECUE 	BOAT LAUNCH 	BOCCE BALL 	SOCCER FIELDS 	DOG PLAYGROUND 

PARKS/ACRES															
ARCTURUS/.75															
BOAT /DOG/3.18															
BOOTHBAY/11.21															
CATAMARAN/5.88															
EDGEWATER/8.53															
ERCKENBRACK/3.48															
FARRAGUT/3.86															
GATESHEAD/.12															
GULL/3.14															
KETCH/1.6															
KILLDEER/2.42															
LEO J. RYAN/20.73															
LEO PARK/0.15															
LEVEE PEDWAY/11.2															
MARLIN/3.13															
POMPANO/.56															
PORT ROYAL/3.98															
SEA CLOUD/23.9															
SHAD/2.16															
SUNFISH/2.41															
TURNSTONE/1.53															



Amphitheater..... E-F-4-5	Corporation YardB-4	Gull ParkB-7	Post Office..... G-6
Arcturus Park..... H-3	City Hall..... D-5	Hillbarn Theatre.....B-5	Recreation Center E-5
Audubon SchoolB-7	Council Chambers..... D-5	Ketch Park G-7	Sea Cloud Park..... H-I-7-8
Boat ParkE-F-7	Dog ParkF-7	Killdeer Park..... G-7	Senior WingE-5
Boothbay Park J-4	Edgewater ParkG-H-4	Leo J. Ryan Park..... E-F-4-5	Shad Park D-8
Bowditch D-E-9	Erckenbrack Park.....C-7	Library/Comm. Center E-5	Sunfish ParkE-8
Brewer Island School D-6-7	Farragut Park..... H-5	Marlin ParkE-8	Turnstone ParkC-8
Catamaran ParkF-5-6	Fire Department..... D-5	Police Department D-E-5	VIBE Teen Center.....E-5
Chamber of Commerce..... E-4	Foster City School..... H-4	Port Royal Park.....K-5	



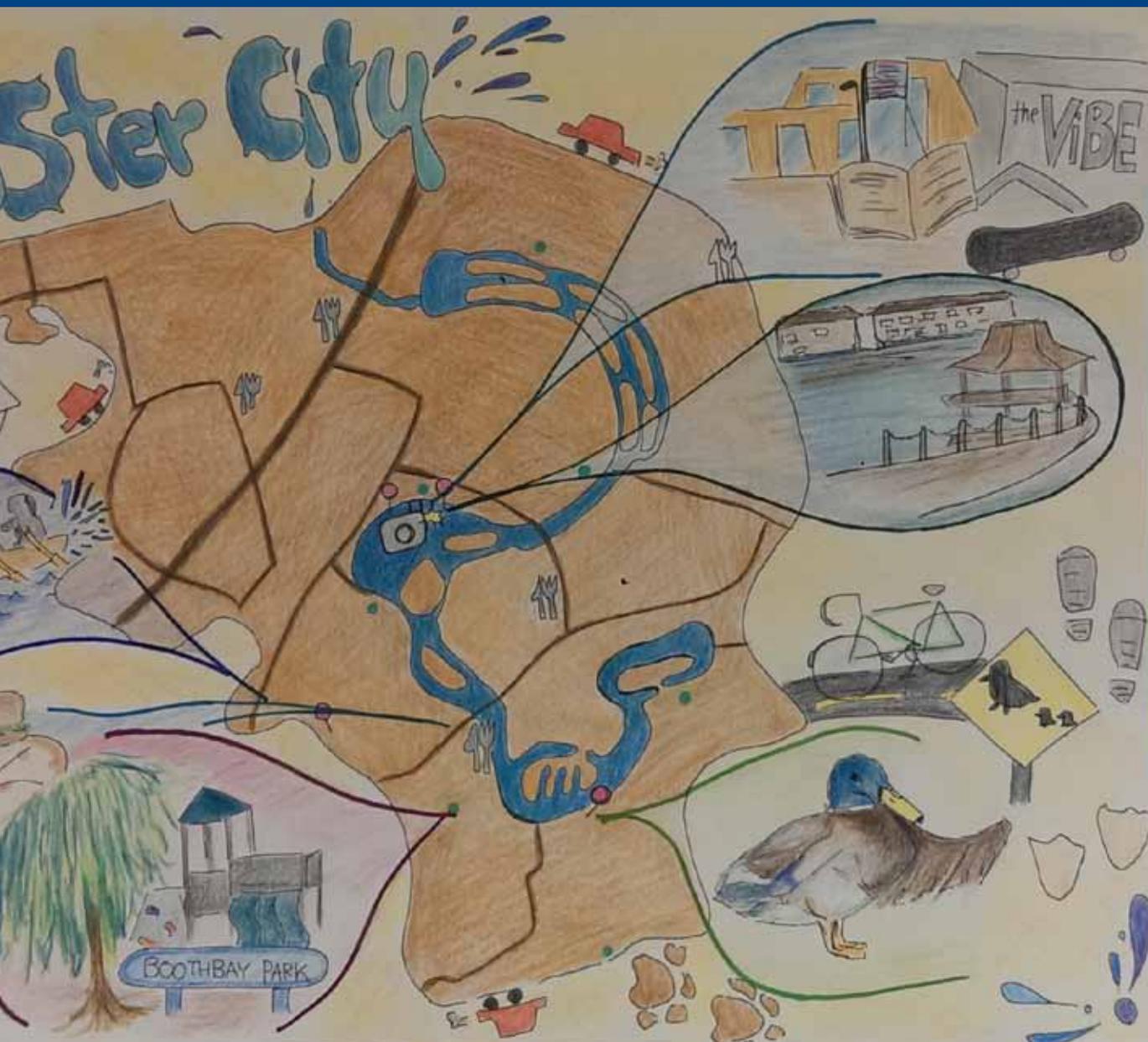
Parks & Recreation Department

Boulevard
CA 94404

Presort Standard
US Postage
PAID
San Mateo, CA
Permit 181

ECRWSS

RESIDENTIAL CUSTOMER
FOSTER CITY, CA 94404



Age 17
Best Winner for
National Parks and Recreation Month