

Arts & Crafts

Ceramics

Instruction will include hand-building techniques – pinch, coil, slab and free hand. Classes are flexible so that each individual can expand and express at his/her own level. Goals of the course: To teach the skills needed to make both functional and sculptural pieces that will stay together through the firing process, to allow the children to open their minds and to express themselves in an open and positive environment.

Instructor: Tammerlaine Burwell

Ages: 8-18 yrs.

302173-A 1/8-2/26 Th 4:30p-6p \$85 Ceramics

Crochet 1

This course will teach you the basic stitches of crochet: single, half-double and double stitches, gauging, chaining, and finishing. Once you've learned the basic stitches of crochet, you will be able to create an infinite assortment of beautiful items. Bring a 5mm crochet hook and a ball of light color variegated worsted weight #4 yarn. Children 12 and under must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult

303168-A 1/17-2/7 Sa 9a-10:30a \$50 Sunfish

Crochet 2

Take your crochet skills to the next level. Once you have learned the basics of crochet (single crochet, double crochet, chaining, and slip stitch), join me as we learn to read patterns, learn new stitches, new techniques, and work a project. Bring a variety of crochet hooks and a practice yarn (worsted weight #4). More details on your class project will be discussed the first night. Children 12 years and younger must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult

303169-A 2/28-3/21 Sa 9a-10:30a \$50 Sunfish

Knitting 1

Kids will learn the craft of knitting by learning basic skills such as purling and knit stitches. They will learn to cast on and bind off stitches. They will learn to make scarves, blankets and more. This craft is a great opportunity for them to express their creativity and make great items. Materials needed: 10mm straight wooden knitting needles, 2-3 balls of worsted weight variegated yarn (light colors – no browns, dark blues, or black), and scissors. Children 12 years and younger must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult.

303166-A 1/17-2/7 Sa 10:30a-Noon \$50 Sunfish

Knitting 2

Take what you have learned in the Beginning Knitting class to the next level. Learn increasing, decreasing, ribbing and more. Students will learn to read and work from a pattern. You will start your first project so you will need to bring 2-3 balls of yarn and a variety of needles. Children 12 and under must be accompanied by an adult.

Instructor: Jodi Pavey

Ages: 9 yrs.-Adult

303167-A 2/28-3/21 Sa 10:30a-Noon \$50 Sunfish

Music & Dance

Pre-Ballet

This class will introduce your child to the fundamentals of Ballet. They will learn pli , tendue and saut  and more. We will have fun skipping and twirling like a ballerina. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting).

Instructor: Sheri Alonso

Ages: 4-6 yrs.

301331-A 1/8-3/12 Th 3p-3:40p \$115 Spirit

Ballet Technique

In this class we will focus on Ballet techniques while learning the different positions, correct alignment, working at the barre, center and across the floor work. Ballet improves your posture, strength and coordination and is a great base for any dance style. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting).

Instructor: Sheri Alonso

Ages: 6-11 yrs.

301331-B 1/8-3/12 Th 3:45p-4:45p \$125 Spirit

Ballet 1

This class is designed for the student who has had at least three sessions of ballet technique, equivalent training or instructor's approval. We will continue to build on ballet technique while also learning turns, waltz, pas de bouree and more. Please wear leotard, tights and ballet shoes (no skirts during class please as they can be distracting).

Instructor: Sheri Alonso

Ages: 8-13 yrs.

301331-C 1/8-3/12 Th 4:45p-5:45p \$125 Spirit

Guitar

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 8-13 yrs.

Beginning - Your path to guitar mastery begins here. You'll learn to play guitar with an emphasis on reading music. Music Art will provide guitars for class and home use for the session. All students will receive Book 1 of the Progressive Guitar Method for Young beginners (with CD).

302217-A 1/8-3/12 Th 6:30p-7:20p \$240 Off Site

Intermediate - Students must complete Beginning Guitar to enroll at this level. Book 2 (with CD) provides a strong emphasis on reading, adding more notes and rhythms. Students must supply their own guitars, or rent them from the studio for \$15/month.

302217-B 1/8-3/12 Th 7:30-8:20pm \$240 Off Site

Youth & Teen

Piano, Beginning

Learn to play the piano in a special group setting. Students will each sit at an electric piano with headphones as the instructor rotates through the students. This is a great method for a beginning through intermediate student. The method has several levels that encourage students to excel and move up to the next level. Books are given at the first class and are covered in the class fee. Maximum of six students per class.

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 5-7 yrs.

302207-A 1/7-3/11 W 3:30p-4:20p \$237 Off Site

302207-B 1/7-3/11 W 4:30p-5:20p \$237 Off Site

Ages: 6-10 yrs.

302207-C 1/7-3/11 W 5:30p-6:20p \$237 Off Site

302207-D 1/6-3/10 Tu 6p-6:50p \$237 Off Site

Ages: 7-11 yrs.

302207-E 1/7-3/11 W 6:30p-7:20p \$237 Off Site

Rock Drums, Beginning

Rock out with us on the drums! Have fun learning to play drums and other percussion instruments. You will learn to play different styles of drum rhythms, read music notation, and write your own rhythms. By the end of this session, you will be able to rock out on a drum set and other percussion instruments. Students will use electronic drum pads in class and will receive a drum pad and drumsticks for practicing at home.

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 8-13 yrs.

302227-A 1/5-3/23 M 6p-6:50p \$230 Off Site

Pre-Tap

This class will introduce your child to the fundamentals of tap. Students will learn heel and toe digs, front slaps, a variety of shuffles, and more. Please wear leotard (with no skirt attached as it can be a distraction) and tap shoes. Parents are welcome to watch the first and last class.

Instructor: Sheri Alonso

Ages: 4-6 yrs.

301332-A 1/7-3/11 W 1p-1:40p \$115 Spirit

Tap Intro.

This class is designed for students with little or no tap experience. This class will focus on the basic tap steps including a variety of shuffles, flaps, slaps and more. Students will work both center and across the floor. Please wear leotard (with no skirt attached as it can be a distraction) and tap shoes. Parents are invited to watch the last class.

Instructor: Sheri Alonso

Ages: 6-10 yrs.

301332-B 1/6-3/10 Tu 5:30p-6:15p \$115 Spirit

Tap I

This class is designed for students with previous tap experience. This class will build on the basic tap steps while increasing speed and learning combinations such as buffalos, Shirley Temple, and soft shoe. Students will work at the barre, center and across the floor. Please wear leotard (you may wear spandex shorts or leggings over) and tap shoes. Parents are invited to watch the last class.

Instructor: Sheri Alonso

Ages: 7-11 yrs.

301332-C 1/8-3/12 Th 5:45p-6:45p \$125 Spirit

Special Interest

Tap Dancing for Teens and Adults

Want to make music with the "souls" of your feet? Join us in exploring the rhythms of a uniquely American dance style - Tap Dancing!

Instructor: Melissa Cheu

Ages: 12 yrs.-Adult

Tap I - Join us for a beginning level class – no previous dance experience required. Learn the basics of shuffles, flaps, and simple combinations. Tap shoes required after the first class.

303347-A 1/7-3/11 W 8:20p-9:05p \$80 Spirit

Tap II - If you've mastered flaps and shuffles, join us in exploring more complex combinations.

303347-B 1/7-3/11 W 6:10p-7:10p \$85 Spirit

Tap III - Looking for more of a challenge? This class moves quickly, so previous experience is a must.

303347-C 1/7-3/11 W 7:15p-8:15p \$85 Spirit

Beginning Ukulele

Playing the ukulele is easy and fun! Sign up now and don't miss out on learning to play this classic Hawaiian instrument. You will learn tuning, basic chord positions, chord progressions, and strumming patterns. By the end of the course, you will be able to play many popular songs. Music Art will provide ukuleles for class and home use.

Instructor: Music Art Staff

Off Site Location: Music Art Studio, 1479 Beach Park Blvd., Foster City

Ages: 14 yrs.-Adult

302228-B 1/5-3/23 M 7p-7:50p \$230 Off Site

Blue Angels Youth Ski & Snowboard Program

The Blue Angels program gives children and teens the opportunity to ski or snowboard the Sierras with friends and other snow sport enthusiasts in a fun, yet structured environment. Open to all ability levels, from first-timers to experts, the program consists of five full Saturdays of professional coaching taught by resort instructors, lift tickets, luxury bus transportation to Sierra-at-Tahoe Resort, constant adult supervision, lunch and snacks, snow helmet, sponsor goodie bag, and equipment rental/leasing discounts. The Blue Angels program provides a learning environment that fosters independence, builds self-esteem, and boosts athletic skills. Please visit www.BlueAngelSnow.com or call (925) 939-7669 for more information. **No class on February 14.**

Instructor: Blue Angels Staff

Ages: 7-16 yrs.

302499-A 1/24-2/28 Sa 5a-8p \$899 Off Site

Citizen CPR

The Heartsaver CPR with AED course is a modular course that teaches lay rescuers how to recognize and treat life threatening emergencies, including cardiac arrest and choking for adult, child and infant victims. The information you receive in this class can be life-saving! Registration is required. CPR Manuals can be obtained in advance by contacting the Fire Department. **CPR classes are for Foster City residents only.**

Instructor: Fire Department Staff

Off Site Location: Foster City Fire Station, 1040 E. Hillsdale Blvd.

Ages: 12 yrs.-Adult

303401-A 2/7 Sa 9a-3p \$25 Off Site

Youth & Teen

Emergency Preparedness for Home and Work

Let the Fire Department teach you how you can prepare your family and home for a disaster. September 11th and, more recently, Hurricane Katrina, taught us that being prepared can make a big difference in how effectively we can respond to emergencies. As Californians, we also face the potential for large earthquakes, floods, and fires. This class will help you prepare for disasters of all kinds. There is plenty of time for questions, so come ready to participate.

Instructor: Fire Department Staff

Off Site Location: Foster City Fire Station, 1040 E. Hillsdale Blvd., Foster City

Ages: 12 yrs.-Adult

303402-A 3/21 Sat 9a-11a Free Off Site

Cupcake Wars

Whether you want to make crazy confections or just mouthwatering cupcakes, this class is just for you. Come spend time with one of our pastry chefs and learn to build your own cupcakes. Students will design, mix, bake, and decorate fantastic cupcakes that will taste divine! A materials fee of \$60 will be payable to the instructor on the first day of class.

Instructor: Jr. Chefs Stars Staff

Ages: 7-12 yrs.

305491-A 1/7-2/25 W 3:45p-5:15p \$240 Bluebird Kitchen

Filmmaking Creators: Make Your Own Movie!

Learn the secrets of filmmaking in a fun, relaxed and engaging atmosphere! Using handheld video cameras and editing software, students produce an original film, integrating simple special effects, sound effects and a musical score. Students learn about the entire filmmaking process and learn skills in production, directing, story development, acting and more! Films can be uploaded on a flash drive and shared with friends and family!

Instructor: Freshi Media Staff

Ages: 8-12 yrs.

302443-A 1/6-2/24 Tu 3:45p-5p \$135 Spray

Video Game Design: Beginning to Advanced

Learn how to create and design a unique and interactive video game with Freshi Game Design! Beginning Game Developers work in pairs to conceive, design and build their own original computer game. Everything created for their game is original to the team – the characters, the action, the background, the music, and the format. Students use creative and critical thinking to complete their games and build teamwork skills working in partners.

Instructor: Freshi Media Staff

Ages: 8-12 yrs.

302443-B 1/9-2/27 F 3:45-5pm \$135 Spray

Pre-Engineering Using LEGO

Let your imagination run wild with tens of thousands of LEGO! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor.

Instructor: Play-Well Teknologies

Ages: 5-7 yrs.

302430-A 1/6-3/10 Tu 3:30-5pm \$270 Mist

Math Olympiad

Math Olympiad stimulates a student's love for math while introducing and sharpening analytical skills. Featuring challenging word problems from previous Math Olympiad tests, our ongoing Math Olympiad Series is designed to help students strengthen math intuition and master creative problem solving strategies. Students become proficient in problem solving techniques, discover the fun of math, and increase Math Olympiad scores. Different topics covered each quarter. Experienced instructors, small classes. A materials fee of \$25 is due at the first day of class. For course information call (408) 777-8876, or visit www.communicationacademy.com.

Instructor: Communication Academy

Ages: 7-8 yrs.

302457-A 1/10-3/14 Sa 10:45a-11:45a \$275 Spray

Ages: 9-11 yrs.

302457-B 1/10-3/14 Sa 9:30a-10:30a \$275 Spray

Pre-Public Speaking: Confident Voice

Confidence is the secret to successful public speaking. Confident Voice, the second of our ongoing four course series, teaches skills vital to strong voice: voice variation, rate, pitch, volume, and their proper usage in powerful speeches. Students build confidence through continuous practice and coaching. Small class, professional coaches! There will be a materials fee of \$15 payable to the instructor at the first class. For course information call (408) 777-8876, or visit www.communicationacademy.com.

Instructor: Communication Academy

Off Site Location: Beresford Recreation Center, 2720 Alameda De Las Pulgas, San Mateo

Ages: 5-6 yrs.

302437-A 1/8-3/12 Th 4-5pm \$265 Off Site

Ages: 7-8 yrs.

302437-B 1/8-3/12 Th 5:15-6:15pm \$265 Off Site

Public Speaking: Informative Speech

What is crucial to success in school and beyond? Good communication! Informative Speech drills the essentials of clear effective presentation. Students create a speech on a topic of their choice and learn to manage nervousness, develop research/organizational skills, and communicate effectively. Most importantly, students gain confidence. Detailed feedback, professional coaches! Final speeches on DVD. A materials fee of \$25 is due at the first day of class. For course information call (408)777-8876, or visit www.communicationacademy.com.

Instructor: Communication Academy

Ages: 9-11 yrs.

302447-A 1/10-3/14 Sa 2:15p-3:15p \$275 Spray

Ages: 11-14 yrs.

302447-B 1/10-3/14 Sa 1p-2p \$275 Spray

Youth & Teen

Chinese Exploration

The Foster City Parks and Recreation Department, in partnership with Bright Horizon Chinese School, offers Chinese immersion classes. The program is designed to engage fun learning experiences through its creative curriculum and exciting activities. The Chinese language class develops students' communication, listening, speaking, and writing skills. Students explore and learn about Chinese culture through traditional Chinese dance, music, calligraphy, arts, drama acting, and much more. Programs are offered 12p-3p and 3pm-5:35pm for children in grades K-5. **For additional information, please call Bright Horizons directly at (650) 773-0917.** Instructor: Bright Horizon Chinese School teachers

Sports & Fitness

Intro. to Ice Skating

Make your child's first skating experience a good one. Learn the basics of ice skating in our safe and nurturing environment. Skaters will gain skills and confidence to progress into our skating program. Please arrive 15 minutes early for class. Please wear warm, non-restrictive clothing, ankle high socks, and gloves or mittens. Helmets are encouraged. **No class on April 9.**

Instructor: Belmont Iceland Staff

Off Site Location: Belmont Iceland, 815 Old County Road, Belmont

Ages: 7-12 yrs.

302528-A 1/8-2/12 Th 6:15p-6:45p \$70 Off Site

302528-B 2/26-4/2 Th 6:15p-6:45p \$82 Off Site

Gymnastics with Peninsula Gymnastics

Our program consists of movement and gymnastics classes designed to help students develop a sense of physical fitness, coordination, and self-esteem. Students learn basic gymnastics skills such as climbing, rolling, swinging, jumping and balancing while improving their listening skills and ability to follow directions. Classes include use of: tumble trak, rings, trapeze, balance beam, preschool bars, Olympic size padded floor, foam-filled pit, and two in-ground trampolines.

Instructor: Peninsula Gymnastics USAG Certified Staff

Off Site Location: Peninsula Gymnastics, 1740 Leslie Street, San Mateo

Ages: 2-4 yrs.

301536-A 1/6-3/10 Tu 10a-10:55a \$165 Off Site

301536-B 1/7-3/11 W 9a-9:55a \$165 Off Site

Ages: 4-6 yrs.

301536-C 1/6-3/10 Tu 2:30p-3:25p \$165 Off Site

301536-D 1/6-3/10 Tu 3:30p-4:25p \$165 Off Site

301536-E 1/7-3/11 W 2p-2:55p \$165 Off Site

301536-F 1/7-3/11 W 3p-3:55p \$165 Off Site

Indoor Rock Climbing

Do your kids climb anything in sight? Are you looking for something fun and new for your child to do this fall? At Planet Granite in Belmont your kids will learn to climb, play climbing games, and meet other young climbers. A liability waiver is required to be filled out on the first day of class by a parent or legal guardian only.

Off Site Location: Planet Granite, 100 El Camino Real, Belmont, (650) 591-3030.

Instructor: Stephanie Ko Pound

Ages: 5-13 yrs.

301540-A	1/6-2/3	Tu	4p-6p	\$115	Off Site
301540-B	2/17-3/17	Tu	4p-6p	\$115	Off Site
301540-C	1/8-2/5	Th	4p-6p	\$115	Off Site
301540-D	2/19-3/19	Th	4p-6p	\$115	Off Site
301540-E	1/9-2/6	F	4p-6p	\$115	Off Site
301540-F	2/20-3/20	F	4p-6p	\$115	Off Site

Hakua Kai Karate

Build self-confidence and physical strength as you learn the skill and movements of the traditional art of Japanese Karate-Do. Classes will combine lecture and physical training. You will gain positive spirit, good health, and learn self-defense. A Karate (Gi) uniform is required for all classes, and can be purchased from the instructor. See individual class descriptions below.

Instructor: Master Instructor Sensei Edwards, 7th Degree Black Belt and/or staff



Karate, Intro/Beg. - Coed

This class will emphasize hand-eye coordination, body awareness, social interaction, and concepts of Karate. It also builds confidence and motivates your child to learn, and increase concentration. New students should enter at this level, complete at least 2 or 3 sessions, or have equivalent training, or instructor's approval before moving to a more advanced class. **No class on Monday, January 19 and February 16. Make up classes to be held on Wednesday, January 21 and February 18, from 5-5:45pm.**

Ages: 5-13 yrs.

Beg. 1

302553-A 1/5-3/9 M 5p-5:45p \$118 Mist

Beg. 2

302553-B 1/7-3/11 W 5p-5:45p \$118 Mist

Karate, Advanced Beginner

This course will combine lecture and physical training in Japanese Karate which will stress more advanced basic level of blocking, kicking, punching, and striking. Contents to include skill drills, Kihon, Kata, and Kumite. Not for the first time students. **No class on Monday, January 19 and February 16. Make up classes to be held on Wednesday, January 21 and February 18, from 5-5:45pm.**

Ages: 7-16 yrs.

302554-A 1/5-3/11 M&W 5:45p-6:30p \$207 Mist

Karate, Intermediate/Advanced

This class is designed for children who have completed two or more sessions of Pre-Karate I and/or have the instructor's approval. Children will work on refining their skills at a more advanced level. All students in this class must have instructor's approval and pass a beginning level exam before advancing up in class. **No class on Monday, January 19 and February 16. Make up classes to be held on Wednesday, January 21 and February 18, from 5-5:45pm.**

Ages 7-16 yrs.

302555-A 1/5-3/11 M & W 6:30p-7:15p \$207 Mist

Youth & Teen

Kobujutsu (Weapons), Intro/Beg./Coed

For beginners white to blue belt; Kyu levels 0 to 6. All students must be enrolled in the City of Foster City Recreation Center Karate program. **No class on January 19 and February 16. Make up classes to be held on Wednesday, January 21 and February 18, from 7:15p-8p.**

Ages: 7 yrs.-Adult

302556-A 1/5-3/9 M 7:15p-8p \$55 Mist

Kobujutsu (Weapons), Inter./Coed

Grade level 5 Kyu and above in Kobujutsu. Must have approval to enroll in this class. For more advanced students, please speak with instructor.

Ages: 9 yrs.-Adult

302556-B 1/7-3/11 W 7:15p-8p \$55 Mist

Kidz Love Soccer

Kids learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. A session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "Where the score is always fun to fun." Visit www.kidzlovesoccer.com for more information. Shin guards are required after the first meeting. Note: Rainout hotline is 1-888-372-5803. All participants will receive a Kidz Love Soccer jersey!

Instructor: Kidz Love Soccer Staff

Location: Edgewater Park, Foster City

Soccer 1: Techniques & Teamwork – Players will learn dribbling, passing, receiving, shooting, defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. All participants will receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

Ages: 5-6 yrs.

301594-A 1/30-3/20 F 4:20p-5:05p \$114 Edgewater Park

Society Skateboarding

Learn to skate or refine your skills with the Society experienced skateboarding instructors. Skateboarding safety, fundamentals, and technique will be covered in this class. The students will learn to enjoy this sport to the fullest with a focus on balance, coordination, and skateboarding etiquette. Take advantage of the 10% discount on all safety gear at Society with registration at 625 Laurel Street, San Carlos, CA 94070, (650) 596-8182. **Call Society at (650) 596-8182 to schedule the lessons for the After School Program after you complete registration.**

Instructor: Society Skateboarding Staff

Off Site Location: Society Skatepark, 850 East San Carlos Avenue, San Carlos

Ages: 5-12 yrs.

After School Program

Session I

Once a week

305545-A 1/12-2/13 M-F 3p-4p or 4p-5p \$110 Off Site

Twice a week

305545-B 1/12-2/13 M-F 3p-4p or 4p-5p \$195 Off Site

Session II

Once a week

305545-C 2/23-3/27 M-F 3p-4p or 4p-5p \$110 Off Site

Twice a week

305545-D 2/23-3/27 M-F 3p-4p or 4p-5p \$195 Off Site

Terrific Tiny Tennis

Children, 4-7 years of age, play fun activities and games with low compression tennis balls on the "42 ft. court" that will enhance their skill development in a success oriented environment. Small group lessons, only 2-6 students. Students provide their own racket. We recommend the 23" to 25" rackets. **No lessons on Monday, January 19.**

Location: Tennis Courts #3 and #4 – Shell Blvd.

Instructors: Stanford/Whitlinger & Sarsfield Tennis

Ages: 4-6 yrs.

302511-A 1/12-2/2 M & W 3:20p-4p \$78

302511-B 2/23-3/11 M & W 3:20p-4p \$78

Ages: 5-7 yrs.

302511-C 1/20-2/5 Tu & Th 3:20p-4p \$78

302511-D 2/24-3/12 Tu & Th 3:20p-4p \$78

Tennis Skill Level Descriptions

Tennis is the sport for everyone! Enjoy top-flight instruction! Youth (9-14) classes of 3-8 students will consist of six hours of instruction. Classes of two students will be converted into 4 lessons. Students provide their own rackets.

Youth Quickstart: Kids 9-10 years old will enhance their skill development with low compression tennis balls on the "60-ft. court." Play to learn.

Quickstart Advantage: Kids, 8-10 yrs. old, who are fairly consistent on maintaining a slow paced rally on a "60-ft. court." Players should have prior Quickstart experience and/or instructor's approval.

Novice: Develop the essential techniques with emphasis on control, depth, and direction. Lessons also incorporate rules, etiquette, and basic doubles play.

Low-Intermediate: For players who are consistent on a slow paced rally but need to develop depth and directional control when pace is added. Review and strengthen stroke techniques with an emphasis on basic strategy and tactics.

Intermediate: For players who are consistent on the medium paced shots but need to develop more spin, power and/or variety. Basic to advanced shots, strategy and tactics will be introduced and reinforced by performance enhancing skills.

Tennis, Youth

Tennis is the sport for everyone! Enjoy top-flight instruction! Youth classes of 3-8 students will consist of six to eight hours of instruction. Classes of two students will consist of four hours of lessons. Students provide own rackets. **No lessons on Monday, January 19.**

Please see the Tennis Skill Levels Descriptions for more details.

Location: Tennis Courts #3 and #4 – Shell Blvd.

Instructors: Stanford/Whitlinger & Sarsfield Tennis

Quickstart Tennis

Ages: 8-10 yrs.

302521-A 1/20-2/5 Tu & Th 4p-5p \$78

302521-B 2/24-3/12 Tu & Th 4p-5p \$78

Quickstart Advantage

Ages: 8-10 yrs.

302521-C 1/12-2/2 M & W 4p-5p \$78

302521-D 2/23-3/11 M & W 4p-5p \$78

Novice

Ages: 11-14 yrs.

302521-E 1/12-2/2 M & W 5p-6p \$78

302521-F 2/23-3/11 M & W 5p-6p \$78

Low Intermediate

Ages: 11-14 yrs.

302521-G 1/20-2/5 Tu & Th 5p-6p \$78

302521-H 2/24-3/12 Tu & Th 5p-6p \$78

Intermediate

Ages: 11-14 yrs.

302521-I 1/12-2/2 M & W 6:30p-7:30p \$78

302521-J 2/23-3/11 M & W 6:30p-7:30p \$78

Youth & Teen

Tennis, Teen & Adult

Tennis is the sport for everyone! Enjoy top-flight instruction! Classes of 3-8 students will consist of six to eight hours of instruction. Classes of two students will consist of four hours of lessons. Students provide own rackets. **No lessons on Monday, January 19.**

Instructors: Stanford/Whitlinger & Sarsfield Tennis

Location: Tennis Courts #3 and #4 - Shell Blvd.

Ages: 15 yrs.-Adult

Novice

303531-A 1/20-2/5 Tu & Th 6:30p-7:30p \$78

303531-B 2/24-3/12 Tu & Th 6:30p-7:30p \$78

Low Intermediate

303531-C 1/20-2/5 Tu & Th 7:30p-8:30p \$78

303531-D 2/24-3/12 Tu & Th 7:30p-8:30p \$78

Intermediate

303531-E 1/12-2/2 M & W 7:30p-8:30p \$78

303531-F 2/23-3/11 M & W 7:30p-8:30p \$78

Individual Tennis Lessons, Stanford Tennis

Learn new strokes or improve your old ones through individualized lessons based on your needs. All ages welcome, from beginners to advanced. To arrange a lesson, please call the Recreation Department at (650) 286-3380 or visit www.WhitlingerSarsfieldTennis.com for more information.

Instructor: Stanford/Whitlinger & Sarsfield Tennis

Location: Tennis Courts #3 and #4 - Shell Blvd.

Fee: \$65 per hour or \$180 for three one-hour lessons.

Add \$5 per hour for each additional person.

Individual Tennis Lessons, Zalles Racquet Sports

Beginning students learn forehand, backhand, footwork, serve, volley, and are introduced to game strategy. For intermediate and advanced students there are drills, technique corrections and strategies for competitive point play. Develop your potential and maximize your enjoyment of the game. All ages, all levels. **Call Zalles Racquet Sports at (650) 345-9727 to make arrangements.**

Location: Boothbay Park

Fee: \$65 per hour or \$180 for three one-hour lessons.

Add \$5 per hour for an additional person.

Tennis Rain Policy

In case of rain at any point during the day of your lesson, contact the Recreation Center before coming to class. Report to the next scheduled lesson for make-up date. No postponement announcement will be initiated by the instructor or the Recreation Department.

NOTE: If an earlier class is postponed due to rain, following classes may also be postponed even if the courts become dry.

Support the Youth & Teen Foundation

Volleyball, Beginning – Low Intermediate

Learn how to play organized volleyball and improve your volleyball skills. This class emphasizes the fundamentals of passing, setting, hitting, serving, blocking, rules, protocols, 6-0 and 6-2 offenses, perimeter defense, set calling, and teamwork. Two courts, lots of playing time. Attendance on first night is required for new participants. A \$3 lab fee is due at the first class.

Instructor: Clint Steele

Off Site Location: Brewer Island Gym, 1151 Polynesia Drive, Foster City

Ages: 14 yrs.-Adult

303505-A 1/5-3/23 M 7p-10p \$71 Off Site

Volleyball, High Intermediate – Advanced

For the experienced volleyball player. This class is intended for those players that already possess the basic individual and team skills. The ability to serve, pass, set, spike, run a 6-2 offense, and a perimeter defense are prerequisites. This class emphasizes specialization, multiple offenses, multiple defenses, play calling, strategies, and other finer points of the game. You are expected to already know rules and volleyball protocols and to have demonstrable, consistently good fundamental skills. Two courts, lots of playing time. Attendance on the first night is required for new participants. A \$3 lab fee is due at the first class.

Instructor: Clint Steele

Off Site Location: Brewer Island Gym, 1151 Polynesia Drive, Foster City

Ages: 14 yrs.-Adult

303506-A 1/7-3/25 W 7p-10p \$71 Off Site

The Foster City Youth & Teen Foundation was established to help fund the development of a new teen center in Foster City. The teen center provides a safe alternative for latchkey kids and is purposely made accessible to help ease the stress of today's working families.

The Foster City Youth & Teen Foundation's purpose is to provide resources and funding for amenities and supplies for the City's Youth & Teen Programs. With the community's help, we can enhance our facilities and programs for our local youth & teens. Patrons that contribute \$100 or more are eligible to have their name displayed on a recognition wall in the new teen center! For more information on the Youth & Teen Foundation or to make a tax-deductible donation, please contact Tiffany Hall at (650) 286-3395 or email her at thall@fostercity.org.

The VIBE Teen Center

The VIBE is a supervised teen center in Foster City where students 6th-12th grade can hang out with their friends after school and on weekends. They are able to play pool, foosball, Nintendo Wii, Sony Playstation 3, Xbox360, basketball and watch movies. The VIBE also features a computer lab where students have access to Microsoft Word, Excel, and the internet for homework research. We also offer many special events such as dances and sports tournaments. Please call The Vibe at (650) 286-3254 for more information.

Hours:

Monday, Tuesday, Thursday	3p-6:30p
Wednesday	2p-6:30p
Friday	3p-10p

Rent The VIBE!!!

Looking for a fun place to hold a birthday party or other special events? The VIBE is available for rent on Saturdays and Sundays. For more information, please call (650) 286-3395.

HILLBARN THEATRE CONSERVATORY WINTER 2015 Class Schedule

In this FUN and exciting program in theater acting and voice, students will learn many aspects of performing with the highest caliber of faculty at Hillbarn Theatre! Through a combination of classes and a fully-produced musical production, Hillbarn offers theatrical training to artists of all ages and experience. To enroll, please call the Box office at 650-349-6411 or visit: www.hillbarntheatre.org.



WinterStage 2015 – “Willy Wonka Jr.”

Roald Dahl's timeless story of the world-famous candy man and his quest to find an heir comes to life in this stage adaptation of “Charlie and The Chocolate Factory,” which features the songs from the classic family film “Willy Wonka And The Chocolate Factory.” The delicious adventures experienced by Charlie Bucket on his visit to Willy Wonka's mysterious chocolate factory light up the stage in this captivating adaptation of Roald Dahl's fantastical tale.

Ages: 9+
Dates: January 7 – April 5, 2015**
Time: Wednesdays & Thursdays 3:45-6:00pm, NO Rehearsals during spring break.
Performances: April 2-4, 2015 at 7:30pm, April 5, 2015 at 2:00pm.
Tuition: \$365.

There may be an additional “tech” rehearsal added to the calendar as we get closer to the show dates.

StarTots/StarShiners WinterStage

Learn the Basics of Performing Through Songs, Scenes and Theater Games. Students will build confidence through stage experience – Improvisation, Imagination, Scenes, Songs, and Theater Basics will be covered. A great introduction to theater for your child!

Dates: January 14 – March 18, 2015
Time: Wednesdays 2:45-3:45; Ages 4-5 Star Tots
Wednesdays 2:45-3:45; Ages 6-8 Star Shiners
Tuition: \$195.

Intermediate Acting and Scene Study

This 10-week class provides training for intermediate actors looking to take their acting skills a notch higher. Students will work on voice, diction and character development through posture and language exercises, scene study, monologue, and theater and improv games.

Ages: 12 and up
Dates: January 21 – March 25, 2015
Time: Wednesdays 4:00-5:30; Ages 12+
Tuition: \$195.

FOSTER CITY Family Enrichment Series

Committed to strengthening families and communities through family education, the Foster City Family Enrichment Series is back for its third year. The Foster City Teen Center, the Foster City Police Department and the Foster City Library are pleased to present the following FREE family workshops for the 2014-2015 school year:

Learning to Let Go - Freedom with Children and Teens

Presented by: Cynthia Klein,
Certified Parent Educator and
Parenting on the Peninsula Columnist

Date: January 14, 2015

Women's Self Defense Class (13+)

Presented by: United Studios of
Self Defense

Date: March 11, 2015

Drug Awareness Presentation for Parents

Presented by: San Mateo County
Sherrif's Office

Date: May 13, 2015

All workshops will be held at the Foster City Teen Center (670 Shell Blvd.) 6:30p-8:30p. We encourage you to reserve your spot for any of the above presentations by calling (650) 286-3395 or emailing thall@fostercity.org. The 2014-2015 Family Enrichment Series is sponsored by Giliead Sciences.

